



The Inner Wheel Founder Club
of Manchester
held its first official meeting
on this site
10th January 1924



**Shine
a light**
Inner Wheel 2023-2024

2023-24



December 2023 • Vol.1
**INTERNATIONAL INNER WHEEL
MAGAZINE**



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EDITORIAL

Prabha Raghunandan

It is a pleasure to greet you through this the First Web Magazine of this Milestone Centenary Year. That is what our Inner Wheel membership has given us gives us; a Milestone in all its varied forms to reach – Milestones of Knowledge, Friendship, Service, Compassion, International Understanding! And now we have an opportunity to create more Milestones in this year! An opportunity to Shine a Light and leave a legacy!

There's an ad we used to see "It's your life, make it large! Well, I can see all are doing that. I feel it every time, I get an article; with every country trying to make the centenary year special with projects on environment, community service, education and health; you are surely trying to Brighten Lives for the future! When you get involved, when you work with passion, you will enjoy the satisfaction, sense of accomplishment that comes from knowing, you have helped to make something better, done something worthwhile! I am sure you are feeling the same!

Being the IIW Editor has given me an opportunity to connect with so many of you. I have learnt to send reminders for article, accept whatever I get even if late, so can showcase as many countries and clubs as possible in a publication. I have learnt to cajole and coax you to make videos and templates to wish for the centenary! My gratitude to each one of you for the support you have given me.

None of my work would have been possible or successful without the unwavering support and encouragement of IIW President Trish, Vice President Mamta, IPP Zeny, Treasurer



Sarita Constitution Chairman Sissel and the Board Directors. My heartfelt gratitude to them. A big thank you to Yeok San our Webmaster for having my back whenever needed and timely advice too!

There is still resistance to social media I feel. I do not receive as much to share as I should. Dear Friends, I read these lines recently-

Social media is conversation
Social media is customer service
Social media is advertising
Social media is connectedness

Social media is an investment and one that pays off over time, if done correctly. My attempt is an initiative to use our social media pages in making a difference, perhaps we can leave an impression, which can help in some way in the future. It looks easy but requires planning and effort like any other work. Do not fob it off, please learn and use it, if only, for the organization you love.

Happy New Year! Happy Inner Wheel Day

Enjoy
Inner Wheel





A VERY HAPPY INNER WHEEL DAY!

Trish Douglas

President, International Inner Wheel

It has been a pleasure to travel to several countries and see the way all of you Shine A Light to brighten lives of others for the present and the future. When over 100,000 members prevail with one passion, the results can create the change across nations and for generations. I have been asked some questions by Prabha to which I give my forthright replies.

In a sentence how would you describe Margarett Golding?

A woman who felt inspired to be the first Club President of Manchester Inner Wheel. I have been speaking about Margarett Golding in each club and district, I do ask the question 'where was the first Inner Wheel meeting?' I was surprised very few knew the answer!

What percentage of members, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

The Bye Laws is very well known, especially if it's their own country, however, when it's IIW Constitution this is very different, in some 'chats' I have been having members feel their Byelaws, or country Constitution and IIW Constitution are the same! How do we change this? I would say most club members are basically not interested in the Constitution, do we need to change this? There is no easy answer as I feel members don't find Constitution exciting!

What's holding us in when we think of membership growth in comparison to Rotary?

Rotary are losing members in some countries, like Inner Wheel, especially the older clubs. Having said that in my travels I've seen clubs and districts that have age, the members are fantastic! Also, the enthusiasm is still there, they have a great desire to keep going! We have immense growth in many countries, I've just been to India, Bulgaria, Romania, and Sri Lanka where the club members are young, enthusiastic and embracing Inner Wheel, just like our clubs/districts with longevity!

Your vision for IW for the next decade?

My vision is an IIW Foundation, seeing all that is being done by clubs and districts around the world makes me realise the projects that an IIW Foundation can do, in my view an IIW Foundation should have been 'in place' NOW!

I love Inner Wheel because. ...

I love Inner Wheel because of our members, all different, who have a great desire to bring happiness to those less fortunate than themselves, I feel we would not have been celebrating 100 years without the members who have gone before us who had the same vision that we have today, long live Inner Wheel.

I'm very much looking forward to meeting and greeting all of you when you come to our 19th Convention in Manchester in May next year. A very special year, this being our Centennial year, celebrating 100 years of Inner Wheel. There is much to look forward too! The House of Culture, please do support this as it's about our world of Inner Wheel, packed lunches, an afternoon tea, meeting new and greeting old friends. A friendship dinner, and the icing on the cake, a Gala Ball with a 'Roaring Twenties Theme'. See you there!

Love to all,

Trish





Mamta Gupta

Vice President, International Inner Wheel

*Together, let's carry forward
the torch of compassion, empowerment, and service.*

Celebrating a Century of Inner Wheel: Inspiring Change, Uniting Hearts

It's wonderful to celebrate a century of Inner Wheel, honouring its remarkable legacy of service, empowerment, and global unity. As we commemorate this milestone, it's crucial to recognize the incredible journey that Inner Wheel has undertaken, empowering women and making a positive impact worldwide.

Founder Margaret Oliver Golding's visionary leadership laid the foundation for this incredible platform. Her foresight provided an avenue for women to serve their communities, foster sisterhood, and promote international understanding. Let's pay tribute to her by ensuring this centenary year is filled with impactful projects that leave a lasting legacy.

Reflecting on the past achievements and contributions of passionate members showcases the transformative power of collective action. It's not just a celebration of time passed but an acknowledgement of the lives touched and the unity that transcends boundaries.

As we celebrate Inner Wheel's centenary, let's renew our commitment to building a brighter future by empowering women, uplifting communities, and uniting hearts across the globe. Together, let's carry forward the torch of compassion, empowerment, and service.

Cheers to the next hundred years of Inner Wheel, where we strive for greater achievements and continue to make a positive difference in the world.

Your vision for IW for the next decade?

As we step into another century, my mission is to transform Inner Wheel into a global brand. 22 years of journey in IW has sown a deep desire in me that IW should be renowned for its indispensable contributions to society. I aspire to communicate IW's message to the younger, tech savvy generation, who are the architects of tomorrow's world. Leveraging the vast reach of social media platforms, we can craft dynamic ways to increase our visibility and influence.

Expanding our reach to new countries is paramount to our mission. Let's strive to at least double our membership, with a focus on attracting youths, opening new-generation clubs, "e" clubs with electronic memberships.

Let IW be reckoned for embracing the wellness of women and girl children and for caring for our ageing population worldwide. I envision IW to be more flexible in terms of its policies, rules & regulations in the upcoming years. I am committed to forging impactful partnerships with corporate entities and governments, securing



grants and resources to equip us with the tools and expertise needed to reach even the remotest towns and villages in the world.

I love Inner Wheel because..... it stands as a vibrant tapestry of compassion, dedication, and unity. It's an organization that transcends boundaries, bringing together incredible individuals driven by a shared passion for making a tangible difference in the world.

Inner Wheel embodies inclusivity, embracing diversity in all its forms, while fostering a sense of belonging for everyone. It's a space where voices are heard, where ideas are nurtured, and where each member's unique strengths contribute to a greater, collective purpose.

The unwavering commitment to service and humanitarian efforts is awe-inspiring. The camaraderie and support within Inner Wheel are unparalleled.

Dear friends, "Join us at the IIW Convention! It's not just an event—it's a transformative journey where diverse minds unite, dreams flourish, and connections spark change. Your presence matters. Be part of this global convergence and ignite your passion for empowerment and positive impact. See you there, shining brightly amidst a constellation of hearts!"

Mamta Gupta





*Let's reaffirm our collective commitment
to making a positive difference in the world
for the next 100 years*

Zenaida Y. Farcon
IIW Immediate Past President



I love Inner Wheel because I find joy in sharing love and kindness, leaving a meaningful impact on the lives of others. In IW, I also found genuine friendships flourish, forming an extended family, and together, we prioritize supporting the marginalized sectors of society, believing everyone deserves a chance at a better life.

Empowering our beneficiaries brings profound fulfillment, realizing we've become channels of blessings. Additionally, being surrounded by talented and generous women leaders has transformed me into becoming a leader with a servant heart.

I envision IW as a sustainable Global Organization, experiencing robust growth, responsive and relevant to the diverse needs of women of all ages, resilient and adaptable to the new normal times.

I invite all the hardworking IW members to celebrate 100 years of Friendship and Service in Manchester, England from 7-10 May 2024. This promises to be an engaging assembly of like-minded women from various IW countries, coming together to commemorate the triumphs of our community work. Together, let's share stories that underscore the enduring impact of our efforts in assisting those less fortunate over the past century. As we do so, let's reaffirm our collective commitment to making a positive difference in the world for the next 100 years.



Our Founder Margaret Oliver Golding was a great visionary and a legend. Being a nurse by profession, 'Service' was her forte. She paved the way for Inner Wheel and left a lasting legacy of 100 years till date. The seed planted by her has grown into a beautiful forest today.



I love Inner Wheel because

I am passionate about Inner Wheel, as whatever I am today, beyond nurturing a family and raising my children, I owe it to Inner Wheel. What I do, and commit to in Inner Wheel, gives meaning and purpose to my effort, and my life. Passion inspires commitment, you find enthusiasm and energy to get things done. As I tackle each day with renewed focus, I somehow find ways to complete tasks without excuses. I believe that working with Inner Wheel

has provided me an opportunity to combine my expertise with my passion for making a difference in society.

Inner Wheel has given me the opportunity to serve and make life-long friends! It is the best platform I have found to know people with diverse backgrounds and talents, collaborate as a team, help someone in need, which in turn has allowed me to magically discover creative solutions to my own life problems. It has also helped me to discover my talent in every leadership position that I have held till date – Club, District, Association & International. Inner Wheel has made me more confident, become somewhat of a perfectionist, and to develop a positive “can-do” attitude.

Time matters. Just like wine tastes better with age, the passion for an organisation rises stealthily with the number of years you are involved with the organisation. After being an Inner Wheel member for 27 years I now breathe, walk, eat and dream Inner Wheel. I wake up with Inner Wheel and sleep with Inner Wheel. I feel I am, in a positive way, addicted to Inner Wheel. Like a drug it has got injected into my veins and now it is difficult to live without.

HAVE YOU REGISTERED FOR THE CENTENNIAL CONVENTION? WHAT ARE YOU WAITING FOR???



19th International Convention
...#100years...

In Inner Wheel, we know that 'Planning ahead' and 'Planning wisely' are the keys to meaningful service. This is why I urge all of you to plan ahead – and plan wisely – by registering now for the 19th International Convention to be held between 7th – 10th May

2024 at Manchester, the birth place of International Inner Wheel. If you've been to a Convention before, you already know what a memorable and wonderful event it is! And if you've never been to a Convention before, Manchester is the perfect place to start.

It is an event where you can meet old friends and make new ones, take part in the Business session and leave with renewed energy & enthusiasm. This will be a memorable opportunity that will not be available again.

International Inner Wheel President Trish Douglas, members of the IIW EC and the Governing Body look forward to seeing you in Manchester for the CENTENNIAL CONVENTION. Again, you have my personal invitation to attend this 19th Convention.



SARITA LUNANI (SARI)

INTERNATIONAL TREASURER

Sissel H Michelsen

Constitution Chairman, International Inner Wheel

When I sat down to write this short article for the First Web Magazine, 2024, I just realised it was on Margarette Golding's own birthday, the 20th of November – a double celebration. She had achieved a lot both as a nurse and a business woman before she and her friends gave birth to us on the 10th of January 1924. Little did they know about what was to grow from these first seeds.

MARGARETTE GOLDING THE WOMAN WITH A PURPOSE

Our Founding Mother has made us all
Women with a Purpose.

I think wars create strong women. After World War I women had to be strong with so many husbands, fathers, sons, brothers and uncles either killed or maimed for life and with their own futures totally marked by these everyday burdens. Among these were our Manchester women with hope for the future.

Today and with a glance at my own present purpose in IIW, I don't think it is our Constitution that makes us attractive to new members. We don't ask possibly new members for a reading of Constitution & Handbook 2021, but for a gathering of friends for a talk, or just for a welcoming party with happy laughs. Our Constitution is our common glue, but hopefully a glue that is dissolvable when times ask for it, like when we are having our 2024 Convention. Welcome.



7, 8, 9, 10 May 2024



MANCHESTER CENTRAL CONVENTION

Dear Inner Wheel friends,



We are so pleased that many of you received our telegram and were able to book into Convention with the Early Bird Registration. We are thrilled to see that well over 2200 members and friends took advantage of this offer and have chosen to join us in Manchester in May 2024; we are sure there will be more registering later.



Delegates are coming from at least 47 countries. It will be wonderful to meet you all on May 7th at the Manchester Central Convention Centre. If you can, spend that Tuesday morning exploring the city and then make your way to the Convention Centre to



process your registration and print your Convention badge. You will need your badge to join your seminar session which is scheduled to begin at 14.00. The rooms for each seminar topic will be signposted and there will be someone there in each room to welcome you.



From mid morning the Market Place will be open for you to visit and there will be drinks and snacks available for you to buy during the day but don't forget you will be joining us for 'Tea' at 17.30.

During the Opening Ceremony on the Wednesday morning we will call to mind our early history, sharing this with our special guests and civic dignitaries. We will hear from our President Trish as she formally opens our Convention, we will enjoy and admire our speaker and enjoy much music, song and dance.



After all our hard work during the afternoon Business Session we will all be ready to meet up again and travel, in groups, to our various Friendship Dinner locations. Perhaps you will be visiting a Monastery. Or maybe you will go to an Art Gallery. Many venues around the city are being sourced and every delegate will enjoy a wonderful evening of food, fun and friendship.



More work again all day on Thursday but your reward will be the fabulous Gala Dinner, more food, more fun, more friendship and we hope lots of feathers, flappers and dancing.

Time is running on and there is still so much to do,
So goodbye for now,
best wishes to you all,
in Inner Wheel Friendship from
The Convention Committee





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MANCHESTER *CALLING*



IIW Conventions
FLASHBACK



IIP Kamala Ramakrishna

IIW President 2007-08

Our IIW Conventions fascinate me. There is no other reason why after the first one I attended in the year 2000 at Stockholm I have attended every IIW Convention, travelling half way across the world to be part of it all.

I have enjoyed making new friends and renewing old friendships, watched the inaugural and closing ceremonies with awe and delight, participated enthusiastically in gala dinners even while admiring how elegant our members looked in varied dresses that often reflected their countries' traditional sartorial styles. But above all I saw our Inner Wheel history being rewritten at every Convention as we voted in proposals that changed the functioning of our Organization in many ways.

Yes, I have attended eight IIW Conventions and now preparing to attend my ninth one – the milestone Convention at Manchester – the city where it all started 100 years ago.

Yet when our IIW Editor and Media manager Prabha Raghunandan asked me to write a few somethings on each Convention I was not sure what details I could retrieve from my memory

Some highlights however stand out pushing away the mists of forgotten memories.

The 2000 Stockholm Convention was beautifully organized in a huge centre outside the main city and the personality of the Convention Chairman – tall PIIW President



COPENHAGEN



MELBOURNE

Solveig Svennson dominated the hall so thoroughly . Being so used till then to formal seating at head table on the stage. I found the empty stage with just the digital back drop and the podium fascinating. The inaugural session was a delightful blend of speeches interspersed with music and dance and I took back this idea for the National Convention I had to organise the next year as our Association President. An idea that I managed to execute quite successfully Today this is the norm. Another great experience here was a programme on how the Swedish Customs used dogs to sniff out drugs and as two hero dogs were brought on stage all of us rose as one surprised lot to clap away to glory.

The 2003 IIW Convention at Florence was very special to me as I was attending it as a Board Director. Starting with a delightful walk from our hotel to the historic venue , the IIW Convention was as interesting and colourful as the city itself. While the friendship dinners were in old Chateaus and vineyards ,the Gala Dinner had entertainers dressed in historical, beautiful costumes mingling with all of us making for great photo ops.

The 2006 IIW Convention at Christchurch in New Zealand was a warm and friendly affair thanks to the



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organizing committee who handled most organizing details themselves and reached out to all delegates in such a friendly way. The sensitivity showed itself in the efforts made to also have a vegetarian table too for die hard vegetarians like me. The Valedictory session had a stunning fashion show as a finale. A well-known designer of the country showcased clothes that resembled the flora of the country and it was truly mind blowing.

