



INNER WHEEL AUSTRALIA MAGAZINE

Autumn Edition

Issue 113

2022

Ebe Panitteri Martines

International Inner Wheel

President 2021-2022



**Inner Wheel Australia
Executive Committee**

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Vice President	Susan Chisholm
Immediate Past President	Elizabeth Tooke
Secretary	Anne Wettenhall
Treasurer	Lorraine Hyde

**Inner Wheel Australia
Elected Officer**

National Editor	Christine Wickes
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National Project Coordinator	Dalice Robins
Merchandise Officer	Jenni Bennet
Media Administrator	Julie Brzozowski
Directory Editor	Karen Winters
Badge Officer	Pauline Barrett
Returning Officer	Karen McKenzie
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International Inner Wheel President

Ebe Panitteri Martines
(Italy)

National Representative

Elizabeth Tooke
(Blayney)

IWA President Lynne's thoughts



Dear Inner Wheel friends,

Throughout this Inner Wheel year, we have all had to learn to deal with unexpected events. In these challenging times, we have all learnt new skills we never believed we could master but master them we did. We are women who take on challenges, who meet these with courage and determination, remembering to always hold fast to the ideals of Inner Wheel.

We are the people who step up when others are in trouble or struggling with unexpected trials. We are there for all those times when the lives of others have been impacted by disasters. There have been too many in recent times to ever have imagined but we were there because that's what we do. We are strong and determined women, we have strong ideals and purposes. We all have different and varied opinions on how we navigate through these difficulties.

Regardless of these differences, we understand and respect each other's efforts and help where we can. Sometimes that help is just supporting with kindness and understanding, other times it's with an encouraging opinion that may be different to theirs. Friends are there for life. We all come from different backgrounds and cultures which we embrace because they bring such variety and spice to our lives.

Inner wheel Australia has commenced a fund-raising appeal for those so devastatingly affected by these extraordinary floods in Queensland and New South Wales. You have all no doubt received our letter advising of this appeal. We ask of you all who have been so generous already, to in some way help again in any way possible, this request. We understand it's not always possible as we are all living in financially extended times. Your support in any other way will always be equally appreciated.

I hope you have all had a fabulous time fundraising for our IWA National Project, Cord Blood Research, "Sean's Two for Ten Walk" this month. After such a successful year in 2020-21 we look forward to a great response again. Thank you for all your dedication to our very important National Project.

On a much happier note, I hope you are all beginning to enjoy more outings and catching up with friends and family, we have missed so much. I look forward to meeting you all soon.

In friendship, *Lynne Davine*

Lynne Davine
IWA President,
iiw.au.iwapresident@gmail.com
0418 513 771





Inner Wheel Australia

President and Executive

Invite you to join them for a weekend of fun, friendship
and celebration

at

Logan Park Showgrounds

19 Howitt Street, Warragul Vic 3820

17 - 18 June 2022

Friendship Dinner



'Carnivale'

Friday June 17 2022

6.30 for 7.00pm

2 course meal

\$65.00 pp

drinks at bar prices

Dress: smart casual

Changeover Dinner

'Black & White Elegance'

Saturday June 18 2022

6.30 for 7.00pm

**complimentary drink
on arrival**

3 course meal

\$75.00 pp

drinks at bar prices

Dress: semi formal

R.S.V.P May 27. 2022

to

IWA Treasurer

Lorraine Hyde

BSB 032 528 Acc/No 149512

Ref: name & club

Email payment advice to:

iiw.au.nationaltr@gmail.com



OAM Winners

Order of Australia Medal - Recipient Pam Watkins IWC Kings Meadows Tasmania

Mrs Pamela Dawn WATKINS, Norwood TAS 7250 For service to the community through a range of organisations. Community · Board Member, John Lewis Foundation, current. · Volunteer, Old Umbrella Shop, current. · Volunteer Gardener, Franklin House, current. · Volunteer Driver, 11 years, and blood donor, 40 years, Australian Red Cross. · President and various other executive positions, Northern Tasmanian Branch, Royal Commonwealth Society, over 20 years. · Committee Member, former Vice-Chairman, and various office positions, Spurr Wings, 20 years. · Former President, Launceston Penguin Club (Speaking Made Easy). · Foster parent and exchange student host. Inner Wheel Australia · National President, 2010. · National Home Hosting Coordinator, International Inner Wheel Convention, Melbourne, 2018. · Member, and former President (several times), West Launceston and Kings Meadows Clubs, 20 years. Awards and recognition include: · Outstanding Service Award, Australian Red Cross, 2018. · Australia Day Citizen Award, Launceston City Council, 2008

Pam Watkins is one of "those unsung heroes who has neither sought thanks or recognition but deserves both".



Congratulations



Order of Australia Medal - Recipient Mavis Chugg IWC Burnie Tasmania

Mavis Isobel Chugg was awarded the Order of Australia Medal on Australia Day 26th January 2022 for her service to Tasmanian communities. As a member of Inner Wheel since 1986 Mavis worked to improve the lives of those around her and inspired others to make a difference. Having been a member of the Inner Wheel Club of Kings Meadow and Burnie Mavis went on to become the Chairman from 2011 through 2012 of the Inner Wheel District A80, encompassing all of Tasmania.

