



## Be Connected

APRIL 2025

### FROM PRESIDENT JULIE



April has arrived already! There's still so much to accomplish! While we await the full impact of the flood disaster occurring in Central Queensland, we may need to utilize the Disaster Fund again. This summer, we have allocated funds to the Forrest Beach SLSC (located north of Ingham) and to provide Hay Bales for drought relief in South Australia.

Our much-anticipated website is almost ready for its launch. If you haven't done so yet, please send Alwyn the template for the Club Directory. We are thrilled about our fresh new look and grateful to Alwyn for her dedication in compiling all the information.

I kicked off my visits this year with A51, A40, A70, A61, A55 and A62. Currently, I am on my way to A60. The warmth and friendship I've experienced during these visits have been truly heartwarming. I feel encouraged that our organization continues to engage with our local, national, and international communities. Members are eager to promote the Inner Wheel profile in the public eye, with walks and events taking place across the country.

Congratulations to Kay Morland, our IIW President-elect, and Susan Chisholm, Board Director-elect for 2025-2026. These remarkable women will be joining other incredible leaders on the global stage.



*Julie B.*

### FROM VP CLARE

Exciting times here as I make plans for my year as Inner Wheel Australia President. As I progress, I am frequently reminded how much I still have to learn and am humbled by and appreciative of the wisdom of those guiding me on my journey.

Registrations are coming in for the changeover in Gosford in June. There is still time to get your registrations in and book your accommodation. I am so looking forward to getting to know you all a little better in the coming year.

It has been wonderful to see the positive response from clubs and Districts applying for the membership funding. We look forward to hearing the feedback from some of the events and functions this money has helped members to put on as we 'March into Membership'.

Many clubs are holding their 2 for \$10 walks this month and I wish them all the very best as we aim to raise enough funds to cover a Cord Blood Research Grant.

School holidays are upon us again (where did that 10 weeks go?) and of course, Easter is coming up too. I take this opportunity to wish all members a happy and blessed time with your families and loved ones.

**Clare**

**May your Easter be filled with joy,  
peace and happiness.**





## Be Connected

FROM IPP SUSAN

It has been wonderful seeing posts on Facebook about various activities and functions undertaken by Clubs – all of which, of course, are opportunities to enthuse and engage our current members and also extend our membership. While there has been a focus on “March into Membership”, make sure you continue to ‘march’ and bang that membership drum – membership is a year-round thing, and something for which we are **all** responsible!

We will soon be sharing an advertisement on Facebook, advertising...you guessed it...Inner Wheel! When you see it, please react and comment on it as this helps our ‘reach’, and also SHARE it – not just to your Club or District page, but on your personal page, your community page, anywhere you can. Help to spread the word!

As Easter approaches it brings with it the promise of renewal and hope; may it also bring you moments to treasure with those you love the most.

Keep smiling!

Susan ☺



FROM SECRETARY CHRISTINE

I have been amazed at the drive and determination that Inner Wheel members have. It is a passion well worth sharing. As I ponder what news I want to share I disappear into my kitchen and preserve some lemons. I didn't use them all, so I made some marmalade.

Then I think - time for Anzac biscuits! This does not lead to inspiration so I make my Inner Wheel to do list and start ticking it off. Inspired again and supported by my IW friends, I am off and running.

A reminder that with help, we can get the job done and share laughs along the way. I am looking forward to hosting the executive for our April meeting. The knowledge that is shared is inspiring. Not sure if there will be any biscuits left by then. Be inspired! Ask for help. Back to the kitchen! Coffee time.

Christine.





## Be Connected

**FROM TREASURER JENNI**

**IWA Walk Two for Ten** events around the country have started!! Make sure you wear a hat (an IWA branded hat maybe??), sunscreen and your red National Project polo shirt – or something red so that people notice us! Have some handbag brochures handy to pass on to anyone remotely interested in what we do!

Reminder to Treasurers and National Project District Coordinators – please make sure that you:  
1. Forward funds from any of your IWA Walk Two for Ten events or fundraising events as soon as possible after the event. Account details for our depositing National Project funds:-

**Inner Wheel Aust Foundation Trust Acc**  
**Westpac – BSB 032576**  
**Account No - 174173**

2. Email IWA Treasurer and copy our National Project Coordinator about the funds raised, so that Eluned can let everyone know what an amazing job you did and how you raised the funds!! It is important that the excitement be shared!!

Changeover event is approaching rapidly! If you are booking at either the Galaxy or Ashwood, don't forget to mention that you are attending the IWA Changeover.

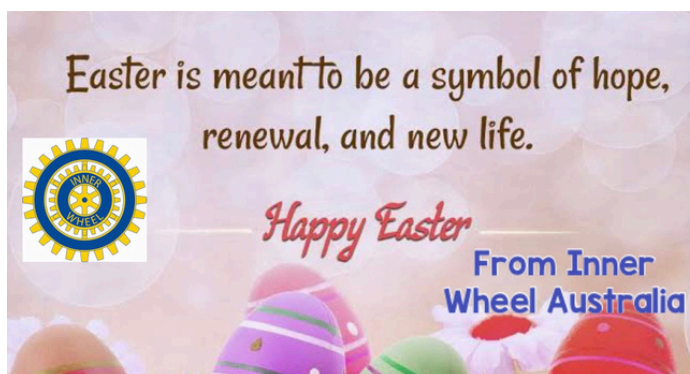
In case you need extra energy, try this quick and easy **Energy Bar Recipe:**

**Combine** 2 cups quick oats, 1/3 cup unsweetened shredded coconut, ¼ cup pumpkin seeds or sunflower seeds, 1/3 cup dried cranberries (craisins) ½ tsp fine sea salt. Add choccie chips if you like!

Add ½ cup peanut butter and ½ cup almond butter, ½ cup maple syrup or honey and 2 tsp pure vanilla extract. Mix Well. Spoon mixture into lined 8x8 inch slice tin. Press down firmly. Freeze for at least 30 mins, before cutting. Slice into 16 bars, store in the fridge. You could roll into balls – if you have plenty of time!

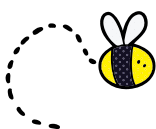
Take care

**Jenni**



**IWA Changeover - Gosford RSL - 20-22 June**

**IWA Conference - Corowa - 15-19 October**



## **MERCHANDISE FOR PICK UP !**

*SMART TRICK*

**CHOOSE AN ITEM – PAY ONLINE**

**Wendy will deliver at Changeover**



**Feel special - buy an unusual Umbrella - Limited stock  
\$40.00 each**



**Gorgeous Candles – design stays as candle burnes bright  
IW emblem attached – great gift for G Speaker or a thank you.  
\$15.00 each**



**Beautiful Fine Bone China Mugs - special price \$15.00 each**

**Postage is expensive - purchase these and save !**



# THINK MERCHANDISE

Remember ..... 2 for 10 Walks are about to start .....

why not purchase a Sun Hat with our Inner Wheel Logo on it to promote our organisation and save your skin from the sun rays.

Ask a friend to purchase one as well and save on postage. \$45.00 ea



Having a Street Stall or Morning Tea - Wear an IW Apron - \$20.00 ea



Wear an Inner Wheel Badge - you will be surprised at the comments you receive - a way to introduce Inner Wheel to the general public - \$10.00 ea



Order online [iw.au.iwamerchandise@gmail.com](mailto:iw.au.iwamerchandise@gmail.com) phone Wendy 0429 362 364 - leave a message