The 2009 Convention at Kota Kinabalu saw me busy with Organizational details as IIM Past IIW President on the EC. With sea and beach dominating the landscape, the Kota Kinabalu Convention was truly exotic and the inaugural and valedictory sessions were brimming with the flavour of the local culture.

The 2012 Istanbul Convention was truly magnificent in keeping with the glamour of Turkey . Historically interesting venues played host to friendship dinners and a great Gala Dinner but to me the most important part of this Convention was its contribution to our changed history . For it was here that we accepted the proposal that opened up membership of Inner Wheel to any woman interested in our Organization but without a Rotary connection at all. Our membership has radically changed after this.

The 2015 Copenhagen Convention was well organized with a lot of attention to administrative details thanks to the experience of the organizing members. I had the privilege of addressing the gathering at the inaugural session . The children stole our hearts with their fabulous performances making the inaugural session so delightful .

But what was most noteworthy were the 5 new gen members from different continents sharing their vision of Inner Wheel and the new rose called Inner Wheel forever that was unveiled by HRH Princess Benedikte of Denmark. The beautiful rose with its light pink petals captured our hearts instantly.

The IIW Convention 2018 was held in the lovely Convention Centre at Melbourne. Three Interesting days and great programmes. A look at how the future of the IIW Convention could be shaped, generated a lot of differing views but all were of the same opinion that the music of the Australian Girl's Choir and the Australian Navy band was just superb at the opening and closing ceremonies. The Gala Dinner thematically based on the Melbourne Racing Cup was truly a highlight of the Convention and made for great photo ops.

Finally the last – the IIW Convention of 2021- a Convention with a difference Supposed to have been held in Jaipur India , Covid brought in a twist and the Convention was held digitally on the Zoom platform. We did miss the physical aspects that make a Convention attractive but it was truly inspiring to know that the world and specially India could pull off such a brilliant technically perfect Convention digitally. Almost makes me wonder if this could be our future finally.

It is not easy to fit the experiences of eight IIW Conventions into a few written pages as each Convention is worth a lot more of words. But sadly, I had a clear brief.

Today as I prepare towards attending my 9th Convention and IIW 's 19th one, all this flashback has heightened my eagerness to participate in what will truly be yet another fabulous IIW Convention in the place of its birth.





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Conventions always highlight
FRIENDSHIP



Carole Young

IIW President 2012-13

My first Convention was in Christchurch, New Zealand in 2006. For me this was a "baptism by fire" as I had never attended an Inner Wheel Convention but as the current President of Inner Wheel New Zealand (2004 – 2006), being on the organising committee was part of my role. Thankfully I had a wonderful team and the LCC leader was a wonderful organiser and a long term member of our organisation, as well as being a resident of the host city. She guided up superbly. Since then, I have attended IIW Conventions in Kota Kinabalu, Istanbul, Copenhagen, and Melbourne and hope to attend the 100 Year celebration in Manchester in 2024.

For me these Conventions always highlight "friendship" making new friends and almost more importantly, renewing friendships made over the years.

Yes, they are times for learning more about our organisation and re-energising our enthusiasm for projects but "friendship" shines through every aspect of these gatherings.

These friendships bridge international barriers and forge international understanding which in some instances lasts a lifetime and ultimately engenders benefit for the less privileged in many and diverse countries and cultures.

These are the reasons that I remain a member of Inner Wheel and look forward to attending further international Conventions.





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Convention **MEMORIES**



Oluyemisi Alatise

IIW President 2016-17

Convention brings different memories. My first participation was 1985, Orlando USA. I had everlasting experience with warm hospitality which made me promised not to miss the following ones.

Stavanger in 1988, as President of my Club. Protect Children they are the Future theme. I presented a paper at workshop where, Home for Lost and Found children was introduced. 2 Clubs from Britain, IWC of Septon Mallet and District 20 supported financially, School furniture and children's books were shipped to Lagos for the Project respectively. I witnessed distribution of members to individual's home for Home Hospitality. The practice was same for Hague, Berlin and Florence. We had different experiences to talk about from Home Hospitality. That was where Banners and cards were exchanged.

2009 Kota Kinabalu witnessed a common Home Hospitality by the riverside. Small group Home Hospitality was lost. Inside Water fireworks entertainment that brought initial fear to everyone but was later enjoyed by all. Hospitality was at its highest.

2012 Istanbul Convention was my step to IIW. I handled Micro Credit Seminar with other two members. Women for Europe

was reported, I conceived Women for Africa to aid Micro Credit.

2015 Copenhagen, which I almost missed, brought me to the podium to be introduced as Incoming IIW Vice President. The memories still fresh in my brain.



2018 Melbourne, I gave report as PIWP. The Street riverside outing was spectacular.

2021 brought its own dimension of technology, a completely different Virtual experience.

The days when distribution of members to individual homes for Home Hospitality were cherished experiences. Members blended into homes, helping in cooking, cleaning and exchanging banners and card. Friendship was easier to make them. I met Helene Torkildsen one on one in Stavanger, Doreen Glover from Septon Mallet GB & I. I miss personal touch and closeness from Home Hospitality.





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MANCHESTER *CALLING*



Phyllis Charter

IIW President 2019-20

Attending an Inner Wheel Convention is something that every member should experience.

Every three years the Convention is held in a different country to see their culture and highlights, to discuss the business affairs of IIW and to enjoy the friendship of fellow members from around the world.

The first night's Fellowship Evening is the most wonderful way of commencing the Convention. Here, you have the chance to meet new friends and those you have not seen since the previous Convention. The Opening Ceremony and Business Sessions follow over the next two days. The Gala Dinner, where we dine with members from around the world – an experience not to be forgotten. The finale is the Closing Ceremony.

The 15th Convention in Istanbul was a Convention that I attended as the Association President of GB&I, again a wonderful experience to meet so many likeminded members who are interested in the benefits and the future of Inner Wheel. It was here that Proposal 17 was carried. This enabled women, with no direct connection to Rotary to be invited to join Inner Wheel subject to a majority of

Unforgettable Exceptional **EXPERIENCE**

the Club members agreeing. This Proposal opened a new opportunity for Inner Wheel to thrive and grow

I attended the 16th Convention held in Copenhagen as an incoming Board Director. I put forward the Proposal to change the minimum number of Active Members required to form a club from 12 to 10. This Proposal was carried.

As IIW Constitution Chairman, I attended the 17th Convention held in Melbourne where I advised on 19 Proposals, Amendments and General Motion. With IIW PP Kamala Ramakrishnan we presented to the Convention – A Way Forward – The Future of Inner Wheel.

The 18th Convention was held virtually in Jaipur, due to the covid pandemic. I attended this Convention as Immediate Past IIW President. Being a virtual Convention, it opened up an opportunity for so many members worldwide, that otherwise could not have attended.

The 19th Convention in Manchester is to celebrate the Centenary of Inner Wheel and creates an opportunity for everyone to celebrate 100 years of our wonderful organisation.

As a member the Convention Committee I assure you that we are planning an exceptional experience of celebrating 100 years of "Service with Friendship".



TRISH'S ADVENTURE

NORWAY

We were especially honored and excited to welcome our International Inner Wheel President, Trish Douglas, and special guests to Norway.

The first stop was at the Women's Museum which had opened in 1995. It was originally built in 1857 by a young, 22 year Johan Gunter Schussler from Thuringen in Germany. Schussler would go on to build a series of railway stations and villas in the area. The Villa was called 'Rolighed' which translates to tranquility.

After coffee and cakes we proceeded to Kongsvinger IWK at Kongsvinger Fortress for a District meeting along with Constitution Chairman, Sissel Michelsen, Past national representative, Lisbeth Nesteng, District President, Kari Kalstad Sørli, and our Past District President, Katja Olven Moe.

12 clubs in District 31 were also represented in the meeting by 54 members.

Our own Lilla Gjems told the history of the fortress, and she performed the ballad of "Little Kjersti and the Mountain King." We look to this mystical tale from Telemark, Norway, which has been illustrated by the painter Erik Werenskiold, who grew up here in Kongsvinger.

The fortress is the pride of our city and affords a panoramic view toward both Sweden and Finnskogen, or "The Forest of the Finns." Rumor says that the Norwegian painter Edvard Munch was so impressed by the view from this fortress that he considered moving to Kongsvinger in the early 1900s.

From the fortress we can see the childhood home of feminist icon Dagny Juel, which Munch knew well and portrayed in 1893. The house was turned into the Woman's Museum of Norway in 1995.

Glomma, Norway's longest river, passes through the city center and makes a turn in ways that form a natural moat around Kongsvinger Fortress. Our honored president came here from Sweden, and we had to admit that if not for the Swedes, we would not have any fortress, and if not for the



Lisbeth Nesteng, Trish Douglas and Sissel H Michelsen



TRISH'S ADVENTURE



Liti Kjersti



Aud Kari and Trish



Lighting the lamps with Katja Olven
Moe Aud Kari Joramo Holt Trish Douglas



Executive Committee of IWC Kongsvinger



Sissel Michelsen



Trish Douglas

fortress, no Kongsvinger city as we know it today.

In keeping with tradition, we lighted candles before serving the food.
Trish, Katja and Aud Kari doing so.

- The medium sized light for "the past" by Katja.
- The smallest light for "the present" by Aud Kari.
- The greatest light for "the future" by Trish.

We had a wonderful meeting before bidding goodbye to Trish.



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TRISH'S ADVENTURE

ROMANIA & MOLDOVA

On October 20, 21, 22, Mrs. President of Inner Wheel International Trish Douglas visited Romania. She visited the cities of Galati and Iasi. This was a significant event for the entire Inner Wheel organization. For the first time in the history of Inner Wheel, 4 new clubs opened simultaneously in 2 days:

1. Inner Wheel Galat - President Marina Gatoni
2. Inner Wheel Braila - President Daniela Mihalache
3. Inner Wheel Iasi- President Angelicaca Manea- Suchar
4. Inner Wheel Community Chisinau - President of Victoria Sobor

Together with Ms. Trish Douglas, the events were attended by: past president of Inner Wheel International Ms. Charlotte De Vos, past board directors of Inner Wheel International Gabriele Schruempf and Sissy Avgerinou and past NR of Italy Donatella Polizzi Nicolich. As well as guests from Bulgaria (representatives of the Varna and Kavarna clubs) and Azerbaijan. Of course, the ceremonies were also attended by the leadership of District 224 Romania-Moldova, including the National Representative Natalia Vavilina, the Governor of the Carileta Irimia District, the Past Governor Cristina Petrescu, the Vice Governor Tamara Mihalsajav and the Secretary Otilia Lupu. Representatives of other IW clubs and representatives of Rotary clubs of Romania came from different cities of Romania and Moldova.

It is very difficult to briefly describe such a huge event. Three days in a row, one action after another.

It all started on October 20th with a friendly walk along the Danube and a delicious lunch on the ship. It was a sunny warm day. Everyone was in a great mood from the meeting, hugs and of course the weather. And in the evening the charter ceremony of the Galati and Braila clubs took place. Trish Douglas was great. She invited Mrs. Charlotte De Vos to the stage with her. Charlotte, when she was president of Inner Wheel International, opened the first Brăile club. This club unfortunately disbanded after a few years. The new Braila club is a reconstruction of the old club and the president of the first club is now a member of the new Braila club. After the presentation of charter letters there was a luxurious ball dedicated to this event. There was everything: a young talented violinist, opera and pop vocals, dancing to live music of various styles, from the Romanian national dance "Hora" to the Dances of



Galati Charter ceremony of the Inner Wheel Galati and Braila clubs. Greetings from the President of Inner Wheel International
Ms. Trish Douglas



Galati, Romania. Charter ceremony of the Inner Wheel Galati and Braila clubs. Greetings from the national representative of Inner Wheel Romania-Moldova
Natalia Vavilina.



TRISH'S ADVENTURE



Burundi (the home country of the president of the IW Galati club, Marina Gatoni). A lottery and charity auction "For the sensitization against the use of drugs among young people" were held. €2,000 was raised for this wonderful cause.

On the second day, all guests, including IV President Trish Douglas, went to the city of Iasi to participate in the charter ceremony of the IW Iasi and Community Chisinau clubs. On the evening of October 21st, the charter ceremony of the two new clubs took place in the conference hall of the Ramada Hotel. It was a very beautiful charter ceremony. Everyone really enjoyed President Trish Douglas's opening speech. A very emotional speech. Madam President has a very subtle sense of humor and made the entire audience listen to her with bated breath. She presented charter certificates to the presidents of the Iasi and Chisinau clubs. After the presentation of charter certificates, everyone was congratulated by NR Romania-Moldova Natalia Vavilnam, the governor of District 224 Carleta Irimia and two past governors, Cristina Petrescu and Lucille Mihaila. The discussion of the "Pay It Forward. Join the movement empower the next generation." project was very interesting. This also affected everyone present in the hall. And the end of the evening was, of course, a ball in the restaurant of the same hotel. Great live music, delicious food, dancing, etc.

The third day of the Madam President's stay in Romania began with a walk through the old part of the city of Iasi together with Charlotte De Vos, Gabriele Schruempf, Sissy Avgerinou, Donatella Polizzi Nicolich. They were accompanied by NR Natalia Vavilina and the president of the Iasi club. (photo) The guests were very fascinated by the pedestrian center of the city of Iasi, its beauty, purity and were surprised by the coexistence of a number of religious institutions of different religions. Then we visited a very cozy restaurant, where we had lunch in a friendly atmosphere. Madame President was taken straight from the restaurant to the airport in Iasi, from where she went home. Some guests stayed in Iasi for another day, but that's another story.



TRISH'S ADVENTURE

F.A.M.A.T.

President Trish's visit from 7 to 13 November 2023

It was an honour for us, IW F.A.M.A.T. members, to receive President Trish on the French part of the IW F.A.M.A.T. territory.

The idea during this visit was to present IW F.A.M.A.T. in action and to prove to IW members that members of Governing bodies, either international or F.A.M.A.T were accessible. Therefore, the decision was taken to respect the protocol only for the first evening, the gala dinner in Reims for the MGA.

On Tuesday, Marie-Françoise Pignard, Board Director, Marie-Noëlle Bouchaud, F.A.M.A.T. Treasurer and today's driver and myself, Isabelle Cheval, NR and Association President, headed for Charles de Gaulle airport to be on time to welcome our President. Due to bad train connections or better train cancellation, I arrived around 10 a.m. at the airport. The plane from Edinburg was due at 2.15 p.m. This is the beginning of the story, contradictory announcements, then no announcement at all, we did not know if the plane was taking off. We were three together in France in front of the arrivals screens when our President Trish was alone without any notice from Air France. Finally, the plane took off but the arrivals screen continued to jerk with different landing times. Was the plane going to land? We were expected at 7.30 p.m. for the gala dinner in Reims and from CDG Airport to Reims you need nearly 2 hours. New message to the Geneviève Denizart, the President of IW Club Reims: "We are leaving the airport, please keep the Champagne in the fridge and the dinner warm, we'll arrive late but we'll arrive" and we finally arrived around 11 p.m.!!! Marianne von Knorring the IPP from IW F.A.M.A.T. who drove from South of France directly to Reims was the only member of the F.A.M.A.T. governing body to take part in the entire gala dinner.

Trish was going to meet our friends from IW Club Reims (district 152) and to honour Anne Rougier with the Margarette Golding Award. Anne is the fourth French member to receive this prestigious award. Anne, is 53 years old, is the IPP of IW Club Reims, she is a teacher, she devotes part of her holidays to humanitarian missions on a voluntary basis. Since 2012, she has taken part in 15 volunteer missions.

Around 1 a.m., it was time to get into bed as we had to leave Reims in the morning to reach Paris before noon!!!



D150 Châteauroux Town Hall



D150 Châteauroux Town Hall



D151 Paris SAMU SOCIAL



D150 Châteauroux



D151 Paris Sénat D154

TRISH'S ADVENTURE

At noon, we met a great part of the NGB: Marianne von Knorring who is Reims with us, Anny Charra, F.A.M.A.T. secretary, Véronique Lamoure, F.A.M.A.T.