Apart from supporting the Rotary Club of Evandale, Mavis spent 42 years as a teacher, nurturing and guiding the children in her care.

Mavis was made a Rotary Paul Harris Fellow for her service to her community.

Mavis Chugg worked to make a difference in her community and around the world, touching others through friendship and this award is well deserved.

INNER WHEEL'S FLOW ON EFFECT FROM A DONATION

It is wonderful to see what our donation has started. It may be one of the best domino effects from a donation from our Fire Disaster Fund to date.

With money received from overseas Inner Wheel Clubs, Inner Wheel Australia approved a donation to three East Gippsland Fire Brigades to have External Sprinklers installed on the roof of each Station. The submission from then A62 District Chairman Kate Luxford was through investigations into where some of the large amount of donated money could be best spent. After Kate's numerous conversations with Bemm River Fire Brigade Captain Russell Pardew it was evident that Russell had a clear vision of what would be beneficial to assist with the safety of not only his own Brigade area but of many other rural communities in a fire situation.

The Bemm River, Wairewa and Goongerah Fire Brigades were donated \$40,000 from IWA's Fire Disaster Fund and had the Sprinkler Systems plus pumps installed earlier this year.

The Sprinkler System at Bemm River was seen in action recently during a visit with the District Planning Committee (DPC) and the Chief Officer of the C.F.A. and it was quite evident to them that this installation is an asset for remote or isolated Fire Stations and even Stations that are located on the urban/rural interface.

The DPC of District 11 are now proposing that Land & Building support the concept that all new or refurbishment projects on Fire Stations undergo a risk assessment to ascertain if the risk profile identifies that the Fire Station should be fitted with an external fire protection system and request that if so, this type of installation be included in those works as a matter of course.

Whilst not promoted to go to the Fire Station it was evident that during the 2019/20 Black Summer fires that communities automatically gravitate to their Fire Stations as this is where they know they will get the best and most up to date information. Therefore, the Fire Station becomes a hub for the community which brings with it a risk for life when the Brigade may be responding elsewhere. With the Sprinkler Systems installed this can now become a much safer place for not only the Brigade but for the community.

So, from one donation and one man's (Russell Pardew) foresight we may have been influential in the decision to have these Sprinkler Systems installed as a safety asset in all areas of vulnerability.

We can be very proud of this project and what it has initiated. Safety for vulnerable communities and recognition and continued work for a local business (Trafalgar) who installed and impressed the CFA and other local agencies (hospital and school) to consider an installation for themselves.

We can all give ourselves a deserved pat on the back.

Kate Luxford, CFA Volunteer of 50 years



District A40

Albany

LOCAL Project Share the Dignity works to make a real, on-the-ground difference in the lives of women and girls experiencing homelessness, fleeing domestic violence, or doing it tough. The Local representative of Share the dignity distributes sanitary items to those in need and work to end period poverty here in Australia. When a woman is doing it tough, the last thing on her mind should be dealing with her period. Share the dignity partner with other local charities for distribution.

We do three drives per year. March and August collection of tampons pad and other sanitary products. November, collection of all feminine products – shampoo + conditioner, toothbrushes and toothpaste, tissues, deodorant, skincare etc. It also coincides with Christmas giving a \positive cheer.

Membership and partner to -

Albany Community Foundation - The Albany Community Foundation is a not-for-profit organisation with the vision of assisting local people in our community who have fallen on hard times through no fault of their own. The ACF endeavours to support the local community in a wide range of activities from providing support to local individuals, families, and community projects as well as filling gaps in funding and services for existing charities. In addition, members provided and served Tea, coffee, milo with home bakes scones, slice, biscuits cake for a donation at the "Big Sleep Out" raising funds for the Albany Community Foundations annual sleep out for the homeless.

Albany Community Hospice - has been providing palliative care services free of charge to the Great Southern region for more than 30 years. We are proud to be gold sponsors of the community run Hospice.

Fundraising Activities

Crowning event was the Viewing of the Quilts Show held in April this year (having been postponed from 2020 due to COVID restrictions) Over one hundred quilts displayed over two days with light lunch, morning and afternoon teas. A substantial amount was raised for local charities. This was also a boost to Albany with public viewers travelling from Metropolitan and other Regions.



Swan Valley

District A40's International Project for this year is "Wheelchairs For Kids" – their premises are in Wangara, Western Australia. Many of our members are busy knitting squares for the knee rugs and we also have a pattern for the knitted Teddy Bears. These Wheelchairs go all over the world to help children have a better life.

Our major Fund Raiser for this Charity will be a Fashion Parade in March next year.



Eleven members of our Club attended this very interesting tour of the Wheelchairs for Kids Premises in Wangara.



This beautiful saying and the photo greet you as you walk in the door – they are part of a big three fold display of photos and sponsors. Beppie was our tour guide – she has been there for many years and works 6 long days a week!

It is amazing how many volunteers they have working there each day. All the machines are set up with templates etc and easy to operate. At the moment they are making 15 wheelchairs a day as due to Covid they cannot get them out of the country quickly - before Covid they were producing 20 - 25 a day!

