

# Inner Wheel Australia Magazine

Summer 2016 - Issue 94



Inner Wheel Day
Around the World

10th January









Unique & United
International
Inner Wheel Theme
2015-2016

## A little message from the Editor



Welcome to 2016 – the Year of the Monkey!

I am delighted to bring to you the Summer Edition of the IWA Magazine; however I must confess it has been

somewhat of struggle trying to contend with the Magazine, the Australian Open Tennis, the Cricket and, of course, the heat and the storms that are synonymous with this time of the year.

Nevertheless, missions are now complete in many fields. The magazine continues to grow and evolve as District Editors, Club Correspondents, and yours truly become familiar with the new format, new deadlines and change in general.

I sincerely thank all for their efforts over the Christmas/New Year break – remember it is not compulsory for clubs to contribute to the magazine each of the three times requested – that is their prerogative, and you will note that not all clubs have contributed this time. I am sure that most wish to share ideas, news and achievements – many of which have been amazing.

As stated previously, 'doing' photographs are fantastic! Just one little plea though, please! Can you please make sure your photos are clearly identified? It is a little confusing for me if I receive several photographs named IMG 0012 or the like.

Also would the District Editors please make sure the club contributions are kept to the requested 75 words. Lengthy contributions do, of course, increase the size of the magazine. In the future, these overzealous reports will be returned to the District Editor to be précised!

Comment has been made re the length of the magazine – it is in fact very close to the same length as the previously printed copy. For those requiring a printed version, explore the possibility of using the facilities at the office of your local Member of Parliament. I believe many offer photocopying facilities to volunteer and community groups. Plus this would help spread the word about Inner Wheel and what we do!

Ladies, enjoy the read, enjoy each others achievements and remember we are 'United & Unique' within this wonderful organisation.

Till next time and as always, hugs.

Lesley.





## Albany

## **President: Kay Bolger**

We enjoyed friendship and fundraising in 2015. Successful fundraising enabled us to support numerous causes and guest speakers from our local community and beyond, added interest to our meetings.

"Bring and buys" to sausage sizzles, enabled us to help those supporting the homeless, comfort to those suffering Dementia and Alzheimer's, and help spread the joy of Christmas by donating children's' gifts to the Salvation Army. We look forward to an active year of service in 2016.



Making fabric stars to provide funds for wigs for Cancer sufferers.

#### Avon

#### **President: Ann Gibbs**

The Inner Wheel Club of Avon finished 2015 on a high note by hosting the District A40 Meeting on Saturday 31st October 2015 at the Northam Country Club. Avon members opted to cater for the event as a

club fundraiser and it was 'all hands on deck' to provide our District visitors with a delicious cost effective luncheon.

Past President Debbie Hughes played guitar before and after the meeting with many of the ladies joining in for a 'sing a long'.



#### Gosnells

#### President: Josie Jamieson

Our Christmas meeting is always one of good cheer with fellowship over a lovely meal at the Bowling club. Those less fortunate are not forgotten with donations collected on the night for a local charity.



International Inner Wheel day was recognised by members with a most enjoyable breakfast at the Pagoda restaurant.

My Rose.

We look forward to an interesting year ahead with our birthday meeting in March dedicated to Days for Girls charity.

## Kalamunda President: Dorothy Smith

Our Club celebrated 50 very good years of service in August, with a party held at the Core Cider House. Many well wishes attended this great day out. Other Clubs please take note.

The Lunch and Learn was very good this year, really informative. Our Christmas was a great night, lovely food and a very interesting Raffle, where if someone won a prize, someone else could take it from them.



Members from Kalamunda celebrate Inner Wheel Day with other WA Clubs.

## Kalgoorlie-Boulder President: Diana Williams

We held a Cabaret to raise funds for President Di's Project which is Full Circle who provide support and therapies for children and families living with autism. We helped our Council by manning a Children's activity stall where we get covered with glue and sparkles while the children make Christmas decorations to take home.



Glue and sparkles.

Our Birthday was celebrated with Chairman Tish, VC Carol and friends with a French theme to show our support for France.