Editor Media Manager, and the local district Chairman, Brigitte Hua, for a cool lunch with a lot of chats and laughs before our meeting with Handisport at 2 p.m.

When we arrived at the French Handisport Federation we were welcomed by Guislaine Westelynck, the President, Sami El Gueddari, Manager of Performances, who speaks English very well, Agathe Fournier, head of partnerships and Clément Lars Assistant marketing project manager. The conversation quickly got under way and Sami explained to Trish in English what they were doing to help young disabled sportspeople, and in particular what the "JAP" courses were for. We realised that the United Kingdom was far ahead of us when it came to disabled sportspeople. For those of us who speak English, it was really interesting to listen to the discussion between Trish and Sami.

After these fruitful discussions, Marianne von Knorring presented President Guislaine Westelynck with a cheque for over €14,000: "Inner Wheel France started organising rides for Handisport, more than 10 years ago. I was sitting by the pool in Tunisia with Jeanne Guérin at the 73 District Assembly and she told me about this new initiative. The development of joint action by clubs has always been positive. All the clubs, on their own or with neighbouring clubs, spent a spring day together walking and having lunch in the countryside. The money raised was donated to F.A.M.A.T., whose president had the pleasure of presenting a cheque to Handisport. I now have the pleasure of entrusting you with the realisation of the IW 2022-2023 year". Marianne von Knorring IPP F.A.M.A.T.

On Thursday morning, I received the following message from Handisport, thanking us for the visit.

"Dear Inner Wheel team,

On behalf of the French Handisport Federation, we would like to express our deep gratitude for your continued support and your visit to our offices yesterday. Your commitment to our cause and your generous cheque are gestures that touch us deeply.

Your presence was an honour for us and strengthened the precious ties between Inner Wheel and the French Handisport Federation. We are convinced that this mutual collaboration will continue to make a significant difference to the lives of the disabled people we have the opportunity to support. The financial contribution you have offered us through the cheque you handed over during your visit will be of crucial



D151 Paris
SAMU SOCIAL Marcelle & Maleine



D151 Paris Sénat Alice's birthday



D151 Paris Sénat D153



D151 Paris Sénat D152



TRISH'S ADVENTURE

importance to the realisation of our future projects and programmes.

In addition to this e-mail, please find the photos taken yesterday.

Once again, thank you for your generosity and invaluable support. We are honoured to be able to count on the strong partnership we have with Inner Wheel.

Yours sincerely

Clément "

This e-mail was sunshine. All around F.A.M.A.T. we walk for the noble cause, earn small amounts of money but all these small amounts make a big amount together and we were more than happy to present this cheque during the visit of our President Trish.

After this meeting, back to the hotel in Paris where we had left Marie-Noëlle's car with all the luggage inside. President Trish, Marie-Françoise and Marie-Noëlle could rest in their bedroom while Brigitte and I rested in the lounge, chatting as two sisters can.

Around 7 p.m., business started again and what a business session: a friendship dinner, close to the hotel, very well organised by the two protocols of district 151, Brigitte Pechitch and Martine Sulmon. Friends from Paris and its suburb, but also friends from the North, the East, Normandie and the French Riviera participated in this dinner, all thrilled to meet our IIW President. Club presidents, deputy DC and the local DC, Brigitte were at President Trish's table. For me, it was really important that these IW officers could meet our President and talk to her directly despite the language barrier. Some of us could translate. Banner exchanges, I was happy to ask Marianne our IPP to come with me so that we could give to our President Trish the F.A.M.A.T. banner, designed by Marianne.

Pretty soon the day was over, we were tired but happy from our 1st "normal" day in France.

Thursday morning was more of tourism with a visit to the Palais du Luxembourg, the seat of our Senate. The Senator who invited us could not be present, as she was a judge at the Court of Justice of the Republic. We were greeted by the Garde Républicaine on their way into the Palais for the opening of the 1st session of the day. Our President is a historian, and she knew that this palace had been a royal residence, that of Marie de Médicis, then a revolutionary prison before housing the Senate. We saw the golds of the Republic before being able to attend a session of the Senate for a few minutes - without a phone or handbag - at the very top



D150 Saint Pierre des Corps last picture before boarding on high speed train



D151 Paris Sénat NGB



D151 Paris Sénat D150



D151 Paris Sénat D151



D151 Paris Friendship dinner DC and the 2 protocols



D151 Paris CDG Airport



TRISH'S ADVENTURE

of the hemicycle. President Trish was happy to see the library where her husband came to read or translate some important documents. Before entering all the salons, we took a group photo at the bottom of the spectacular staircase from which Emperor Napoleon 1st welcomed his guests. He was standing at the very top.

We finished our visit to have lunch in the Restaurant du Sénat. There again at President Trish's table, club presidents, a district chairman and the heroine of the day, Alice who came from the French Riviera and was celebrating her 91th birthday! It was President Trish's idea to have a special cake with a candle for her! We all sang happy birthday and took a lot of pictures. For that lunch, the whole F.A.M.A.T. Governing Body was present and we could take a picture of the 7 of us with President Trish. Other banner exchanges, district's pictures.... 3 p.m. arrived quickly and we had to leave the Senate.

Our next destination was the presentation of the action: "1000 paquets pour le SAMU Social" (1000 packs for the Social Emergency Medical Service).

We were welcomed at Marcelle's home and what a reception... at the beginning we were not hungry because of the good meal at the Senate but when you see so many good things, you finally eat and enjoy. We had a complete presentation of this action by Marcelle Pelloux, DC 2006-2007 and Maleine Féline DC2003-2004 of former D66 of this wonderful action. I won't speak much about it as a complete article is being written for the centenary magazine, but our President Trish and a lot of us who are not part of this district now 151, discovered an action held during 23 years by all the clubs of former D66 which will be organized mid-December this year. They buy 1000 socks, 1000 scarves, 1000 hats, 1000 gloves for 1000 packs. Make the packs all together in 6 hours' time and these packs are distributed by the SAMU Social around Christmas to disadvantaged people, too often living on the streets. End of the third day!

On Friday, back to the cars to drive to Châteauroux and the chocolate and delicacies Fayre organized by my club. After a quick stop for a rapid lunch on the road, full of laughter, we finally reached Châteauroux and the hôtel. Some rest in the hotel for Trish and Marie-Françoise while Marie-Noëlle, Isabelle (F.A.M.A.T.'s deputy NR and President) drove to my home to settle before going back in only one car to pick up President Trish and Marie-Françoise and go to the town hall where Gil Avérous, Mayor of Châteauroux and President of Châteauroux Métropole, and members of my club and of clubs of district 150 and district 154 and DC of both D 150 (my district) and D 154 expected us. A very nice speech and a warm



D150 Tours the 2 IIWP



D150 Châteauroux Chocolate Fayre



D150 Châteauroux Chocolate Fayre with the Senator



D150 Châteauroux Chocolate Fayre



D150 Châteauroux Chocolate Fayre

TRISH'S ADVENTURE

welcome. Gil is handsome, young and President Trish is sure he will be re-elected in 2026!

After this reception there was another friendship dinner at President's Trish hotel with most members who were at the town hall. New banner exchanges, new club's presidents and DC at President's Trish table. A lot of chat and the evening was over too quickly but members of my club were really tired as they had spent the whole day preparing the chocolate Fayre and already knew what would be expected of them on Saturday and Sunday.

Saturday morning, Isabelle, Marie-Noëlle and myself reached the hotel at 11 a.m to pick up our two exquisite guests, Trish and Marie-Françoise, to go to the Fayre.

You should have seen all the eyes when we entered the room. None of them expected what they saw. A wonderful chocolate smell was welcoming us. The show was opened by Danielle Ebras, president of the IW Club Châteauroux, followed by Christiane Darondeau, DC of the D150, who discovered the show. Ludovic Réau, the mayor of Saint Maur, our host town for the show, surprised us by presenting the town's medal to our president, Trish. It was the first time that an international president had visited the chocolate show. I have to admit that this is also the first time that a F.A.M.A.T NR and President has come from the IW Club Châteauroux. In the afternoon, Nadine Bellurot, the Senator who invited us to the Senate paid us a visit. It was a real pleasure to chat with her and afterwards she made a good presentation of IW on her own Facebook page. Thank you, Nadine, you are a real friend! That very day 700 persons visited the Fayre, in total during the weekend 2000 people, paying visitors came, so much money for the disabled and disadvantage persons of our department of Indre. But the day was not over. Once the doors closed at 7 p.m., we were invited to a glass of Champagne by an exhibitor who belongs to the very first exhibitors 13 years ago, to celebrate the sales of his company. Then we had our traditional dinner with the chocolate makers. New banner exchange: Danielle Ebras presented our club's banner and then called Anne Marie Chapus, who came up with the idea for the show during her first presidency in 2010-2011. President Trish presented Anne Marie with the Honoured Active Member medal. Anne Marie's eyes spoke, tears were not far away, the emotion was total but what a richly deserved recognition in front of the chocolate makers. A wonderful evening, with laughs, songs.... Back to the hotel.

On Sunday, I was alone - to go to the hotel in order to drive President Trish and Marie-Françoise to Tours. A lunch was foreseen with Catherine Refabert, PIWIP 2011-2012, member of the IW club of Tours. Today's



D150 Châteauroux Chocolate Fayre



D150 Châteauroux Chocolate Fayre



D151 Paris Friendship dinner
F.A.M.A.T. banner exchange



D150 Châteauroux Friendship dinner
banner exchange D 154



TRISH'S ADVENTURE

IWP could not leave district 150 without meeting the former IWP. The two presidents were really happy to meet and discuss and Marie-Françoise and myself, honoured to be with them. The lunch ended, and we drove to Saint Pierre des Corps where a high-speed train brought President Trish and Marie-Françoise back to Charles de Gaulle. Once they boarded the train, I drove back home. They reached the airport quicker than I reached my home but what a week!

I was so happy all (except the arrival) went well. President Trish could discover IW F.A.M.A.T. in action, could meet our F.A.M.A.T. Governing Body, the 5 DCs and a lot of presidents of clubs and members and that these presidents of clubs and members could realize that an International President, a Board Director and members of the F.A.M.A.T. governing body are people they could contact and discuss with.

Thanks to President Trish to have made us the honour to visit us, thanks to the F.A.M.A.T. members who travelled kilometres to meet our International President. We had an unforgettable week.

Isabelle Cheval

National Representative and Association President of IW F.A.M.A.T.



D151 Paris Sénat Palais du Luxembourg Garde Républicaine



D151 Paris lunch great part of NGB+DC 151



D151 Paris Handisport



D151 Paris Handisport cheque



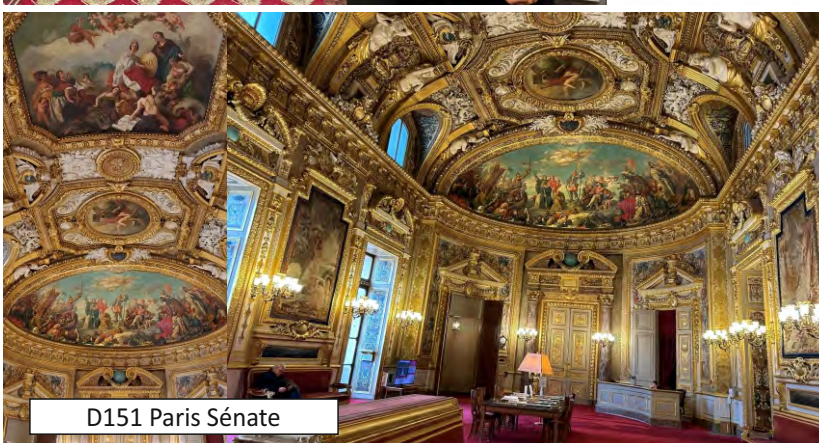
D151 Paris Sénat



D152 Reims MGA



La présidente IWP Saint Maur- F-GB-



D151 Paris Sénate



D151 Paris Friendship dinner



D152 Reims MGA





TRISH'S ADVENTURE

SRILANKA

International Inner Wheel President Trish Douglas' Visit to Sri Lanka during the Centennial Year

14th November 2023 Day 1

The visit of our cheerful IIW President Trish was a ray of sunlight to our District 322 which was feeling a little bit gloomy with the extended monsoon and heavy torrential rains.

Picking her up at 8:30 am from the airport; District Chairman Upeka and myself had her to ourselves making small talk and getting to know her all the way to Galle to Deputy NR Sharmila's home which is in the South of Sri Lanka and a 1½ hour drive on the highway. She was highly taken up with the lush vegetation, giving the rains some credit for the greenery that was all around us wherever we were travelling in the country.

We were welcomed by DNR Shatrmila, District Secretary Sonali and the unofficial photographer Krishni, the "wiz-tech" webmaster of District 322

After a long haul flight she needed a cup of Ceylon Tea, rest and after lunch - a relaxing massage before going out for dinner in the famous Galle Dutch Fort.

15th November 2023 Day 2

After a hearty breakfast, we set out in the 2 cars to a community based service and training centre for children with disabilities - a project by IWC Colombo. At ECSAT Lanka, We were welcomed by children offering us blue lotus. The first person she identified was the Margaret Golding Award winner Radha Sundarampillai and explained the importance of this award.

The teachers had arranged a dance by the differently abled girls depicting the dance by the river for a bath and collecting water- Trish could not resist the rhythm and borrowing a pot from them she joined the girls in the dance.

We were impressed by the activity at the home and the walls displayed the art-work done by the children -we could buy some of their beautiful handwork. Trish joined the children in making a paper plate chicken and distributed the much needed items to the children.

The next stop was the project of IWC Colombo Mid Town at the Hemachandra Gunasekera School, Weligama 45 minutes away from Galle, with around 280 children. We were greeted by the School Girls



Day 1 a quiet dinner



Day 1 At the airport



Day 1 At the spa



Day 2 Pin For new member
in IWC Galle

TRISH'S ADVENTURE

Eastern Band and led to the School Hall. The Principal accepted the gift of a multimedia projector donated by the IWC Colombo Central. Trish handed over the packs of stationery arranged by the Club to mark their 45th anniversary

The highlight of the day was the Inaugural Meeting of IWC of Galle sponsored by IWC Colombo and installation of 12 members who had the privilege of receiving their pins from the IIW President.

16th November 2023 – Day 3

After breakfast, we left for DNR Sharmila's Colombo residence. President and member of IWC Colombo West took Trish on a sightseeing tour in Colombo to a famous Gangaramaya temple and her favourite cup of tea in a post colonial Hotel . The evening was an enjoyable outing with DC Upeka, DS Sonali, DNR Sharmila and their husbands- a lot of laughter and chit chat!

17th November 2023 – Day 4

We joined the special busses that were leaving for Kandalama in Dambulla, the North Central part of the island which is a 4 hour drive and stopped midway for a light lunch.

At Kandalama Heritage, we were greeted by DC Upeka with the sound of traditional drummers and lotus flowers . The District Rally was to be at 5:30pm giving some time for the weary travellers to rest. It was a time of re-union of friends and making new friends, chatting enjoying the finger food and of course the traditional dances.

We were lucky to have Trish at our table to help with the puzzle completion which I think we won!!! The music and dancing rhythms were tempting and Trish tried out the "Winnow- Kulla" dance depicting the harvest of paddy and joined the 'devil dancer' to try out the steps. She even won a prize given for the beginner in the Baila Dancing competition which is the soul of any Sri Lankan party.

The Rally was a remarkable event of Inner Wheel friendship, fine food and a lot of laughter and fun.

18th November 2023 – Day 5

The District Conference was the height of IIW President Trish's visit to Sri Lanka. She was welcomed in by the District Chair Upeka and introduced to all Past Leaders of the District who were present. The procession of EXCO , led by the Conference Chair PNR Rohini Tudawe and the Conference Secretary Ummulbanin Caderbhoy. The IIW President and the District officers were called to light the Oil Lamp in traditional manner. The Presidents and secretaries presented their Flags to IIW President and



Day 2 The dance at the river



Day 2 New Club Inaugural meet in Galle



Day 2 at Galle ECSAT Home



Day 2 IWC Col MidTown Handing over a projector



Day 2 At Weligalla school



Day 2 With NR Kamila

TRISH'S ADVENTURE

the activities of the district and the clubs were displayed on screen. A cake to mark the centenary was cut by the IIW President together with the District Chairman. IIW President in her address to the members told of the importance to Shine a Light and make known the incredible amount of work done by Inner Wheel; The urgency to create a better future by improving our planet and protecting the flora and fauna which is fast depleting in the world and the necessity to address the mental health of those around us and care for those shunned by the society. The members all in the shades of green and yellow did show off the theme of a greener planet!