The Volunteers were very friendly and willing to talk to us about their individual machine, what they do and how often they come in – usually several times a week.

Please keep making the knee rugs and teddy bears as they go out with every wheelchair.



Rossmoyne

Our Inner Wheel Rossmoyne Club is small in members but we do enjoy ourselves. Our monthly meeting commences with Finger food or Soup and Buns. This is a nice time together to catch up on how everyone is and how they have been doing the past month with COVID 19 and if they need any help.

One important part of our club meeting is passing around our "Pink Piggy Bank". Members can donate their small change and it is amazing how much there is when Piggy is full and this then goes into our charities fund. This together with our fundraising events during the year enables us to donate to our charities that we support.

This year we have supported Big Cuppa Cancer Council with a fundraising club evening. Once again, we had a very enjoyable meeting and some games that we could play if we donated a gold coin.

The call came to make donations to The Perth Lord Mayor Disaster Funds. Earlier this year the Wooroloo Bushfires destroyed 86 buildings and covered an area over 27,000 hectares. Many losing everything they owned.

We also helped with donations to Cyclone Seroja Recovery Fund. This cyclone which devastated the seaside towns of Kalbarri and Northampton was horrific for the people living there with buildings and belongings flattened and scattered far and near.

We supported the Cord Blood fundraiser "Sean's Two for Ten". As many of our members were not able to walk too far but were happy to make a donation to add to our Club donation to this worthy cause.

Our A40 International Fundraising night had a Nautical theme as the charity we helped was Mercy Ships. This was enjoyed by members, husbands and partners with many dressing up to be part of the nautical theme. With lovely food, raffles, quiz and lots of talking and laughing we had a very enjoyable evening while raising money for Mercy Ships. With our club having our 39th Birthday this year we celebrated with a Birthday cake at our International Night. Three charter members were present to cut our Birthday cake for us.



Charter members:
Adele Maten, Glenys Sharpe and Claire Brockway Rossmoyne cut the cake.



Crochet blankets for Wheelchair for Kids

We also have some members who actively support other charities of their choice. Volunteering at SJOG Murdoch Hospital helping in their Hospice care facility. One of our members loves crocheting rugs that go to Wheelchair for Kids.

Wanaroo

We had a brief shut down due to COVID 19 early on, but we have been free to move about in WA now for many months enabling us to hold meetings and enjoy social events.

In December, our major fund raising event was Christmas wrapping at a local shopping centre, enabling us to support a few chosen charities.

We gave new scarves, beanie hats, gloves and socks for the **Homeless Healthcare** and bought various toiletries to give to **Share the Dignity**

Members supported our local "Relay for Life" day, baking dozens of cupcakes for the survivors teas. Plants were donated from members and friends to replace gardens that had been destroyed in the recent local bush fires. This project was supported by other local IW clubs

We successfully applied for a grant from the Stockland Company to purchase five large cool boxes to give to a newly formed local Scout Group to keep food fresh on their camping trips.



From the Editor Chris Wickes

Are you wondering why your Club or District is not in the Magazine? The answer is simple, I can not put your article in if I have not received one.

If your District does not have an Editor perhaps you might consider offering to collate the articles for your District and sending them to me. All being equal I require reports from the clubs only for the Autumn Edition.

District A50

District A50 Project

The School of St Jude in Tanzania has been a District A50 Project since 2008. It was initially proposed by the Lithgow Club and is still supported in 2021. The school was started by an Australian, Gemma Sisia née Rice in 2003 to provide quality education for very bright, extremely poor and very committed students in and around Arusha, a city near Mt Kilimanjaro in the north of the country. It relies totally on sponsorship of funding and has grown from 3 pupils to over 1800 spread over three campuses.

Because the initial project raised so much money, the District decided to sponsor a student and were allocated Daniel Wilfred Mkylia, then 7 years old.

As the school has grown we have watched with pride Daniel, now 18, grow from a very shy little boy in Standard 1 into a very confident, wonderful young man who started his studies in Biomedical and Electrical Engineering in November 2021.



Wow has he grown!



Bathurst



Sandra Jackson, our president in 2020-21, presented a donation to Daffodil Cottage, our local cancer treatment centre. Money was raised through the generosity of our members- proceeds from several mini raffles held at our monthly meetings when COVID 19 restrictions permitted.

Dubbo

Our monthly dinner meetings, catered by our clever members on a roster basis, raise funds for local organisations. We have supported the Dubbo Community Kitchen and Orana Support Services. Both these organisations provide much needed assistance to vulnerable members within our community.

District A51

Belrose

AN OPTIONAL WAY TO RAISE FUNDS FOR



OUR NATIONAL PROJECT CORD BLOOD RESEARCH

These nine club members of A51's Belrose Inner Wheel have all happily served IW for over 25 years, most having been Charter Members of our 28 year old club. Consequently they are eligible to be awarded the "25 Year Pin". But, as none of them would actually wear the Pin, it makes the purchase a bit superfluous.

Belrose Club is donating to Cord Blood Research an amount of \$135 for the pins (which we will not buy, and retail at \$9 each) – benefiting our national project with this simple donation.

Perhaps some other clubs might like to help Cord Blood Research in the same way, for the same reason.

To know that we have enjoyed the great Fellowship of Inner Wheel for so long is reward in itself.



Left to right: Liz Ralston, Val Gibbs, Robyn Wood, Lesley Hackshall, Jennifer Furness Pamela Cunneen, Janet King, Lorraine Nicol, (inset) Lorraine Wilson - 7th June, 2021

District A53

Hawkesbury

Thoughts and prayers go out to everyone impacted by the floods. A horrendous time for so many people.

Thinking of you Jenni Rose, Sue Pedersen and Robyn Brierley. 12 months ago, our communities were devastated with bushfires and then floods. The beautiful Hawkesbury is a resilient community who work together in hard times. Stay safe everyone!

Photo Front Cover is Robyn, Bob and the Brierley families holiday home on the river. Only the roof showing.

And yet they find a reason to smile.



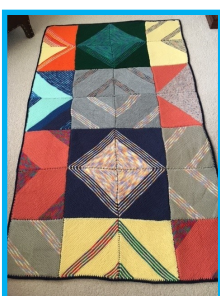
**That's real
Resilience!**



The Hills

Our President's charity this year is the Smith Family and we have also been donating food packages to the Reach Foundation Food Pantry to help with struggling families.

We continue to support Wrap With Love and our club has put together 42 blankets since August last year – a big indication of lots of spare time. We are looking forward to being able to hand them over so they can be distributed to people in need.



Wyong

Last August President Robyn Murray suggested a virtual club fundraiser for CMRI's (Children's Medical Research Foundation) annual 'Jeans for Genes' fundraising day. Wyong Club members have been wearing jeans to their August meeting and donating to this wonderful organisation for over twenty years. As well as making a donation, members were asked to create themes to celebrate the day.

Fun photos, poems and limericks depicting jeans, decorated gingerbread jeans, blue-iced cupcakes, ready-to-wear decorated jeans, as well as COVID masks made from old jeans were published in the club's monthly newsletter. Treasurer Margaret penned this:

'Jeans for Genes' Day

You know what this means:

Making an annual donation

However small it seems

It will help to fund important research

To fulfil medicos' dreams.

Our little ones deserve to thrive

So please give that researchers can strive

To discover a simple injection or way

To cure children born with faulty DNA.

So in August wear your jeans

And donate to 'Jeans for Genes'

Any colour or design will do -

They can be scruffy, torn or baggy,

Loose, tight or scraggy

Ask your friends and rellies, too

To be a 'jean-ius' like you

Wearing those old jeans, having fun
and looking daggy!

Wyong members Lorraine and her mum Olive donned their jeans and enjoyed a brief catch-up on 'Jeans for Genes' Day.



District A61

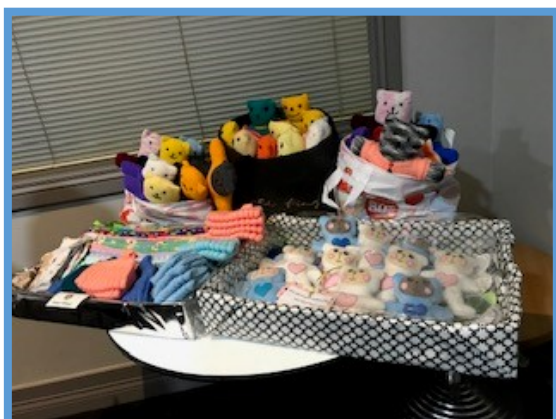
Boronia

Inner Wheel Club of Boronia, Victoria has come out of lockdown for the sixth time over the past two years. This has impacted on our ability to fundraise during this time. We resorted to Zoom coffee meetings, cup in hand ready for a chat and zoom club meetings with most members being quite comfortable doing this. The ongoing lockdown did impact on some members' wellbeing while others resorted to picking up their favorite crafts and enjoying their hobbies.

Last year we held an E-Christmas Cake drive, which was well supported and enabled our Club to donate funds for the purchase of fruit trees for those impacted by the bushfires in the Bairnsdale area in Gippsland with a group of our members there to personally support this community.

Our Club over the past several years has supported the A61 District Project currently Bwindi Community Project in Uganda, the EDVOS (Eastern District Violence Organization) initially funding a program and later donation of funds. Life's Little Treasures Foundation, Support for families of premature and sick babies with members making items of clothing, soft toys etc. for distribution. Cord Blood Research and Days for Girls with donations for their ongoing work.

President Sharon O'Regan and members looked forward to March 2022 as we have planned a Barefoot Bowls Night complete with sausage sizzle with funds going to Bwindi. This was our first fundraiser for the year.



Kinglake Rangers

In August each year, the **Inner Wheel Club of Kinglake Ranges** sell daffodils at the Kinglake Rotary Market, to raise money for the Cancer Council of Victoria's Daffodil Day Appeal.

Last year, the Market was unfortunately cancelled due to COVID concerns, so we approached two local businesses, to have the daffodils outside their shop.

Flying Tarts Café in Pheasant Creek and **Foodworks Supermarket** in Kinglake were happy to help out.