The evening programme to watch the gathering of wild elephants was cancelled due to bad weather and Trish was indulged to have a relaxing Ayurveda treatment at the Hotel after the hectic itinerary of travelling and meeting people..

19th November 2023 – Day 6

The plans to climb the Sigiriya Rock fortress at 6am, an ancient King's hideout, had to be cancelled too as the steep climb had slippery steps and was a bit risky.

It was on the road to Kandy after breakfast: We were welcomed by students of Tenne Maha Vidyalya, Matale to view the tree planting arranged by IWC Matale. It was their 47th Anniversary and they celebrated with a cake cut by IIW President. She planted a tree and PIIW BD Roshani Peiris and I joined in planting trees in the school, encouraging them to help the environment. Fruit bearing trees and coconut palms were donated to the families to generate an income for the villagers.

A few miles away, after a light, delicious lunch served by Rosemary a Past Dist. Secretary and our club secretary, we got back on the road to Kandy again.

The heavy downpour yet again put a damper on our plans to visit the Dalada Maligawa - The last King's palace but now a temple which holds the sacred tooth relic of Lord Buddha and of great significance to Buddhists around the world.

IIW President Trish was staying at PIIWBD Roshi's home where Past and Present Leaders living in Kandy had a relaxed evening and dinner with her

20th November 2023- Day 7

The day began with a visit to the Centre For Handicapped which has programmes to help people with many disabilities and all three Clubs in



Day 3 A Cuppa tea with PIIWBD Nirmalie



Day 3 Visit Gangaramaya temple



Day 3 Sight seeing with Colombo West



Day 4 Rally Dance with the devil



Day 4 Prize for the Baila dance



Day 4 Fun at the Rally



Day 4 A Warm welcome by DC Upeka for the Rally



TRISH'S ADVENTURE

Kandy assist their programmes. They deal mainly with prostheses of limbs for those born with deformities or lost limbs through illness and accidents. They assist with difficulties in hearing, sight, mobility and also differently abled people. The prostheses need to be replaced annually and children outgrow them fast. An endowment fund was started by IWC Kandy to commemorate the Centennial year which was handed over by the Centennial International President. This will allow a limb to be provided on 10th of January 2024 and thereafter every 10th of January. Trish helped to give the limb to a woman who lost a leg in a nast accident Next, we took Trish then to the Wace Park- created by Governor Henry Wace in 1880 and named Wales Park to honour the Prince of Wales. Here the three IW Clubs Kandy had arranged for her to plant a Blue Jacaranda tree to commemorate 100 years of Inner Wheel.

We then went to a nearby Hotel Bouganvilla to view a traditional dance troupe family which has been performing for generations. Each Club had the opportunity to tell the Preseident of their projects and after a truly traditional rice and curry meal we had the opportunity to make a visit to the Temple of Tooth which we had missed seeing the day before. It was time to leave Kandy and we were on the road again to Colombo. PNR Rohini Tudawe was hosting her and the DC, DS and DNR joined us for dinner. We found Trish to be very accommodating to meet up with members in spite of being tired or having to catch up with with her official work which was delayed much due to access to wi-fi in certain areas. We found her to be a people person, enjoying the company.

21st November 2023- Day 8

I joined Trish in the morning to accompany her to the District project at the National Institute of Mental Health, where the District had arranged to donate much needed supplies, electronic items, other equipment and refreshments. The patients were treated to a magic show to amuse them.

I was impressed at the dedication of the medical staff who kept the institution impeccably clean and they had a variety of occupational therapy, such as gardening, handicrafts, IT- technology and music to get these patients back on the path to become stable, confident and also have the means of generating an income. A marvelous project to help these people whom the society looks down upon – A good example for brightening the lives by focusing on mental health.

More sightseeing with IWC Nawa Udana President Hasithani and members and we met again at the residence of DS Sonali for a friendly chat and dinner with the EXCO members, Conference Chair and Secretary.



Day 4 Solving puzzles at Rally



Day 5 Past Leaders awaiting President's arrival



Day 5 Meet with past leaders



Day 5 IWC Negombo



Day 5 IWC Matale



Day 5 IWC katugastota



Day 5 IWC Kandy



Day 5 IWC Jaffna

TRISH'S ADVENTURE

22nd November 2023 Day 9

Final day started off with a scrumptious breakfast meeting with all past leaders of the District, though the IIW P preferred only her usual Ceylon Tea; and then a short shopping spree with PIIWBDs Diana Rahman and Shanta Jayalath. I met with her again in the afternoon to arrive at the home of our DC. The open home could hold over 110 guests, all from the IWCs in and around Colombo arriving to meet up to say their good byes to a friendly IIW President.



Day 5 IWC Ja Ela Kandana



Day 5 IWC Galle



Day 5 IWC Col Midtown



Day 5 EXCO at Conference



Day 5 District Conference IIW President's Address



Day 5 Conference lighting the lamp



Day 5 Conference Flag ceremony



Day 5 Colombo West



Day 5 Col Nawa Udana



Day 5 Centenary Cake



Day 5 centenary cake



Day 5 IWC Galle receives Charter



Day 5 A Welcome to District Conference



Day 5 With IWCKandy Metro



Day 6 At PIIW BD Roshi's home



Day 6 Happy 47th birthday IWC Matale



Day 6 Dinner at PIIWBD Roshani



Day 6 Tree planting in Matale School



TRISH'S ADVENTURE



Day 8 DC Upeka with items made by inmates



Day 8 A gift made by inmate of the hospital



Day 7 Traditional Dance



Day 7 Temple of Tooth In Kandy



Day 7 Shine a Light in Kandy 3 clubs



Day 7 Planting the centennial tree by 3 clubs



Day 7 A limb for accident victim

Planting a Jacaranda tree at the Royal Palace Park (also known as Wales Park & Waco Park)



Day 7



Day 7 Centenary Project



Day 7 A centennial tree at Wales Park Kandy



Day 8 Occupational Therapy team at hospital



Day 8 DC Serving Elders at the Magic Show



Day 8 Donation to M H hospital



Day 8 Meet with EXCO and Conference Committee

TRISH'S ADVENTURE



Day 9 Breakfast with past leaders

I picked her up to take her to the airport in time for her departure around 3 am on the 23rd. with much mixed feelings; We had enjoyed her company and nuggets of advice on many subjects pertaining to the Clubs and the District. We were picking on her brains on many opinions and refreshed ourselves with her visit. A friendly outgoing personality with a cheerful demeanor, showing much care towards children and nature lover with a lot of concern for animals. She will be missed by all who came in contact with her... specially myself after being around her during the last 9 days

Good-bye Trish and hope to see you at the convention .. but will keep in touch with you through your posts and photographs on FB

I must thank our web-master Krishni for all the photographs she shared to capture these wonderful memories.

Kamila Rasheed

National Representative 2023/24

District 322 Sri Lanka



Day 9 Out shopping



With ISO s of D 322



Day 9 Good-bye from IWC Colombo

Ann Acaster

GB & I



In a sentence how would you describe Margarette Golding ?

A strong, forward thinking, compassionate, sympathetic leader and innovator, we have much to thank her for.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

Very few I fear, many members only want to function within their own club and have very little interest in the wider world of Inner Wheel. It is not easy to change this mind set, but perhaps if the Constitution was simplified and modernised it could be one way to help and we look to our Triennial Conventions to make this happen.

Which social media would enhance IW image and branding & why?

Facebook is alive with Inner Wheel; members need to be encouraged to post their projects and club happenings. Maybe decrease the number of pages so that just one page would have more impact, as at the moment there is much duplication which could make non-IW members opt out, but possibly many will disagree with this.

What's holding us in when we think of membership growth in comparison to Rotary?

I know that as a BD I do not represent my own country, but I am sure the following scenario has happened in other countries too. Surely when a proposal is submitted for Convention, this should be discussed by the wider membership and then voted on – and yes it might fail. Sadly, this was not allowed in the case of the submission of a new level of Inner Wheel – iiWheel - at the Jaipur Convention, this was just not included in the Proposal booklet, with no explanation beforehand and so the moment was lost.

Your vision for IW for the next decade ?

See my answers for 2nd and 3rd points. We must move forward, particularly with technology and to use and share 'best practice'. However, to flourish, we must not leave behind our older members, or the ethos of our founding members, the roots of Inner Wheel.

I love Inner Wheel because. ... Where do I begin?

I just love my Inner Wheel! I love that we all try to emulate Margarette Golding and those first brave Inner Wheel ladies, who gave us the pattern for Inner Wheel 100 years ago. I love the friendships, the service and also all our international connections, all part of the ethos of our beloved Inner Wheel. Inner Wheel comes into its own when people are going through a bad time, people we know and people we do not know. At these dreadful times, Inner Wheel becomes a blanket of love and support, tightly wrapped around those who need it the most. Now is the time to Shine a Light on Inner Wheel and to show the world, what in some countries really is a best kept secret – we must come out and into the light for all to see.



Cinzia Tomatis

IIW Italy



In a sentence how would you describe Margarette Golding ?

A go-getter lady who inspired us to care.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

Almost all members are familiar with the history of the IW thanks to the celebration of the IIW Day where the milestones are retraced.

The question is not about what percentage of members know the Constitution but how many of them apply it without personal interpretation.

Maybe, we could change this with different modern training sections organised by the IGB.

Which social media would enhance IW image and branding & why?

All social media platforms are the best way to promote and branding IW online. A positive image spreads positive word-of-mouth.

What kind of exchange programs required to increase membership?

A short-term program to show the work of IW with activities such as open days.

What's holding us in when we think of membership growth in comparison to Rotary?

We should not compare our membership growth to Rotary, rather we should aim at sponsoring IW as best as we can in order to assist such growth and embrace new challenges. a new level of Inner Wheel – iiWheel - at the Jaipur Convention, this was just not included in the Proposal booklet, with no explanation beforehand and so the moment was lost.

Your vision for IW for the next decade ?

Being able to embrace and promote IW's foundational vision in a way that reflects the changing pace of the modern society.

I love Inner Wheel because. ... Where do I begin?

It enables me to be part of the bigger picture, with the fun addition of making a lot of Friends along the way.



Dorothee Remmler

Bellen Germany



In a sentence how would you describe Margarete Golding ?

Margarete Golding was a visionary and courageous woman who realised 100 years ago that women should take on social responsibility outside their own families and that this is best done together, with a group of women.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I can't give a percentage, but there are definitely too few IW Friends who know the history of IW and the Constitution.

We should also give new IW friends a printed history of IW when they join. In addition, it is important to take up individual points again and again at meetings and to discuss them actively. It would also be helpful if the Constitution could be easily understood and read by all IW Friends.

Which social media would enhance IW image and branding & why?

Linkedin would be a good platform in my opinion because it is also used as a network of professions. It would also be important to update and expand the Inner Wheel article on Wikipedia.

What kind of exchange programs required to increase membership?

I think we need a younger image, a younger "face" and a better age structure to attract younger working women. The internal structure of the clubs, the distribution of tasks and the splitting of offices should also be considered to encourage more women to join Inner Wheel.

What's holding us in when we think of membership growth in comparison to Rotary?

We should not compare ourselves with Rotary. Rotary is first and foremost a professional network. Besides, it usually only makes you unhappy to compare (Kirkegaard). It is more important that we develop our own smart ideas of membership development.

Your vision for IW for the next decade ?

My vision is that in the next 10 years we will work together successfully at all levels of Inner Wheel, without rigid hierarchies, and that we will be able to use our great potential and our diverse resources much better.

My vision is that in 10 years Inner Wheel will be known worldwide as the world's largest non-profit organisation of women and that the name Inner Wheel will be associated with worldwide social commitment, with peace work through worldwide cooperation, with the empowerment of girls and women to become strong and self-confident personalities.

I love Inner Wheel because. ... Where do I begin?

it is a great network of committed strong women with heart and soul.



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Elena Zaharieva

Bulgaria



In a sentence how would you describe Margarette Golding ?

A visionary, a dreamer, a believer

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I do believe that at least 50% of IW members know quite well the history and the constitution. Members will remember more about the history

if they hear the story more often supported by figures for achievements in different fields for different countries. The Margarette Golding award should be more popular and easily achieved, just to be an example for all members. As for the constitution, it should give easy and understandable guides for the goals of the organization with less administrative regulations. The history and the constitution should inspire members to serve and be friends and make them proud being part of the organization.

Which social media would enhance IW image and branding & why?

May be in the different countries it will be different and we have to bear in mind the traditions. Facebook is something that can reach a lot of people but also Tiktok- if we want to attract young people we have to talk their language.

Every month publish information about a woman part of the history of IW in any country.

What kind of exchange programs required to increase membership?

I think that organizing visits and exchange members especially young ones, will bring more people. It is always better when you meet people and talk to them rather than read about them. There could be for example 3-5 best projects and then give the chance for people from these countries to visit other countries and share experience. May be some financial support from the IW foundation will be also helpful.

What's holding us in when we think of membership growth in comparison to Rotary?

Inner wheel started as an inner wheel of Rotary, using the same structure of administration and goals. Even the name shows this and sometimes women think that Rotary is the parent

organization and prefer to be in it. Rotary has also Interact and Rotaract, so it is easy to think that Inner wheel is part of it. We should make our organization independent of Rotary-we should not repeat the name and the organization so that women know that it is their organization, their ideas- something equal to Rotary and not part of it.

Your vision for IW for the next decade ?

I would like to see our daughters and granddaughters going on the Inner wheel way, making worldwide friendships and impacting life with their charity projects.

We, the women of Inner Wheel, are unique and united, and we will leave a lasting legacy because together we can lead the change forward and every day work wonders that will shine a light in the future.

I love Inner Wheel because. ... Where do I begin?

it gives me passion for life and on the other hand the security and tranquillity of friendship. I feel like a citizen of the world and part of its brighter future.



Gillette Broadway USA



In a sentence how would you describe Margarette Golding ?

As a businesswoman, Margaret Golding, had a vision for women to come together for fellowship, friendship, and service projects. That was 100 years ago! Today women are still gathering together in friendship, working on amazing life changing projects, and bringing awareness to family, medical and environmental issues that are affecting our world.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

The history of Inner Wheel is very important. Our constitution and handbook guide our organization. It defines who we are, how we came to be, why we have been around for almost 100 years! The international constitution and handbook should be reviewed annually. Prospective members should also have an introduction to the history of Inner Wheel. This can be done by meeting one or one or in a small groups. A personal touch goes along way!

Which social media would enhance IW image and branding & why?

Every club should have a person that coordinates the social media in their local community. I do not think Inner Wheel brings enough attention to the work we are doing in our communities, nationally, and internationally. Face Book is popular and it's easy to follow Inner Wheel clubs around the world.

What's holding us in when we think of membership growth in comparison to Rotary?

Membership growth is tough. Women have many choices of how to get involved is charity work. Meetings must be informative, productive, meaningful, and social.

Your vision for IW for the next decade ?

First, we must nurture the members and clubs we presently have. Secondly, start a Foundation that all members worldwide can contribute to and be proud of. With the Foundation, we can be ready to help in time of natural disasters and epidemics. Grow membership through starting new clubs, where ten or more women can come together for a common purpose to help women and families, all the while, making new friends throughout the world. There must be a strong presence on social media to "get the word out" about Inner Wheel!

I love Inner Wheel because. ...

of the friendships and the projects members are engaged in. We are all working to make a difference in our communities, our countries, and the world.



Iclal Kardicali

Turkey



In a sentence how would you describe Margarette Golding ?

A great visionary of compassion, service and love

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

Not more than 50%

Which social media would enhance IW image and branding & why?

More IW members seem to be members on FB or Instagram, so using these platforms could help.

What kind of exchange programs are required to increase membership?

A program that Rotary has: RFE/Rotary Friendly Exchange, where families visit families in other countries is a great one to foster international understanding.

What's holding us in when we think of membership growth in comparison to Rotary?

We are the best kept secret

Your vision for IW for the next decade ?

To assure a quality growth in membership;

- to create and work with younger Clubs,
- hybrid and more flexible working system: online/face to face
- more projects with women and girls (creating jobs/education/well being), more projects with displaced people, more collaboration with other NGOs..

To increase financial capabilities;

- to create a Foundation

I love Inner Wheel because. ...

I love my IW friends

I can do more and bigger projects with IW and touch more people, women and girls.



Ingelög Wyndhamn

Sweden



In a sentence how would you describe Margarete Golding ?

A compassionate, socially engaged, forward-thinking and energetic woman with a golden heart.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I believe that about 50% of my club members know the history as I spoke it this spring at a meeting. They know there is a constitution, if that is what you mean, but how much they know about it is difficult to estimate. Talking about these more often at our club meetings, maybe have a "bee-hive conversation" with questions to answer.

Which social media would enhance IW image and branding & why?

I am not myself good at social medias, perhaps face-book is where we could enhance our organisation as many women use that media. I suppose that short articles in magazines/ newspapers would also high-light what we do.

What kind of exchange programs are required to increase membership?

To be active with exchanges between friendship clubs which always gives an in-put of interest and energy to members and to invite non-members to these special events might increase membership. To persuade in a positive way members to go to different events either in your own country or abroad. You learn so much, you get new friends and you get amazed at how much good work that is done everywhere which inspires.

What's holding us in when we think of membership growth in comparison to Rotary?

Where I live, Rotary has great problems to keep their clubs alive. Three have merged into one club and at the meetings few members come. Unfortunately, our Inner Wheel clubs are drained somewhat as Rotarians persuade their wives to join in Rotary. I do not know how it is in other countries but in Sweden, Rotary as well as Inner Wheel, have problems to keep, engage and make members stay.

Your vision for IW for the next decade ?

My vision for IW is to retain old members, work to get new ones and to simplify working actively as a club officer. If we do not manage that, there will not be much left of IW in Sweden.

I love Inner Wheel because. ...

It has given me long-lasting friendships, interesting issues to work around and through our projects hope for the future



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Jumana
MASRI



In a sentence how would you describe Margarette Golding ?

She was great women and today Margarette Golding award is a great award,given to general public doing charities to their communities unconnected with Inner Wheel

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I think %60 of members know the history of IW and only % 40 know & read the constitution.

We can change that by doing workshops, specially for young & new members.

Which social media would enhance IW image and branding & why?

Facebook & Instagram as they are most followed.

What kind of exchange programs are required to increase membership?

I think that any program that involve the right of a good health care for elderly people women and children. Also awareness programs for the future generations of what might face them .

Your vision for IW for the next decade ?

I think this organization will grow tremendously among nations who lives in a Peaceful countries & enjoy living a normal life.

I love Inner Wheel because. ...

I love Inner Wheel because of the friendship beyond borders. But mostly because the IW constitution says clearly the IW should not be Sectarian or Party Political.

Because of this clause friendship & mutual understanding will thrive between IW members around the globe.



Kirsten Moller

DENMARK



In a sentence how would you describe Margarette Golding ?

She was a woman ahead of her time, I think she had an attitude that says: you can do what you really want!

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I think it might be only 20 % knowing something about our history and maybe only 5 % there have ever read our Constitution. The only way is training and most important to simplify and modernize the way we are presenting these objects. We have an old, but still very good PowerPoint presentation – there just needs to be corrected and to be available for translating. To understand the constitution and especially changes to this, we have made it more simple.

Which social media would enhance IW image and branding & why?

This question is so important if we want to survive, especially in the western part of the world, where the majority of our members are older women. There are two very different ways of communicating To and with our members and to potential new members and the world. We will inform our members of what is going on in our organization worldwide and this is done fantastic at our Facebook site and different Facebook groups. If young women look into our facebook site, they see pictures of a lot of old women – just think if you were 25 years old – would you be interested to be part of this?

We have to act professionally, there is no difference in the communication strategy to sell membership in our organization or to sell products. First of all you have to describe your customer and then find out where she get her information: Facebook is mostly for elderly people. Instagram and LinkedIn for younger and active women and Pinterest could also be useful. Youtube is also used very much by younger women, but here it is important what the headline says. So I will very much suggest that we will set down a committee there professional can work on a communication strategy for IW.

What kind of exchange programs are required to increase membership?

We ought to have programs that make the members proud of being an IW member. Young women have a lot of organizations to choose from. The most important thing for their choice is that the organization is known! All of us have experienced that when we talk about being an IW member, people ask : what's that ?? Before we could explain about Rotary. But today Rotary is not known among younger people either. We must be known as an organization there makes a difference worldwide

We have to set goals like being worldwide known. This can be done with a professional communication strategy. And then we have to change the way we have been working by starting from scratch every



year with a new president goal and theme. The world around us does not understand and we will never change our position in this way. This has to be changed at all 3 levels.

At the end of the year we have to find out- what went good and what wrong? Shall we change something, and what and how. The most important is that this is done by this year's GB and the coming under a professional handover. This is the only way we can survive. IIW have to take the professional leadership in this work. We have the Executive working hard and we have 16 BD coming from 16 different countries, this can ensure that our decisions make sense everywhere in the world.

Your vision for IW for the next decade ?

That IW will be known as a women organization which puts women's faith in themselves on the agenda. As a woman who experienced the youth uprising of 1968 it is unfortunate to see the lack of confidence of young women today. Young women of today want to be perfect, but who is that ??? We are a women's organization and we want to make a difference with many social projects, but we must also think about helping and to help and encourage our members to feel that they are good enough just the way they are, even though they may not look like a beauty queen. But most of all we must work on that our foremost object – friendship – is real and not only words on the paper. We often experience at all levels of our organization that we do not treat each other kindly.

I love Inner Wheel because. ...

I have the fantastic opportunity to meet friends both local, national and international. Inner Wheel makes me believe more and more in international understanding – we are all women despite age- culture – religion and language. A big hug is understandable all over the world.



Liv Elin Broberg Lewin

Norway



In a sentence how would you describe Margarette Golding ?

Margarette Golding, was, through her education, a caring person and started helping her Rotary husband, together with Rotary wives, and since she saw the need, and was an exceptional organizer, she founded Inner Wheel, an exceptional and wonderful organization, our Inner Wheel, born in Manchester, Jan 10th, 1924 and continued caring for people everywhere in the world.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

In my opinion, max 20% of our members know the history of Inner Wheel and only 5-10% know anything about the Constitution. I think we need to share a piece of the past in each meeting and also show why knowledge of the Constitution is important.

Which social media would enhance IW image and branding & why?

A lot of our members are on Facebook, so therefore maybe Facebook is the best way of enhance IW and its branding and Logo.

What kind of exchange programs are required to increase membership?

We need to be better in sharing what we are doing, being an Inner Wheel member, we need to share all the different activities that the clubs do. It's important "to shine a light" of all different activities, big one's as well as small one's.

Your vision for IW for the next decade ?

My vision: We will increase membership in all areas of the world. Inner Wheel is needed everywhere.

I love Inner Wheel because. ...

I Love Inner Wheel because of the possibilities to learn about the rest of the world, all other countries, their culture, their language, and that way I get friends all over the world and I can give a hand to those that need my help. Inner Wheel is in my heart.



Marie-Francoise Pignard

FAMAT



In a sentence how would you describe Margarette Golding ?

For me, Margarette Golding is a very inspiring woman. She was certainly very generous and also had a great empathy, perhaps because she was a nurse and therefore sensitive to suffering of human being. We, Inner Wheel Members, must never forget that without her our beloved association would not exist. She is a role model for me.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

I think that the percentage of IW members who know its history and the constitution is quite low, perhaps around 40%. We can change this by organising trainings at Club and District level. One day a PDC said me: "at each club meeting, we should spend 5 or 10 minutes talking about IW topics like our organisation, Constitution, Conventions, history..." It's a very good idea but unfortunately very often we don't have time to do that. We can also talk about these IW topics at our District meetings. For the new members I think that it's the role of the godmother, she could explain what IW is to her godchild.

Which social media would enhance IW image and branding & why?

Facebook (2.9 billion users) and Youtube (2.6 billion) are the most widely used social media in the world. It is therefore very important to have a presence on these networks to enhance our image. But it's also very important to have a presence on others social media. Thanks to our International Editor/Media Manager, Prabha, we have a good visibility. But clubs need to have their own accounts and post information about their social projects, activities, conferences, etc.

What kind of exchange programs are required to increase membership?

To increase membership Inner Wheel could organise youth exchanges. So teenage girls know our organisation and can join when they turn 18. We can also imagine that the mothers, sisters, aunts... of teenage boys would know IW and could join us.

What's holding us in when we think of membership growth in comparison to Rotary?

We cannot compare membership growth of Inner Wheel and that of Rotary because the recruitment method is not the same.

Your vision for IW for the next decade ?

For the next decade, I hope our membership will continue to grow with young and active women. Our world is in a bad way and organisations like Inner Wheel are absolutely necessary. I think that, in the next decade, many people will be affected by conflicts and climate change. We will have to help them. I'm aware that it is not an optimistic vision, but I hope I'm wrong.

I love Inner Wheel because. ...

I love Inner Wheel because of our three objectives:

Friendship: I have been IW member for almost 20 years and have met ladies I never would have met. Many of the have become real friends.

Service: I love being useful and helping people.

International understanding: I like to meet people of other countries, other cultures. It's a great personal enrichment. I'm looking forward to our next Convention in May 2024.



Marlies Arnoldus-Luiten

IW Netherlands



In a sentence how would you describe Margarette Golding ?

By founding Inner Wheel she gave women the opportunity to utilize their capabilities, discover their strength and realize what an impact we can have. Grateful that she took this initiative to connect women in order to help others.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

Impossible to give a percentage because the history of IW and the constitution are two completely different things. Our history explains where we came from, the constitution is a description of the way we are currently organized IW was born from the power of women. If we realize this and we all dare to connect our inner strength, we can change the world.

Which social media would enhance IW image and branding & why?

Visibility at LinkedIn could help us to show partnerships, improve awareness of Inner Wheel and create an active worldwide network.

What kind of exchange programs are required to increase membership?

Thriving clubs are the basis for growth No club, district or country is the same but we can face similar challenges (for example membership growth or average age). Connecting with each other, sharing experiences and challenges will inspire members and lead to new ideas. Collaboration can have a huge impact, even the smallest initiative can have a big effect. But above all, we will have to put our wonderful projects in the spotlight more often

What's holding us in when we think of membership growth in comparison to Rotary?

We should stop comparing ourselves with Rotary, we are Inner Wheel. Nowadays, all volunteer organizations in the Netherlands have difficulty finding people. Society has changed and people are less likely to devote themselves entirely to one organization. By creating opportunities to actively involve non-members in projects, we can increase awareness among future members If we also participate in the initiatives of the United Nations, great new activities can emerge.

Your vision for IW for the next decade ?

Friendship across borders With all the current communication options, physical distance no longer hinders contact with each other. Being in touch with other IW members around the world inspires and makes us realize we all have our own ways in dealing with similar challenges. Together we create Inner Wheel

I love Inner Wheel because. ...

it offers many opportunities to connect, act and grow How special it is to be part of an organization with members spread over the world organizing activities that can make the difference anywhere in the world.

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Michelle Atkinson

NEW ZEALAND



In a sentence how would you describe Margarette Golding ?

Margarette Golding was an inspirational visionary who offered women opportunities to share friendship, personal service and international outreach. Her dream became a reality and a hundred years on her spirit continues to shine within all Inner Wheel members. As a forward thinking visionary woman I am sure she would like to think that we continue to cherish her core values yet find the motivation to take on-board her forward thinking mentality to help our organisation to thrive into the next century.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

Internationally i am not sure of a percentage but I do know that in my country we have tried to do an education push with our members over the last few years.

We used:

- social media posts to share history
- held online meetings and training sessions to give constitution overviews and education
- created resources for sharing in members library on website
- District Chair training at NGB meeting and by zoom meetings
- encourage each District to host “Empowerment” Days for all members What else could be done?
- maybe use BDs to host a range of training sessions or information sessions for members online, regionally.
- A range of training resources could be developed and shared on the website for others to use based on the sessions the BDs run.

Which social media would enhance IW image and branding & why?

A Range if Soc Med tools as each has a different role and reached a different set of target audience

LinkedIn – Professional Blogs and articles about what we do and topics about the sorts of service that happens around the globe. Articles on the importance of friendship, belonging to an organisation that is bigger than themselves, the importance of giving back, enhancing a passion for personal service beyond social responsibility etc.

YouTube – for video resources

Facebook- sharing of information, links to website articles, links to activities happening around the world, promoting other countries clubs or districts, share vital information education, appeals etc

Instagram – good for use during events, pres. visits etc

Use a Link Tree in Instagram to provide links to

- Website
- Branding resources



- Youtube video resources
- Facebook
- Special projects or appeals

What's holding us in when we think of membership growth in comparison to Rotary?

Membership is something that is the responsibility of each and every one of us, we are all ambassadors of Inner Wheel. Our members that hold roles of membership facilitators or coordinators are there to help as a resource for others to encourage each other to share ideas.

Membership is two fold – 1. Encouraging and outreach for new members

2. Nurturing current members at all levels of the organisation.

We need to work together to share ideas and resources. Maybe an international sharing portal for ideas and success stories.

Your vision for IW for the next decade ?

IW members must continue to shine and share their passion for friendship, personal service and international opportunities.

We need to open our minds, our hearts and our hands to embrace change, to take a fresh view of how IW can move forward while still embracing the visionary values of Margarette Golding. We will embrace the use of tools, processes and procedures that will modify the way we operate to ensure the organisation is one that current members are proud of, new members want to join and be accessible to all in a positive and friendly environment that shines a light on the good deeds our members do all over the world. Let's be proud and passionate Inner Wheel members that continue to grow and shine making the future bright!

I love Inner Wheel because. ...

By being an Inner Wheel member I have blossomed into the woman I am today. Inner Wheel has enabled me to share my passion for service, empowered my leadership, and created lifelong friendships across the globe. Being an Inner Wheel member offers opportunities locally, national and international beyond your wildest dreams.





Paulette Dewinter-De Soete

Belgium & Luxembourg

In a sentence how would you describe Margarette Golding ?

Margarette Golding is the founding mother and was the driving force of our beautiful organization IIW.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

The history: 75 % ? Constitution: 5 % ?

By providing clear and appropriate Inner Wheel information every year.

This means training at every level is important. The captain of the ship must be aware of the constitution. For the members it is important to meet each other monthly and work together in friendship, take actions to raise funds, go on cultural excursions, etc., but it is also important that they have sufficient knowledge about Inner Wheel so that they can answer the frequently asked question: What is Inner Wheel ?

Which social media would enhance IW image and branding & why?

First of all, I have to admit that I am not a big social media user. I think Facebook is great for promoting IW. That's why I joined Facebook 20 years ago especially for this purpose. Members can share a lot of information of any kind. The more we see the name Inner Wheel on Facebook and share it, the more likely we are to get noticed by our younger generation. Of course there are other social media to enhance IW but I leave that to the specialists.

What kind of exchange programs required to increase membership?

Listening to other clubs' approaches to how they increase their membership.

What's holding us in when we think of membership growth in comparison to Rotary?

Rotary exist much longer than Inner Wheel and is therefore better known worldwide. The fact that women are allowed at Rotary is in competition with Inner Wheel. And I think that a lot of people join Rotary for networking.

Your vision for IW for the next decade ?

Needs, humanitarian issues, technology and infrastructures have changed. Therefore, we need to transform our organization and make it more relevant to today's world so that IW is also attractive to the younger generation. How is the question. That is why we need the input of our young IW members.

I love Inner Wheel because. ...

Inner Wheel is such an amazing organization where we can work together to raise funds to change the lives of people fighting for a better life, where we can support projects that provide professional help to people who have given up hope for a better future so that they gain the strength to move on again.

I love Inner Wheel because I am so lucky that I made so much new friendships for live with every step I took in the IW hierarchy.