So, on Saturday morning, an enthusiastic group of members arrived at the Burns' daffodil paddock to begin picking.



Rugged up, ready to brave the cold Kinglake morning, they were pleasantly surprised by the beautiful sunshine.

After picking 1500 stems (phew!!) the daffodils were bunched and delivered.



\$475 was raised, and will be donated to the Cancer Council of Victoria. What a fantastic effort!!



Williamstown

Living in an inner city suburb of Melbourne during COVID times the past couple of years has been a challenge, but when able we've enjoyed each other's company and had some successful fund raising events. Our Club supports a number of worthy causes locally, nationally and internationally. To highlight three that have been supported.

StarFish Nippers Trampoline - Our Club Raised Half the cost of an Inflatable Trampoline with Funds Raised at a Bunnings BBQ



Starfish Nipper Program operates from October to March and is an inclusive and fun community environment at Williamstown Swimming and Lifesaving Club. It has been in operation for four seasons. Starfish Nippers started with four young locals and has now grown to twenty young school age, high needs children from the Hobsons Bay community. All Starfish Nippers experience a fun learning environment to establish the safety and rules going to the beach and developing lifesaving skills with a 1:1 mentor (volunteers-members of the lifesaving club) for one hour on a Sunday morning.

It provides an hour of respite for their parents and siblings, allowing families time to interact with other families who have similar experiences. This interaction allows them to share their experiences and support services that each of them may have.

Cancer Council Daffodil Day – Fund Raising in Inventive Ways during Lockdown



Our Club has always supported Cancer Council Daffodil Day. This year gave us a challenge as we were experiencing yet another Covid lockdown in Melbourne and had to change our fund raising plans at the last minute. Just because we couldn't gather together was not a deterrent to our fundraising effort. Members placed orders for bunches of daffodils by emails and paid by direct debit into our bank account. On the day, deliveries had been placed in zoned areas and delivered by The Daffodil Day Team to members' homes. In true IW spirit members used this opportunity to buy bunches

some sunshine and love into the lives of those they were thinking of while living under restrictions.

International Project - Bwindi Shop – Funds Raised at the Club Annual International Night



Our Club has supported this project for the past five years. For the past three years this project has been taken up as the A61 District International Project. This purpose built shop will sell a wide range of products created by the women. These women create the sewing products and woven basket ware which is sold to tourists who visit the Bwindi Hub in Uganda. This shop will display and sell handmade products of high quality to the tourists and local businesses. The women are very proud of their skills and finished items.

Terrigal

Thanks to the generous action of Gostford North Rotary Club who kindly gave us half share of two months' profit from 'The Money Spinner' at a local shopping centre. Due to previous morning teas, raffles, trading tables, and donated goods, we were proudly able to assist many worthy charities. The Women's Refuge–Coast Shelter, Camp Breakaway, Breast Cancer, Mary Mac's, CoastCanCare, R.D.A., Cord Blood, Terrigal Rotary's Backpacks, naming some of them. Hopefully we will all soon be able to be together again and back to assisting the organisations that SO need our help! Like everyone, we have greatly missed that personal interaction with each other.



District A62

A62 District \ Project 2020 / 2022

District A62 is in the second year of tenure of our current District Project, MS Research submitted by the Inner Wheel Club of Pakenham, and International Project, Free 3D Hands submitted by the Inner Wheel Club of Phillip Island.

District Project “MS Research”

MS is a complex disease, affecting many, especially women, it is difficult to diagnose and challenging to manage. There is hope that many research projects which focus on different aspects of MS can lead to improved monitoring of the disease.

The Research project we support is “Blood Platelets as a novel Therapeutic Target” conducted at Latrobe University by Senior Research / Investigator Dr Jacqueline Orian. The aim of this research is to target platelets in early disease that may slow down the degeneration of nerves thereby potentially the progress of MS.

We are very proud to have been named by MS Research Australia as a “Funding Partner” for this amazing research project, and recently were delighted to have Dr Orian as our Guest Speaker and also Julia Hall MS Senior Manger MS Australia, at A62 Chairman Alwyn’s Zoom luncheon, giving us an insight into her teams work, over the past five years.



Once again, even with COVID restrictions, the members of A62 have shone through with innovative fund raising ideas. One of the many on the calendar was Pakenham’s Hat & High Tea supported by many District Members.

With elegant china, beautiful table decorations, delicious delicacies to consume, classy hats for all occasions on display, along with Kim Fletcher, Official Milliner for the VRC as Guest Speaker. Fascinators were created under the watchful eye of Kim, and some of us were lucky enough to take home a pre loved designer hat, or hats!! It was the perfect recipe for a successful and unique fund raising event.

In our first year of this MS Research Project, with thanks to our Eleven Clubs fantastic COVID restricted efforts; we were able to donate the substantial amount of \$12,426.02.

International Project “Free 3D Hands”



Mat Bowtell is the founder of Free 3D Hands, a charitable organisation, working from a warehouse on Phillip Island with his dedicated team. With the number of one in ten thousand children born with a hand difference, his aim is to make lives for some a little easier. He has received numerous awards and accolades for his charity work and recently showcased his 3D Kinetic hand on Chanel 10’s “Advancing Australia Programme”.