Therefor I like to encourage young members to join the club committee. It is so enriching and it is a first step to move up the ladder and take more responsibilities because we need them so much to keep our wheel turning. I love IW because as a member I could also participate in International meetings as Conventions, European Rally's (before Rally Charlemagne) and European Meetings. These meetings gave me the opportunity to make new friends from all over the world and exchange interesting ideas. Therefore I like to invite all members to join us in Manchester for the 19th Convention where we will celebrate 100 years of IIW together.



Snejzana Petrovic

Tkalcec Croatia



In a sentence how would you describe Margarette Golding ?

MG is like a first spark that started a fire; She is a symbol that small actions can lead to significant outcomes.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

20-30% - As we have very old clubs, many didn't update the constitution, they rule the offices according "the old habit"; we do need annual training for all officers (club, district, NR) based on C&H – as a very formal organization we all need to convey the basic rules – uniformly implemented, on time and in a unique way to be available on IIW websites is not enough, it is necessary to name who implements it at a particular level

Which social media would enhance IW image and branding & why?

Fb for wide audience and for successful stories – engage through comments and messages; Instagram for younger –visual content, photos; YouTube for videos, projects to explain our mission; LinkedIn – professional side is maybe more interesting for young members, to get connected with potential partners, we didn't make a focus on the professional side yet; we can highlight some members...TikTok can also attract younger members

What kind of exchange programs required to increase membership?

Young women need a possibility to identify with our work.

We need new younger members very much for rejuvenation of existing clubs. We have to create activities and topics that attract young women to feel inclusive; adapt the program to their interests, providing mentoring programs.

What's holding us in when we think of membership growth in comparison to Rotary?

Promoting diversity and inclusion – embrace diversity and inclusion as core values; create an organisation where women from all social classes feel welcome and valued

Acknowledge the contribution of members – recognize individual efforts foster a sense of

belonging - proud membership

Public relations – invest in it to raise awareness about IW activities and impact – attract attention and interest among potential memb

Collaboration with other women's organizations – introduce to new audience

Youth engagement with programs connected with universities, colleges or other – introduce IW to new generation

Empower women by providing leadership development opportunities – for young ambitious women

Your vision for IW for the next decade ?

I see a process of reviving old and weakened clubs - would like to see young members and let them create new guidelines within the framework of the century. Revive old and tired clubs with new, (not necessary) younger members. For this purpose we have to be active on



social networks. We need to choose proactive projects that aim at long-term recognizable activities. We need foundation, education/ training...

I love Inner Wheel because. ...

For me friendship is a key. It opens all doors – with positive, open and honest communication. It makes so strong bond each time I meet IW member. Friendship is a culture that impact emotional support, encouragement and understanding.

It leads to long-lasting connections with more effective outcomes – like trust or cooperation.

I always know that I have a network of friends to rely on, to work with enthusiasm, to talk to in harmony.



**Shine
a light**
Inner Wheel 2023-2024



MARGARETTE GOLDING AWARD

During the Matamata Christmas lunch, Sandra BA Hunter (middle) from the Inner Wheel Club of Matamata was awarded the Margarette Golding Award by Vice-President Rina Maxwell-Hesp (right) and Club President Brenda Linnell (left) for her exceptional services.

Sandra has been serving the community and the Waikato district for nearly 30 years. She has been actively involved in various initiatives such as Victim Support, Tough Love, and the Rotary End Polio Now program. Since 2008, she has held multiple positions at Inner Wheel Matamata and currently serves as the I.S.O. and correspondent.

Congratulations, Sandra! You are an inspiration to us all.

Kamal Prava Kharel

Nepal



In a sentence how would you describe Margarette Golding ?

Margaret Golding was the founder of Inner Wheel, a visionary woman, known for her tireless efforts to support the community and promote women's welfare worldwide.

What percentage of member, in your opinion know the history of Inner Wheel, the constitution? How do we Change this?

It is difficult to provide an exact percentage of members who are aware about the history and constitution of Inner Wheel as it may vary across various regions of the world. However, we can improve the awareness amongst our members by making the information easily accessible (for example: in the official website and social media, printed copies, written in different languages). We can also have interactive game sessions related to Inner Wheel's history and constitution to make it an engaging and enjoyable learning experience. We can also encourage clubs to reach out to experienced members of the organisation and organize a workshop that highlights on Inner Wheel's history, mission, values and constitution.

Which social media would enhance IW image and branding & why?

At present, Facebook seems to be one of the most used social media platforms by Inner Wheel members across the world. Thus, if we can continue exploring this platform to facilitate discussions and networking amongst Inner Wheel members, it will be good. The world of social media is an evolving space; hence, we need to evolve with it to maintain the engagement. Live streaming of the IIW Changeover program earlier this year is an amazing example of using social media to our advantage.

What kind of exchange programs required to increase membership?

I believe establishing sister club relationships and international service projects are some of the ways to have exchange programs, increase membership and retain the existing ones. We can celebrate the diversity we bring to the organisation by encouraging cultural exchange, project sharing and learning from each other's experiences. Youth exchange program is another concept we may want to explore in order to attract younger members and promote the values of Inner Wheel to the next generation.

What's holding us in when we think of membership growth in comparison to Rotary?

Traditional gender roles (at home and the community) and workplace expectations are some of the reasons holding back women from joining Inner Wheel. Apart from that, even though Inner Wheel and Rotary share similar goals and values, the global visibility and media presence of Rotary may be a key driver for it to have higher number of members. Rotary has a well-established Interact and Rotaract program targeting the youths, as a pathway to join Rotary later in life. Inner Wheel could explore similar youth engagement programs and leadership opportunities to attract the younger demographics.



Your vision for IW for the next decade ?

For the next decade, my vision for Inner Wheel is to be a vibrant, inclusive, and impactful global organisation that continues to empower women, so they lead and serve the community, with passion and purpose. Inner Wheel was established as an organisation to empower women and I believe we will continue to do so while we promote diversity and inclusivity in the society. I also hope that we will get more young members through mentorship programs, youth clubs and initiatives that inspire the next generation of service leaders, to continue the legacy of Inner Wheel.

I love Inner Wheel because....

I love Inner Wheel because it represents the sisterhood of women, united by a common motive to make a positive and meaningful change in the society. Through Inner Wheel many women, like me have found a community where we share our common passion for service and in return, we get unwavering support from our fellow Inner Wheel members. Through Inner Wheel I have been able to connect with women from across the world and make new friendships that I will cherish forever.



MGA Samia Hatata has volunteered service to the elderly and Egyptian community for development of health and education all her life



MGA Nevine Abrashi handed over to Nelly Hilmy for giving to her

MARGARETTE GOLDING AWARD



INNER WHEEL REPRESENTATIVES AT THE UN

INTERNATIONAL INNER WHEEL IS AN NGO, INSERTED IN THE ECOSOC ROSTER. IT HAS SEVERAL REPRESENTATIVES AT THE UN.

The original suggestion that IIW should apply to the United Nations for consultative status came in 1970 from Board Member Mrs Legarda, from the Philippines. Two years later, the ECOSOC (Economic and Social Council of the United Nations) confirmed the admission of Inner Wheel on the Roster of Organisations. Thanks to the availability of some members the representation and the presence of IW became a real possibility.

In 1993, at the 9th IIW Convention in Sydney, Australia, a General Motion was passed whereby International Inner Wheel must confine its involvement with the United Nations (e.g. ECOSOC and UNICEF) to being an Observer on the Roster with a consultative status.

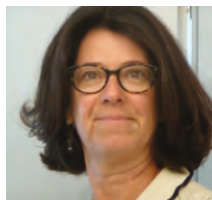
The UN Representatives of Inner Wheel are coordinated every year by the current IIW Vice-President. They follow and assist the work sessions of the Commissions regarding important themes such as human rights, rights of children, conditions of women, the family, the elderly, and drugs. They report to the IIW Vice-President on the activities of the Committees and Conferences. They are our link with UN organisation, and in turn must report to UN on what we do in Inner Wheel. Copies of the annual reports from National Representatives are sent to our UN Representatives to keep them informed about the work of our members.

For many years, InnerWheel has emphasised the importance of several major UN themes and has promoted their awareness and implementation.

We currently have seven IW members accredited at the United Nations offices in Geneva, Vienna and New York. They are:



Geneva:
Evie Marinoni



Geneva:
Karin Rivollet



New York:
Martine Gayon



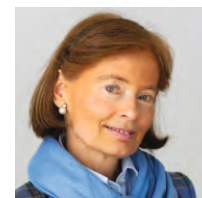
New York:
Michelle Burgess



Vienna:
Ceja Gregor Hu



Vienna:
Ulrike Nemling



Vienna:
Gerda Beck

Should you wish to contact one of the IIW UN Representaives, please do so via your National Representative or, in the absence of one, your District Chairman, or email to the IIW administrative office at admin@internationalinnerwheel.org.



KNOW OUR UN REPRESENTATIVE

Martine Gayon

On our way to the 68th session of the Commission on the Status of Women (CSW)
To be held at the UN Headquarters in New York from 11 to 22 March, 2024
Preparatory meetings with the NGO Committee on the status of Women/NY

The NGO CSW in New York is a crucial forum for non-governmental organizations (NGOs) to engage with the United Nations on issues related to gender equality and the empowerment of women. It plays a significant role in advocating for the implementation of the Sustainable Development Goals (SDGs), particularly Goal 5, which focuses on achieving gender equality and empowering all women and girls.

NGO CSW/NY provides a platform for NGOs to collaborate, share insights, and contribute to discussions around policy, programs, and strategies aimed at advancing gender equality.

This committee actively participates in the annual Commission on the Status of Women (CSW) sessions at the United Nations Headquarters in New York, where member States, NGOs and other stakeholders gather to review progress and address challenges related to gender equality and women's empowerment.

Through its advocacy efforts, the NGO CSW ensure that the perspectives and needs of women are integrated into the broader SDGs agenda, emphasizing the interconnectivity of gender equality with the achievement of sustainable development goals across various sectors.

The priority theme of the next Commission is: "Advancing the achievement of gender equality and the empowerment of all women and girls by addressing poverty and strengthening institutions and financing with a gender perspective".

We have a monthly meeting which usually addresses in some way to be aligned with the Commission on the Status of Women's priority theme.

Martine Gayon

I have been a UN Representative in New York since 2013 .

I joined Inner Wheel in 2002 and my club is the Inner Wheel Club of Avon Park, D696, Florida

I am currently the Vice President/ National Deputy Representative of Inner Wheel USA 2023-2024 and a Trustee of the Inner Wheel USA Foundation.



KNOW OUR UN REPRESENTATIVE

Michelle Burgess

Hello! My name is Michelle Burgess and I live in Tahoe City, California. I'm one of the two IIW UN Representatives that attend meetings at the United Nations headquarters in New York. The meetings that I attend are specifically part of the Economic and Social Council of the UN. In New York, I can attend the Commission on the Status of Women, the Commission for Social Development, the Permanent Forum on Indigenous Issues, the Open-Ended Working Group on Ageing and the Conference of States Parties to the Convention on the Rights of Persons with Disabilities. Through the talks and meetings that I've attended so far, I've become very passionate about the amazing work that women are doing in countries like Afghanistan, Ukraine, Iran, and other war torn areas. The resilience and bravery of the women in these countries is something that we need to always remember. One of the most important things that I've learned from these women is to keep their stories alive. For instance the women of Afghanistan are constantly asking for us not to forget them... don't look away. They remind us that there's a lot we can do as an International Community to put pressure on the Taliban, so that girls can continue to attend school and women can show their faces, have jobs, and not be forced to stay at home. I hope my reports will excite and interest Clubs around the world, to educate themselves on the status of women and possibly inspire them to help where they can

CoNGO 75th Anniversary Commemoration in New York and the Fifth CoNGO Global Thematic Webinar on "UN-NGO Relations: Enhancing Multilateralism, Protecting NGO Access, Civic Space, and Democratic Discourse"

October 27, 2023

This webinar was part of six global thematic webinars honoring the 75th anniversary of the Conference of Non-Governmental Organizations in Consultative Relationship with the UN (CoNGO). The main focus of the webinar was UN-NGO Relations: enhancing multilateralism, protecting NGO access, civic space and democratic discourse. The event was a celebration of work to improve NGO access to the UN Economic and Social Council and other UN bodies. Also discussed by the NGOs present was what is working, what needs to be improved, and how participating NGOs can mutually cooperate. Attending from the UN was a representative from the Executive Office of the Secretary-General, the director of the UN DGC Outreach Division, and the executive director of the UN Institute for Training and Research.

CoNGO stands out among NGO networks for its unique relationship with the entire UN System, encompassing approximately 50 entities, commissions, agencies, institutes, and other bodies dealing with various aspects of human life and endeavor. These include human rights, maritime safety, meteorology, refugee protection, telecommunications, democracy promotion, disaster prevention and relief, the rule of law, and more.

The organization's core mission is to facilitate and encourage member governments of the UN to engage openly and inclusively with NGOs in the planning and decision-making processes of intergovernmental debates. NGOs bring their professional expertise, grassroots experiences, detailed knowledge of community needs, and innovative thinking to the UN. Throughout its history, CoNGO has tirelessly worked to emphasize the shared values between the UN and the NGO world, advocating for integrating competent NGO inputs into the UN System.

Below are notes from Keynote Speaker By Nikhil Seth, UN Assistant Secretary-General and UNITAR Executive Director on Re-Imagining and Re-Narrativizing Multilateralism

Current State:

- The Sustainable Development Goals (SDGs), are on life support and as often stated by the SG, need a rescue package. The confluence of war, COVID-19, and climate change impacts are threatening the very survival of humanity. Only 12% of the targets are on track. 50% are severely off track. 30% have seen no movement or have regressed below 2015. Since the pandemic, 93 million people have been pushed back into extreme poverty, 147 million children missed in-person instruction and education, health services have been disrupted, anxiety and depression have increased exponentially, life expectancy has been lowered globally, and routine health care has been disrupted. In 2030, 575 million people will be in extreme poverty. It will take 286 years to close the gender gap.
- War has displaced 100 million people from their homes. One-quarter of humanity lives in conflict affected countries. War in Ukraine has led to a crisis in food, fuel, and fertilizer prices, which is now abating because of the UN-brokered Black Sea grain deal. Supply chains are reeling, financial markets are in turmoil, aid has shrunk, trade is deeply impacted, food security is in jeopardy and foreign investments in the developing world are declining.
- The climate emergency is upon us. We are all feeling the palpable impact. CO2 emissions are predicted to rise by 14% by 2030. Floods, extreme weather, drought, and forest fires have become images that we are seeing regularly on our news channels.

Solutions and moving forward:

- In challenging times like these, the reflex of Governments is to go back to the old ways with redrawn political coalitions and to overlook or under-appreciate the role of NGOs and civil society in advancing solutions that require a multitude of perspectives and actors.
- NGOs and civil society organizations are often the voices of the most marginalized and vulnerable communities, bringing a wealth of diverse perspectives and experiences to the table. They are often the ones who have the closest connections to local communities and can provide insights into the living realities of those most affected by global challenges.
- Therefore, it is critical that we re-imagine and re-narrativize multilateralism to recognize the vital role of NGOs and civil society. This means creating a more inclusive and equitable multilateral system that provides meaningful space for engagement and participation by NGOs and civil society organizations. Over time, civil society has been given more space. But, civil society organizations need to be closer to the decision-making table.
- To further support civil society's engagement in global governance, the report proposes measures such as strengthening partnerships between governments and civil society, creating more spaces for civil society participation in international forums, and increasing funding and resources for civil society organizations.

In closing, what stood out to me the most from this event, was the need for governments to listen and truly partner with NGOs. NGOs are on the ground level and actually working with the marginalized groups of our world. Their perspective is real and meaningful and can provide a wealth of actionable solutions. The UN has created very clear documentation on how to help the world through the Sustainable Development Goals, but governments are absolutely failing in implementing programs and supporting organizations that can achieve these goals.

Report submitted by:

Michelle Burgess

UN Representative, NY



MEMBERSHIP IN INNER WHEEL BRIGHTENS LIVES

Charter No.	Club Name	D No. / NDC	Country
8353	Macquarie	A53	Australia
8354	Parklands	330	Malaysia
8355	Masaka	n/d	Uganda
8356	Kampala Central	n/d	Uganda
8357	Masterson Cagayan De Oro	385	Philippines
8358	Alexandria Capital	95	Egypt
8359	Iskele Mimosa	222	Northern Part of Cyprus
8360	Bellapais Begonvi	222	Northern Part of Cyprus
8361	Bardoli	306	India
8362	Atour	301	India
8363	Delhi Shatabadi	301	India
8364	Faridabad- Karmic	301	India
8365	Faridabad Samriddhi	301	India
8366	Indirapuram Swarnim	301	India
8367	Modinagar Smart	301	India
8368	Kanouja	301	India
8369	Swarn Sonapat	301	India
8370	Golden Srivilliputtur Friends	321	India
8371	Hyderabad Spandana	315	India
8372	Chennai Sunrise	323	India
8373	Bombay Airport Centurian	314	India
8374	Islampur	317	India
8375	Navi Mumbai Sangini Centurion	314	India
8376	Ocean City	302	India
8377	Raipur Artha	326	India
8378	Shantinagar Dhaka	345	Bangladesh
8379	Rajdhani Dhaka	345	Bangladesh
8380	Community Chisinau	224	Romania & Moldova
8381	Emirgan	242	Turkey
8382	Golden Aranmula	321	India
8383	Raniganj	324	India
8384	Shimoga Century	318	India
8385	Banda	317	India
8386	Kolalapudi Shatabdi	315	India
8387	Sitarpur Kusum	312	India
8388	Aligarh Century	311	India
8389	Kanpur Safal	311	India
8390	Panchkula Central	308	India
8391	Indore Malvika	304	India
8392	La Union South	379	Philippines
8393	Las Pinas Shining Diamonds	383	Philippines

Currently, Inner Wheel has the power of over 100,000 voluntary members. Is this enough? Not at all. International Inner Wheel is calling for the formation of more Clubs filled with energetic women having like-minded passion to brighten lives.

There is no better time than now in the Centenary year

Welcome to the Inner Wheel Family!

8394	Buddhanagar (Cancer Survivors Group)	350	Nepal
8395	Kamalachhi	350	Nepal
8396	Le Reduit	920	Mauritius
8397	Lahore Sapphire	341	Pakistan
8398	Safia Aslam	344	Pakistan
8399	Toba City	341	Pakistan
8400	Sartaj Wajid Ali	344	Pakistan
8401	South East London	13	GB&I
8402	Aosta Centenario	204	Italy
8403	Alexandria Cleoptra	95	Egypt
8404	Mushkpuri	342	Pakistan
8405	Dhaka Rose	328	Bangladesh
8406	Samudrapur	303	India
8407	Nawanshahr	307	India
8408	Suket	307	India
8409	Pimple Saudagar	313	India
8410	Pune Queens	313	India
8411	Golden Mannar	321	India
8412	Laodikya	244	Turkey
8413	Mukono	n/d	Uganda
8414	Salem Next Gen	298	India



Inner Wheel Club of Las Piñas Shining Diamonds District 383 Philippines



IWC Las Piñas Shining Diamonds D 383

... and many more coming in



IWC Alexandria Capital D95 Egypt And Jordan



IWC Laodikya D244 TURKIYE



IWC OCEAN CITY D302 INDIA



IWC Urla D244 Turkiye



IWC Alexandria Cleopatra D 95 Egypt And Jordan



The IWNZ National President and Chairman of the NZ297 District with the newly chartered Braided Rivers Club.



IWC Kusum D312 India



IWC Chisinau D224 Romania Moldova



IWC Shimoga Century D318 INDIA



Inner Wheel Club of La Union South District 379 Philippines



IWC Buddhanagar Cancer Survivors Group and IWC Kamalachhi



IWC BARDOLI, IWD 306 India



IW IASI D224 ROMANIA MOLDOVA



IWC Rajdhani Dhaka Iwc Shantinagar Dhaka D345 Bangladesh



IWC Iskele MIMOZA D222 NORTHERN PART OF CYPRUS



IWC Bellapais Begonvil D222 Northern Part of Cyprus



Betty Selfe

70yrs of Inner Wheel Membership

A Whole Life ...

PDC BETTY SELFIE

On the 18th October 2023 we acknowledged and congratulated an amazing lady, Betty Selfe....

An Inner Wheel Lady who had just completed 70yrs of Inner Wheel Membership. Betty told us she has always felt very grateful that she became a member, as she has enjoyed every single moment and has made many many friends.

Betty joined Inner Wheel on the 27th September 1953, she was just 20years old her birthday being on the 3rd September and she had recently got married on the 10th September. Her late husband Bill was already a Rotarian when she met him, he was 27yrs when he joined Erith Rotary Club.

Betty and Bill had two sons, William and Ian both now married to wonderful wives. William is a Financial Director and Ian who was in the Royal Marines is now with the Kent Fire and Rescue Service. He also spent time with the OSART team. Betty is a proud grandmother of eight Grandchildren and ten Great Grandchildren.

Betty has held many offices in Inner Wheel, she has been President, Secretary and Treasurer of two clubs, Erith and Rochester, she is now Vice President of Gravesend Inner Wheel. In 1976 she was District 12 Chairman; it was a very special and proud time for her as her son William sang at the District 12 Rally.

In the early seventies, whilst serving as Member of Council and on the Finance Committee Betty was asked if she would go to Inner Wheel Headquarters in London. She offered her help for one week, but stayed 9 years, becoming Secretary/ Administrator, building up the international side of Inner Wheel, which had been almost only GB & I until then. During her time there, Betty said she met some wonderful members from all around the world.

In 2019 Betty was presented with the Margarett Golding Award, District 12 Chairman Liz Lister presented it to her at her home. Betty was amazed, it was a total surprise as she had no idea that she would receive this great honour, for Betty the only reward that she ever needed was being a member of Inner Wheel.

In 2022/2023 Betty once again took on the role of District 12 Chairman, only this time she shared the role and in Betty's words, "with three other marvellous ladies, Elizabeth Weaver, Judith Cooper and Elizabeth Martin, again a wonderful year".

During those 70yrs as an Inner Wheel member, Betty, not only a good wife and wonderful mother, was also a Magistrate for 39yrs at Bexley, she was on the Board of Visitors at Belmarsh Prison for 15yrs, and she also volunteered at the Medway Maritime Hospital for 17yrs.

Where on earth, did she find the time, and the energy to participate in all of these activities.... Betty is truly a wonderful, thoughtful, caring and extraordinary lady, such an inspirational Inner Wheel member... I feel very humbled in her presence.

District 12 GB&I has shared this marvellous article



100 YEARS OF INNER WHEEL – AN ERA UNFOLDS



The story well known.....

With the devastating effects of war still very much in evidence and obvious inequality across the classes, 27 wives of Manchester Rotarians met, on the 15th November 1923, for the purpose of setting up a ladies' club to run along Rotary lines. The meeting was held at Heriott's Turkish Baths in Deansgate, chosen as the venue, as Mrs Golding later admitted naively, because it was the only room, they could get for nothing!

Eager to progress, by the time of their next meeting, **on 10th January 1924, now celebrated annually as World Inner Wheel Day throughout the world**, funds had been raised, 80 woollen baby garments knitted and delivered to St Mary's Hospital, in time for Christmas. At this meeting, held at the Social Club, Lower Mosley Street, now the site of The Bridgewater Hall, Mrs Golding was elected as President, Mrs Nixon as Secretary/Treasurer and because Rotary International's declared policy would not allow the use of 'Rotary', 'After considerable discussion', the rules of the club were resolved and "The Inner Wheel Club of Manchester" name duly adopted, creating a firm foundation and ingeniously indicating the Rotary connection

History records the Celebration of World Inner Wheel Day The Executive and Honorary Secretary, Adelaide Lack were sitting in Berners Hotel, London, late one night after an Executive Meeting, when President-Elect, Helena Foster said 'I would like to have one day in the year when all Inner Wheel members would do something special and think of their fellow members around the world.' After discussion it was decided the day should be January 10th. **On that day each year all members throughout the world of International Inner Wheel should unite in personal service and celebration, the idea being one of unity.** The response to the first celebration of World Inner Wheel Day was magnificent. Hundreds of letters from Clubs all over the world testified to the success of President Helena Foster's challenge.

Today Inner Wheel is in 100 countries....

We all know The Objects of Inner Wheel are: - To Promote True Friendship, To Encourage the Ideals of Personal Service and To Foster International Understanding,

Any woman above the age of 18 who shares these aims can join Inner Wheel. As Members of a club, these aims are achieved through many projects to serve their local community. Members give practical support as well as financial help whenever and wherever the need arises. Fellowship programmes create bonding among members, the fun uniting them. **A Club Member** is the important hub in the wheel, without which the organisation cannot work. These are our Passionate, dedicated members, who share the ideals of friendship, service. Coming from all parts of the globe, their diversity is unique and the bonds of IW wheel unite them. **They are leaders of their community, which identifies them for their dedication, honesty and integrity.**

At present. Members have worked to provide humanitarian assistance to millions of people worldwide. In the past years Inner Wheel members have worked wonders, led the change, shone a light and transformed lives in various ways. Providing goats to Madagascar by FAMAT clubs, planning for the shrubs and water was path breaking. The work that clubs in Bulgaria have done to assist the war devastated people from Ukraine touches the heart. Membership extension PPT from New Zealand, Fund raising partnerships with bakeries or musical concerts or fashion shows are so innovative! Giving time for special children or old age home happens in so many countries. A country does Cord Blood research support, another Orange the world is the call! Years back a large blanket was made in India of little patches made by different clubs and sent to an orphanage. Pakistan for floods and Turkey for earthquakes have done marvellous work in rehabilitation. Nigerian clubs work in hospital, orphanages for women is remarkable. I could go on and on....

What members feel, in my words...

I think Inner Wheel has transformed the lives of many of us. I am thankful to IW It has given me a platform, for expressing myself in speech, through action. Inner Wheel develops our personality, because of interactions at various levels we change for the better. The team spirit, guiding and learning from each other, the desire to do better for the club makes one improve! The experience and knowledge of others helps us progress unhesitatingly.

We meet people with varied interests, capabilities, talents and imbibe these qualities in oneself. We continuously get opportunities to develop friendships within and outside the organization yet using the organization as the platform. We meet people who become our partners to serve the community Our commitment to society & our role in the future is crucial for betterment of lives



THE UN CONNECTION Inner Wheel is an NGO, inserted in the ECOSOC roster. It has several representatives at the UN. The original suggestion that IIW should apply to the United Nations for consultative status came in 1970 from Board Member Mrs Legarda, from the Philippines. Two years later, the ECOSOC (Economic and Social Council of the United Nations) confirmed the admission of Inner Wheel on the Roster of Organisations. The UN Representatives of Inner Wheel are coordinated every year by the current IIW Vice-President. They are our link with UN organisation, and in turn must report to UN on what we do in Inner Wheel.

The future... IW must rapidly evolve to stay relevant. It used to be that you learned your ABCs, and you were good to go. Now, you need your ABCDs, where D stands for Digital. This is our new landscape, for which we need different specialized skills. We should recognize these advancements' risks and benefits. We need to be **digitally literate**.

Honestly even those of us who say, I don't know a thing about such technology are using it every successfully. From email services to social media networks to Internet-based messaging and chat apps, there are tons of ways you can make digital connections. Inner Wheel members are the leaders of Society, they are privileged and should make the effort to improve themselves and becomes masters who can share their knowledge We need to use this space effectively for the Imaging of Inner Wheel use social media for awareness, for making IW friendship. It's not about just posting pictures of events and projects, it's also about teaching and learning.

The Wheel of Inner Wheel moves, moves to find new paths, it turns locks, opens doors. When we enter into this vast world with friendship and service, **we can create VASUDHAIVA KUTUMBAKAM the whole world is a family** Just as we nurture and nourish our family with love and care, so we will do so for the world We women have an innate ability to bond. A loving smile, a little hug, a few words of encouragement, some empathy creates bonding. There are thousands who need help; how can we ever reach out if we do not have friends. It is through Friendship that we Serve. That is the identity of Inner Wheel. That is what Inner Wheel means to me. There is an Oriental saying- **If your Vision is one year cultivate flowers; If your vision is 10 years cultivate trees; If your vision is eternity cultivate people.** Inner Wheel's vision is **eternity**. That is why we have been cultivating people for a Century, Friendship and Service, neither can exist without people.

Sources credit- for History IIW Website; Assn of GB&I website

Prabha Raghunandan
IIW ED/MM



SHINE A LIGHT

Each year, the International President presents a theme to unite members towards a common achievement. The International Inner Wheel theme for 2023-2024 is "Shine A Light" As Inner Wheel commemorates her 100th anniversary of formation, President Trish Douglas gives a clarion call to members to Shine A Light. All clubs in the world are working to Brighten Lives for the Future, and show that Mental Wellness Brightens Lives.



Bulgaria for Ukraine



INNER WHEEL SHINES A LIGHT FOR UKRAINE WAR AFFECTED

As a result of the war in Ukraine, which triggered a powerful refugee wave across Europe, many Ukrainian refugees, mostly women and children, have settled in Bulgaria. Far from their homeland and loved ones, they have been facing serious life challenges to meet their most urgent needs: providing a home, food, school for their children, access to health and social services.

Thanks to a memorandum signed on 12.10.2022 between International Inner Wheel and District 248 Bulgaria, financial support was received, through which the clubs of the district provided invaluable assistance to the Ukrainian refugees and their families by donating medicines, first-aid materials, food products and essential goods of first priority, kitchenware, training materials for children. The ladies from the clubs also provided purely humane support to the Ukrainian refugees, talked with them, expressed their sympathy for their problems and their willingness to help them where needed. 3 projects of Club Plovdiv with a total value of 1313.83 EUR

According to the signed memorandum, a total of 19 projects have been accomplished so far to support Ukrainian refugees in Bulgaria, implemented by the Inner Wheel clubs: Burgas, Varna, Dobrich, Etropole, Pleven, Plovdiv, Stara Zagora, Stara Zagora - Beroe, Haskovo, Shumen and Yambol, the beneficiaries of these projects being a total of 2592 refugees, of which 100 children.

Everywhere, while giving the gifts, the ladies of the Inner Wheel clubs were warmly welcomed by their Ukrainian friends and were excited to feel the gratitude in their eyes!

FAMAT SAMU



D 151 SAMU SOCIAL Packing



D151-SAMU SOCIAL Assembling packs



D151-SAMU SOCIAL AT WORK



D151 -SAMU SOCIAL - packs



D151-SAMU SOCIAL Packs with label



D151-SAMU SOCIAL Ready for shipping



D151-SAMU SOCIAL The bees

1000 packs for Christmas

D151 is involved in this project, which proposes three actions in one:

- Offer the heat pack
- Help the Samu Social prepare the 1000 packs
- Strengthen Inner Wheel friendship between clubs

D66 has been working for the Samu Social de Paris for 23 years and following the merger of the D66 and D67 into D151 the work continues. In 2000, it started with a personal encounter with the founder of Samu de Paris (SAMU = Emergency Medical Help Service) was Dr Xavier Emmanuelli, Nobel Peace Prize winner, of two DC, Florence Allibert from D66 and Nicole Roulet from D68. Dr Xavier Emmanuelli organised a major fund-raising day in Paris with the "Roulez Rollers" association to carry out the Tuberculosis mission, a disease declared a "Global Emergency" by the WHO. The event was a great success, but was not repeated for budgetary reasons.

Following this the D66 IWs decided to help the Samu Social from September 2001.

How?

Associating with the tuberculosis campaign gave us a concrete opportunity to become aware of the world of the excluded and we wanted to continue our work with Samu Social, convinced that the little we contributed was significant.

"I think the greatest suffering is the despondency that comes from loneliness, this feeling of being the one you don't want" Saint Theresa of Calcutta. During a meeting with Valérie Coton, in charge of internal communications, we learned of the existence of a "little Christmas" for Samu Social sheltered and homeless people.

The growth

From 24 December 2002, we contributed to the 1,000 Christmas packs that the Samaritans distributed during the night although

that year we were only able to donate 1000 pairs of socks.