He is an engineer who wanted to do something positive with his skills, and made one hand for little Eli, and did not realise producing that first Kinetic hand, and seeing that smile would change his life forever. Prosthetic arms and hands made traditionally are very expensive and children out grow them very quickly, funding can be difficult in developing countries.

“Free 3D Hands feel it is the responsibility and obligation for society to look after disadvantaged members of the community, and families should not be burdened with purchasing devices that will improve one’s quality of life”

Using a cornflour based component and 3D printer (started with one printer now has 6) to produce the Kinetic hands, in all colours even rainbow, the amount produced and distributed around the world to the lucky recipients would now be in the thousands, just to allow children to be able to skip rope, play the guitar or just throw a ball, and in Thailand

they have taken up the design to produce hands for sufferers of Leprosy.

All hand designs are released under open licence to encourage further development in the field, with the latest being downloaded over 2000 times freely across the world. The 3D charity collaborates with Orthopaedic Surgeons, Occupational Therapists, Support Groups and progressive Bionic Companies globally.

During the last year Mat and his crew have been working on developing a low cost Bionic arm to be as accessible to those in need, and to be as obtainable as the Kinetic 3D hands have been worldwide.

Free 3D Hands went to the Opening Ceremony of Paralympics in Tokyo, with Nika Tvaure a member of the Georgia Swim Team, who made a video and put it on Facebook thanking Mat and his crew for everything they have done for him. This was a great endorsement of this organisation.

Due to the great effort of A62 Members, even though they were in and out of COVID lockdown they were able to hold Club functions, e.g. luncheons, high teas and many tried and true Inner Wheel activities to be able to donate the amazing sum of \$8002.40 for the first year of the tenure. We are hopeful that we will soon have the opportunity to work on our second year of fund raising events.



District A70

Five hardworking clubs make up District A70 (South Australia).

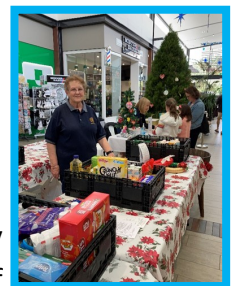
Each Club undertakes a variety of fundraising chosen by the Club, in addition to the District's fundraising which is centred on the National Project for Cord Blood Research. All five clubs took part in Sean's Two for Ten in 2021, holding walks instead of or after their monthly general meetings. This was a fun and healthy activity as well as being so very important to raise funds for Cord Blood Research.

The Inner Wheel Club of Holdfast Marion

Over the past 22 months, Holdfast Marion has been fortunate in only having to cancel two meetings due to Covid-19, although there were restrictions on the numbers they could have. Hence guests were often limited. They have been lucky that the only restrictions they have had to contend with are masks, distancing and other common-sense precautions.

Holdfast Marion continued supporting the MarionLIFE community programmes by collecting non-perishable grocery and hygiene items from members who donate goods on a regular basis. These goods provide emergency supplies for people in need. At Christmas time Holdfast Marion donated money for Marion LIFE's Christmas Hamper programme.

*Holdfast Marion President
Christine Edwards collecting
groceries for MarionLIFE*



The Club also had the opportunity to work with the Rotary Club of Holdfast Bay in their food drive for local churches. Food items were collected from members of the public outside a Supermarket. The shoppers were given a list of items needed on their way in, and the people donated what they could on their way out. The response from the public was amazing.

The Club has been invited by the Holdfast Bay Rotary Club to join them selling at a sausage sizzle from a specially designed caravan at the local Secondary School, every third month. For that they get half the takings. This had to be cancelled from time to time.

In June 2021, Holdfast Marion had a speaker at their Club who has established a Charity to provide everything required for babies up to children aged 17, who are in need after suffering trauma or are in danger. The Charity is called 'Treasure Boxes' and headed up by CEO Rikki Cooke. The Club presented her with a cheque on that occasion in June. On 29 September the Club held a very successful Spring Fashion Parade and was surprised to have 90 people attend. The money from this function will go to Treasure Boxes also.

The Inner Wheel Club of North East Sunset

President Jenny chose the Animal Welfare League (AWL) and the Zahra Foundation to support during 2020/21 and 2021/22.

North East Sunset was able to tour the wonderful new calming, friendly and safe purpose-built cat facilities of the AWL. North East Sunset was really pleased to be able to give a monetary donation as the AWL headed into peak kitten season. In October 2021, a very successful movie fundraiser was held with the funds raised also to go to the AWL.

The Club also heard the harrowing tale of family and domestic violence from CEO Arman Abrahimzadeh which led to the establishment of the Zahra Foundation, named after his mother. The Foundation provides financial counselling and education through their pathway to empowerment programs. Again funds were raised primarily through another extremely successful movie fundraiser.

Overall, because of Covid, movie fundraisers have been the main source of fundraising for North East Sunset with "lucky squares", meeting raffles and donations from members also being important.



North East Sunset members in October 2021 outside the Animal Welfare League's new purpose-built headquarters.

The Inner Wheel Club of The Adelaide Hills

As in past years, members of the Inner Wheel Club of The Adelaide Hills donated groceries for a local Church's Christmas hampers. Members also donated through purchasing tickets for the District A70 raffle to raise funds for Cord Blood Research.

In April 2021, in conjunction with The Adelaide Hill's 21st Birthday celebration, a Fashion Parade with garments provided by an Adelaide Hills fashion store was held at Auchendarroch House. The function was extremely successful with many District A70 friends and contacts joining the Adelaide Hills Club for a most enjoyable morning, including morning tea, followed by lunch. At that time Covid restrictions in South Australia were reasonably relaxed allowing guests to mingle with minimal restrictions.

For their September 2021 meeting President Marilyn Schultz, organized a trading table prior to the meeting – a great idea. It was extremely interesting to see what each member brought along and, amazingly, how quickly items were picked up. A wonderful idea and much fun!

Consideration is ongoing as to where their fundraising efforts will be distributed.



Fashion Parade models (L to R): Louise Lesnicki, Chris Houlson, Coralie Nicolson, Karen Grantham, Sandra Tierney, Janet Woolman, Tiffany Royal, and Rae Heanes

The Inner Wheel Club of Mobilong

Recently, Mobilong has not done much fundraising, but they have been collecting bread tags and foil tablet containers for recycling projects for Murray Bridge Rotary Club. They are collected at meetings and passed on to the Rotary Club through IW member Jenny Phillips who is also a member of the Murray Bridge Rotary Club.

Money is also raised through raffles at meetings. Some meetings are extra fun, for example, in June 2021, the Club held a Royal Night. Everyone dressed in their formal clothes, with one member, Joyce Medlow, dressing up as the Queen.



Mobilong ladies having fun at their Royal Night.

The Inner Wheel Club of Tea Tree Gully

Due to the Covid pandemic and the many people suddenly thrown into desperate need after loss of employment, the Tea Tree Club chose Foodbank SA as their major charity for the years 2020/2021 and 2021/2022. In July 2021, they were able to donate the equivalent of over 4000 meals to this charity for families in need.

As SA went into and out of lockdowns, the Club decided it was prudent to run several smaller fundraisers which could be readily cancelled at short notice, rather than one or two large ones that may have had to be cancelled within 24 hours' notice, and after they had expended substantial funds on the preparations.

They decided to try to sell things, and had a Kytons' Bakery drive prior to Christmas 2020, selling specialty items. They repeated this in February 2021 for Easter goodies.

They ran a trading table at one meeting, selling baked goods, fruit and vegies, plants, books, personal care items and anything basically that may become someone else's treasure.

The Club also ran a movie session. One of the Club members hosted a morning tea, which members paid for and enjoyed a pleasant time socialising. They also added on \$4 pp to their Christmas dinner cost to easily raise money for charity.

At every meeting they also run a raffle where the prize is donated. The Club also hosts a Biggest Morning Tea each year, with all money raised being forwarded to the Cancer Council.

Additionally, the Club informally supports Backpacks for SA Kids with donated items, and also donates a small amount to speakers that come to share about a charity they are involved with.

For the Club's Christmas Charity 2020, they donated personal care items to be gifted to the ladies residing in the local Domestic Violence Shelter. This year, they will be collecting non-perishable food items to donate to Foodbank SA.

An extremely busy and generous group of ladies!



Tea Tree Gully's Trading Table.



Foodbank SA van



District A77

Brisbane North

President Carol Leech took over the reins in July and due to COVID, our August meeting was held via Zoom. However, since then we have had two coffee mornings and a 'Girls Night In' where 6-8 participants met in two members homes and enjoyed friendship, food, and company whilst watching a film. Our main fund-raising activities for this year will be an evening stall on 4 December and a fashion parade on 30 April, with proceeds going to Mercy Ships and Cord Blood. We are also planning for our club's 20th Birthday Celebration.

Coffee Morning at
Creame & Cream



Broadbeach

Broadbeach IW held their Changeover with "Christmas in July" Theme. A fun night for all.

Our Club inducted two new member last month.

Suicide Prevention Day was held recently. Our Club has supported for years by catering for delegates. This year is the last time this Conference will be held, members attended the opening ceremony. Raylee Taylor acknowledged our support over the years. Members then continued then enjoyed delicious Devonshire Tea at a Coffee Shop.

Bundaberg Sunset

The Inner Wheel Club of Bundaberg Sunset likes to raise money and support local charities within our town. Due to COVID we haven't been able to run a large fundraising event but the members are very crafty and enjoy making and selling these items. The members will look for any market or craft fair to attend. Some of the local groups that have received donations from our club include, Angels Community Group (Make school lunches), Hinkler Lions Group (Mobile Homeless Shower/washing facilities), Bundaberg Municipal Band and our members donate every August and November to Share the Dignity (Period products for "It's in the Bag").

Gold Coast Nth

Several years ago, members of our Club became aware that there were some children who, because of their family experiencing financial difficulties, were missing out on participating in school camps or other similar extracurricular activities, or even in some cases unable to afford to purchase uniforms and books.

Consequently, for many years now our Club has been donating funds to 4 local State Primary Schools in our area to assist children in this situation. In recent years we have successfully applied for Community Divisional Grants to help us in this project.