One Christmas followed another: the 1000 pairs of socks were joined by 1000 pairs of gloves, 1000 hats and 1000 scarves, a set of warm and cosy woollens called the "Warmth Pack". Little Christmas has become big! Thanks from Doctor Xavier Emmanuelli:

"Thanks to you, Inner Wheel, the destitute people in great physical and moral distress whom we shelter or meet on our outreach programmes will benefit from the warmth that is so essential during this harsh winter period...I would like to thank you warmly for the support and confidence you have shown in us by being at our side to prepare Christmas for the homeless. I'm always extremely grateful for the energy you put into it." Continuity Thanks to the generosity of the D66 Inner Wheel members, this action has been able to go on. It will go on in one way or another with D151 Supplying our products, we have Mr Philippe. From the outset, following in his father's footsteps he empathised and generously provided the pack at a very reasonable price, thus contributing to our efforts: we would like to thank him for that!

The process

In mid-December, some twenty members of Inner Wheel meet at the Samu Social premises to unpack, sort and classify all the men's and women's goods received a week before. Working together on a production line, 1000 packs are put together in 6 hours!

In conclusion:

As Samu Social has neither the staff nor the financial resources, our efforts are as important as a large cheque from a major corporation. And the most important thing: strengthening our friendship by acting together!!

THERE IS A CREATIVE JOY WHEN WE SEE OURSELVES WORKING TOGETHER, CLOSE TO EACH OTHER, FORMING THIS CHAIN, MAKING A THOUSAND PACKS, A THOUSAND GESTURES, OUR ENTHUSIASM NEVER LEAVING US: THIS ACTION IS BEAUTIFUL

IW-D151-Club Paris Nord

1000 Packs for Christmas – details of the stages





AUSTRALIA



District A77 Members working together



Bendigo Members 90th Birthday



District A55 the banner parade shines a light on District Meeting



DIST A51 Members at meeting Shining a Light on Children's Cancer Research.



District A62 has been supporting "Free 3D Hands" for four years. CEO Mat Bowtell was a guest speaker at the recent IWA Conference. He designs and creates hands and assistive devices for children and adults all around the world which are provided absolutely free.

A62 Australia



D A70 celebratory luncheon for 50th birthday with her Excellency



Inner Wheel Club of Clarence have run a stall for the Cancer Council August Daffodil Days raising funds provided hope for many



D192 IWC Graz supports Hippo Therapy for Special Children for working with horses helps them in general therapy



BANGLADESH



D345 clubs planted 2000 saplings in Dhaka City as well as outside of Dhaka



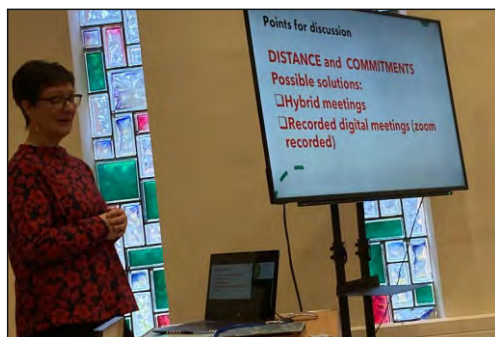
D328 IWC Dhanmondi extended financial support of 50000 BDT to one distressed family to shine a light in their life



Annual Friendly meeting for all members of Belgium and Luxembourg



GB & I



D23 Morag McKinnon presents for discussion the recent membership survey results and members suggestions on ways to enable growth for a sustainable future



D13 Digital International Rally Shone a Light on the work of MSF and International Friendship as there were attendees from India Germany and Egypt.



District 19 in GB&I collected tools which are cleaned and made good to be sent to help others in Africa for Self-Reliance



District 22 Shining a Light on their support for the Book Bus Charity in aid of schools in Zambia.



D25 supports Farmers in various stressful and life threatening situations.



D24 The members shining a light on the books donated for The Book Bus charity in Zambia.



District 12 Eastbourne Sovereign Shining a Light for Medical Detection Dogs



District 12 Eastbourne Sovereign Shining a Light for Medical Detection Dogs



District 12 Eastbourne Sovereign Shining a Light for Medical Detection Dogs



D6, Atherstone Club, selling 100 light bottles on their Christmas stall for a local charity.



D1 North Fife Inner Wheel Club are to supply 100 bulbs to each of the 6 villages



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D127 BeesFor Convention to welcome delegates to Convention 2024



The executive committee shining a light for their members in D128.



D15 Shine a Light



D18 Shining a Light on the charity Marys Meals by providing porridge for children to have a meal before going to school



D11 IWC Locks are shining a light by collecting Christmas Chocolates and Sweets ready to donate to Acts of Kindness group in their area which help



D17 Shining a light IW Torquay 2023



D5 Secretary and District Superchef, Ann, made and sold 100 Christmas Puddings to Shine a Light on Pancreatic Cancer UK



D2 project is The Debra Project which supports individuals suffering from the skin blistering condition Epidermolysis Bullosa



D192 IWC Graz supports Hippo Therapy for Special Children for working with horses helps them in general therapy



District 95 have financed and implemented a recreational program at the Health & Hope Oasis HHO Resort rehabilitation centre



D152 gives winner of IW F.A.M.A.T. LITERARY PRIZE First time authors books are judged at every D level and then all together to declare a winner



IW FAMAT walks for young people with disabilities together to enable them to fund a Young person with Potential day Handisport walk 2024



D154 IWC Dax Adour joined service clubs to manage rental of cushions for bleachers arena & financed electric golf cart to Alzheimer village



D150 IWC Cote des Megalithes with the municipal team is committed to planting 1000 trees in 6 years where they sponsor trees for every child born



D153 IWC Alger assist place for special children in Azzefoun Commune with furniture TV fridge freezers ACs and Oil bath radiators amongst other th



D151 Group of women with big hearts who raise funds and support many causes



INDIA



D307 NIRDOSH SCHOOL FOR MENTALLY CHALLENGED PERMANENT PROJECT OF IWC LUDHIANA



D306 WALKATHON BY 40 CLUBS FOR MENTAL WELLNESS



D301 Women trained to make fibre from Water hyacinth, a menace for making sarees etc



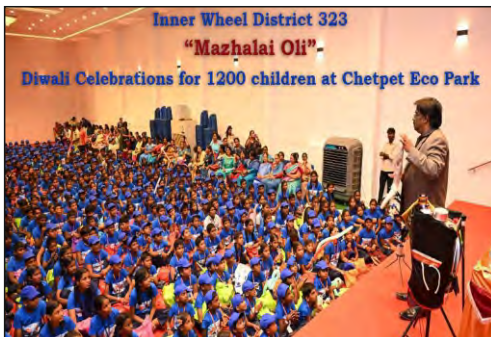
D320 IWC Cochin conducted Legal Awareness classes for school children on Drug Abuse Girl Child Sexual Abuse



D314 INSTALLATION OF 32 SANITARY PAD VENDING MACHINES AT ALL METRO STATIONS IN MUMBAI



D312 Shine a light moment that make your soul glow



D323 DIWALI celebrations with less fortunate children



D314 INSTALLATION OF 32 SANITARY PAD VENDING MACHINES AT ALL METRO STATIONS IN MUMBAI



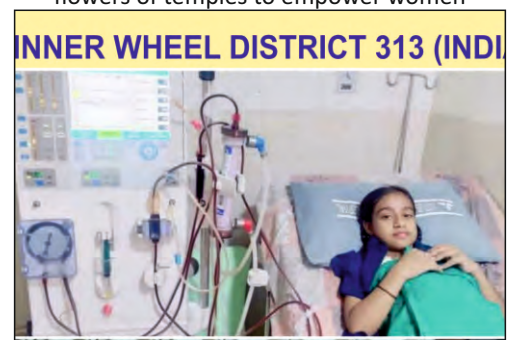
D316 Nirmalyam Agarbatti making with used flowers of temples to empower women



D310 Bicycle distribution to girls



D319 19 clubs joined to create TAB LAB with 22 preloaded tabs at a high school to help high school students make the best use of digital platform



D313 Donation for Kidney Transplantation



D309 Distributed 150 Helmets to encourage road safety



D309 Distributed 150 Helmets to encourage road safety



D318 IWC Puttur built a bus shed for passengers



D309 Distributed 150 Helmets to encourage road safety



D321 constructed a classroom, a smart room with computers and a library and 2 toilet blocks both for boys and girls separately.



D325 INNER WHEEL CLUB of Deoghar work at Leprosy Care place provided Health care, vocational training in different ways for income



D326 Employment given to 3000 women's by providing 2 Dona pattal making machine



D304 Watercooler at Public place by IWC Neemuch



D324) Shine & Smile @IWC's Centennial Year, with Shine a light



D317 Inner Wheel Club Of Jaysingpur Heritage built house for flood affected family



D329 IWC of Purulia 150 Artificial limbs donated



D303 IWC WARORA stress management session for teachers of Hiralal Ioya school



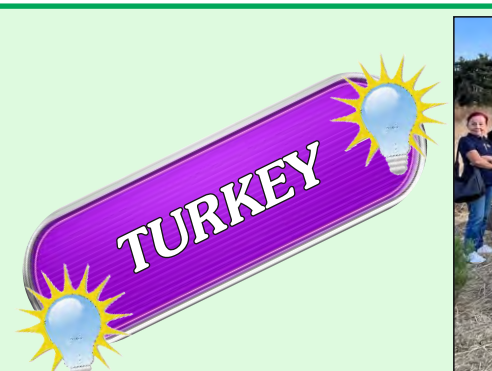
D302 IWC WALTAIR educates 13 tribal children from orphanages through school and college



D308 IWC SHAHABAD MARKANDA Donated and Installed Dialysis machine in hospital for needy



D315 IWC Secunderabad sponsored Kits for the Para Judo players participating in National Blind and Deaf Judo Championship



D244 Forest for 100th Year



D242 IW C Eskişehir Breast Cancer Awareness Project



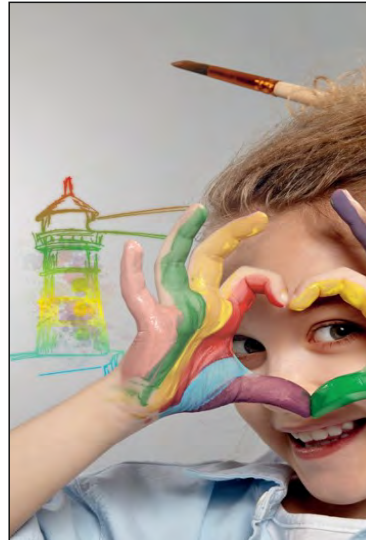
GERMANY



D86 shine a light and become a light for those who live in poverty and darkness.



D88 supports Christine Rottlands IWC Oberfrankenwerk for health food and education in Tivi Kenya Africa



The members of Inner Wheel Germany want to help and, together with Kinderlachen support children and young people in selected children's



International Contact Pool is a platform for uncomplicated and prompt communication for those who enjoy friendship across borders



D87 Lighthouse Project to help traumatized children and young people



D99 IW Stella Maris Club Haifa inaugurated a new educational centre for students in special need.

ITALY



D204 Clubs are aggregating and linking their work in the design an dimple mentation of group Service inspired by the UN 2030



D210 Paintings in the ward of young adolescents



D211 IWC CROTONE supports Casa Serena home for women in difficulty by providing necessities and psychological support



D209 Riccone Valconca Rosa dei Malatesta Supporting mothers and children in impoverished Komibinat in Tirana



D206 Italia_The importance of women's associationism



D208 some members participated in the Flash Mob in Valle Giulia in Rome against violence against women.



D206 Inner Wheel Club Verona Bee Lab Entrepreneurship education in Verona schools



NIGERIA



Inner Wheel District 911 has helped train 30 persons in vocational skills to earn a living thus uplifting the family status.



D916 Food for the needy



D910 Helping Young people



D913 Sanitary Napkins to girls promoting hygiene



NEPAL



D350 Damauli Empowered ladies break the norms and carry the dead bodies when they are left unattended



NEW ZEALAND



DNZ294 Kapiti Club is shining a light for children with dyslexia at a local school



MALAYSIA



D330 Talk on Eating Disorders by Psychologist



MEXICO



D417 IWC LOMAS DE CHAPULTEPEC pay for music classes for blind girls who become financially independent by playing concerts in churches



NORTHERN PART OF CYPRUS



D222 Baskent Lefkosa conducted Breast Cancer Awareness screening mammography ultra sound and pathology tests



PAKISTAN



D340 Medical Awareness and Diabetes testing session for students



D341 donated 50 wheelchairs & 50000 rupees to Special Childrens school



D343 IWC MIDTOWN MULTAN gave Braille Quran food items and cake to visually impaired students of School for special children



D344 water filtration and solar plant inaugurated machines snacks gifts given to orphan girls at the school



D342 made financial donations and provided stationary for students at Master Ayub school for children of labourers



REUNION & MADAGASCAR



D920 6 clubs of Reunion Islands welcomed persons with reduced mobility volunteers medical assistants after challenging sporting adventure



D327 15 clubs together refurbished Physical Therapy Unit & reconstructed Volleyball Court of Rehabilitation centre for special children



REPUBLIC OF SINGAPORE



D332 IWCSW, feeding our beneficiaries .



D377



D385 IWC Philippines -
Visit to Female Prisoners Project



D382 Trick or Treat for Special children



D381



D379



D386 like our fierce warrior Datu Lapulapu, IW members are vanguards of the youth women



Centenary Endowment
Fund Handed Over to
Centre for Handicapped
to provide Artificial Limb
on of Inner Wheel day
2024 & similarly every year





USA



D696 IWC Haines City USA Club members wrapped over 40 presents to provide Christmas presents for a needy family.



IW Club of San Leandro, District 517 distributed 100+ sets of gloves, beanies and scarves to the homeless



Donation of Books to Children Hospital



WEST AFRICA



IW clubs of Benin constructed a two storey building to provide accommodation and pre and post operative care for women suffering from obste

NDC



LEBANON



IWC Al Koura helps a school for mentally disabled by providing supplies to make biscuits, homemade jams, olives, pickles for Christmas bazaa



BOSNIA & HERZEGOVINA



Inner Wheel Club Bijeljina made cherry liqueur and apricot jam sold it and used amount for 3 charities purchase of medicines



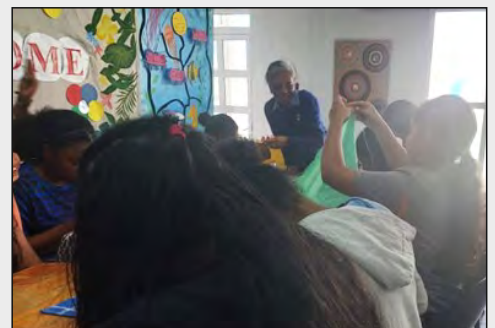
IWC Banja Luka members prepared and served lunch for the users of the public kitchen



MAURITIUS



Inner Wheel Club of Curepipe celebrated the International Childrens Day taking 20 kids from a poor region for a day out with exciting act



IWC QUATRE BORNES Sewing Workshop with young girls with problems of Forest Side Shelter in Mauritius

UGANDA

NDC



IWC Kampala Central visited the 43 nursing mothers and 8 pregnant ladies in Luzira gave Baby blankets Washing soap Soya porridge Millet flour Bucket



IWC of Kampala decided to Train Girls and Boys in Primary Schools how to Make Reusable Sanitary Pads.



NDC KAMPALA CENTRAL UGANDA

ALBANIA



IW Tirana President & Secretary '23-'24 accompanying Roma ladies during the medical check-up



IW Korca Albania will help the Autism School of Korca with what they need, so the kids can learn and play and be like the others

SERBIA



IWC ZRENJANIN earlier visited a safe house to give household appliances and will do again too

ZAMBIA



Inner Wheel Club Lusaka, Zambia donated light bulbs and electrician to fix it to the Mental Health Rehabilitation Centre.

IWC HARARE WEST Malachi Paz Foundation, Centre for Autistic and Mentally Disabled Children will electrify the Centre which we have helped build

SLOVENIA



Inner Wheel club Savinjsko Saleske doline helped families and schools after the floods



IWC Maribor are helping families that lost their home because of floods

ZIMBABWE





The cupped hands Shine a Light
For education to remove poverty
Shine a light for better health,
Shine a Light for environment
Brighten lives for the future
Shine a light for Century of Inner Wheel
Walking path of Friendship Service
International understanding around the world.

**Happy 100th Birthday
to our dear INNER WHEEL**