Hervey Bay

Recently four of our club members, President Jenny Coleman, PP Liz Godfrey, Jenny Rowlands and Trish Robertson visited Torbanlea State School. The school is a local primary school with around 268 students. Our club believes fostering an interest in music is an essential part of a child's education, and to this end we have happily donated to the school for the past four years.

Our donations have gone towards buying various items for the music department. This includes a drum set, several ukuleles and six music stands. On our visit we were fortunate enough to hear some of the students do a recital for us. They are the most appreciative bunch ever – and it is always a delight to pop in.



Sunshine Coast



September 2021, saw Sunshine Coast Club hold a Fundraiser for A77 District International Project - Mercy Ships with a Jewellery Auction and High Tea, a very successful afternoon with 40 guests from the Club and District enjoying the Objects - Friendship and International Understanding.

Members enjoying High Tea



Toowoomba

Creating Fiddle Rugs and muffs for dementia patients whilst drinking tea for Motor Neurone Disease (DT4MND) proved a wonderful way to wile away a Sunday afternoon. For those who gathered, friendships blossomed, personal service was accomplished with fiddle rugs and muffs on the way to completion. Our knowledge of Motor Neurone Disease was deepened all thanks to Kathy Graham our guest speaker. Well over \$765 was raised on the day, and with additions to this we could donate \$1000 to Motor Neurone Disease. Overall, a wonderful afternoon.



District A80

Certainly fundraising projects have tested our ingenuity in the last year. Tasmanian IW clubs did their best to give donations to causes of their choice.

IW Club of Burnie

Members "walked the streets" of Burnie for the Cord Blood fundraiser and enjoyed raising funds for the Royal Flying Doctor Service.

A Bush Picnic held by IW Burnie and held at the Flowerdale Lobster Ponds, raised funds for the Royal Flying Doctor Service



Clarence

IW Club of Clarence decided to use the local Handmade Maker's Market to raise their profile by designing Scrap the Cat. This cheerful fellow, made from scraps of coloured material, lent a light hearted atmosphere to their stall but more importantly all proceeds were donated to Tasmanian services supporting women and children at risk. The womens' shelters in Tasmania are currently trying to cope with too many demands on their accommodation, partially caused by extra numbers of family breakdown due to the stresses of COVID19.



Scrap the Cat raised funds for Tasmanian services supporting women and children at risk

Some of IW Clarence's members hard at work creating Scrap the Cat in large numbers and in Many colours, designed to appeal to many tastes!



IW Club of Hobart Sunset

Were able to donate \$2500 to the Richmond Foundation, which supports people experiencing mental health problems.

IW Club of Kings Meadows held a very successful Biggest Morning Tea in support of the Tasmanian Cancer Council. This has been a very regular fundraiser for this Club, contributing a considerable amount for this wonderful organisation.

IW Club of Mersey, after learning about gastroparesis and how debilitating it can be, gathered items for a pamper pack and were able to use donated goods from a local business.

IW Club of Tamar Valley chose to provide bags and toiletries for the Crisis Centre which assists both men and women.

HONOURS FOR TASMANIAN INNER WHEEL WOMEN

District A80 are proud and happy to announce two of our members were presented with a Medal (OAM) in the General Division in the Australia Day 2022 Honours List and congratulate them.

Mrs Mavis Chugg, Relbia. For service to the community through a range of organisations.

Mrs Pamela Watkins, Norwood. For service to the community through a range of organisations.

Gosford North

Our club has continued to support a local charity and high school throughout these difficult times of COVID and our severe lockdowns on the Central Coast of NSW.

WE CARE CONNECT-WCC

WCC is a local charity that collects baby items, clothing for babies, children and teens for families in need/distress. The goods are distributed to these families by social and case workers from various welfare agencies. We support WCC through donations of money, hand-made quilts, baby, children's and teenager clothes and baby items such as cots, linen and disposable nappies. We also have made over 150 large cloth sack bags that WCC packs full of clothes, a toy, books and sometimes a quilt for each child.



Because of the severe lockdown on the Central Coast the calls for assistance from families in distress has increased dramatically. We have taken 2 carloads of items to a safe collection point, and we continue to collect underwear, socks, toys and quilts for them.

Our Club President Anita Venn, Susan Gaze and WCC staff receiving a cheque and bed linen, quilts and mattress protectors.



NG CENTRAL SCHOOL

NG SCHOOL is a local High School for students who struggle in mainstream education usually because of family breakdown, drug and alcohol issues and homelessness.

Covid Lockdowns have particularly hit the students hard as they often don't have the resources to access remote learning and for many students the school is the safest place in their daily lives.

We were able to donate money for the purchase of tablet computers for the students to assist with them staying engaged in education and safe during lockdown.

At our last ZOOM Club Meeting we also voted to give the 13, Year 12 Graduates a Kmart voucher to buy **"a job interview outfit"**. We have been supporting the students in this way over the past couple of years, but this year's cohort is the largest so far. A sign of the success of the school of keeping students engaged and motivated to obtain their HSC and improve their outcomes post school.



Andrea Cingi, School Principal, along with the students sent us this photo and their thanks for their new tablets.



www.innerwheelaustralia.org.au