## Karrinyup President: Beverley Cordier

At our September meeting we welcomed Gary Flanagan who joins Tom Morison as a special member of our club. Both are so welcome and dearly loved by all the oldies.

Members donated Christmas toys for Charity Link, hoping we could help make some underprivileged children smile.

Christmas luncheon was held at the WA Golf Club. Great company and a superb lunch were enjoyed by all

Supporting the Days for Girls project and continuing our breast cushion sewing bees for 2016.





Christmas gathering.

Christmas Hat!!

## Mandurah President: Jean L 'Estrange

With monthly meetings, thought provoking guest speakers, our regular coffee mornings and one of our major fundraising activities, our Bunnings Sausage Sizzle, we have been busy.

We got together just before Christmas for lunch and then went to a show at the local performing arts centre. We celebrated Inner Wheel Day with an early morning breakfast at the home of one of our members. It was a really relaxing time after busy Christmas activities.



Mandurah celebrates Inner Wheel Day.

#### Melville

## **President: Ednamay Foston**

A Melbourne Cup Luncheon was held at the home of our newest member Maxine and husband Evan. Lots of fun and food. Definitely on the radar for this year.





Our final function for 2015 was held on the 2<sup>nd</sup> December at the home of Secretary Joan.

A presentation was made to Melville Cares. A big thank you to Joan and Mike for another great night. This sets us up for a great year to follow.

## **Rockingham Kwinana Districts**

President: Deryl Wallhead

October Meeting was our AGM and Birthday Month, and we were lucky enough to have a visit from Eleanor Harcus from Scotland, who is from the Inner Wheel Club of Nairn in District 1.

December we had our Annual Christmas Dinner at the home of Pam and John Simmons and were fortunate to have a visitor join us all the way from Wales – Mrs Nancy Evans from the Inner Wheel Club of Carmathen in District 15.

## Rossmoyne President: Hazel Berger

A fun night was held on 7<sup>th</sup> November 2015. Lots of raffles and spot prizes and of course delicious food and good company raised \$500 for our charity

account.

At our December Christmas meeting we were happy to have Chairman Tish Darch and Dot Healy come and join us for our last meeting of the year.



Plenty of Christmas food and Secret Santa presents for everyone.

## **Scarborough** President: Heather Percival

Our year has been friendly, interesting and rewarding. Fund raising from a theatre Night, Swap Mart Stall has enabled donations to Life Care, Days for Girls, Wheelchairs for Kids, Care Flight, with Christmas Hampers for Uniting Care and St Vincent de Paul.



Three club members enjoyed the Warrnambool Conference, one as head teller. We all enjoyed our meetings, morning teas, a Christmas function at Tivoli Theatre and Lunch with Whitfords Club to celebrate Inner Wheel Day.

## Swan Valley President: Lorraine Reed

The New Year saw our members first outing by joining the Whitfords club at the Grapevine in Heathridge for a social luncheon.

Our ladies are building up a fabulous friendship between them. If you have a friend who lives in the Swan Valley area we would be pleased to welcome them to our Club. District clubs are also welcome to visit us at the Mallard Duck Café - second Friday of the Month. Contact our Secretary.



## Wann-Garra President: Josephine Treby

Guest Speaker for October was Debbie Singh, who raises funds for a Thailand orphanage. She had beautiful jewellery made by the local Thai people selling for very reasonable prices, which were scooped up!

December gift wrapping at a local shopping complex went well. We asked customers to donate a gold coin for each gift, which goes to charity.

Our Xmas party combined with a few other organizations was most enjoyable. Our Club supplied all the desserts

## Whitfords President: Robyn Wickham

Our Christmas wrapping was again very busy and is so much appreciated by the shopping public. Our bonus is we all enjoy it.

International IW Day we were in company of four other clubs at our usual local restaurant. Good company, good food and lots of raffle prizes. We all enjoyed a lovely day.



Our thoughts are with the people south of Perth who have suffered so severely with the recent devastating bush fires.



District A40
promotes
Inner Wheel at
the "Have a
Go Day",
Burswood
Park.



## **Burnie** President: Beverley Vincent

Christmas was celebrated with Christmas lunch at the picturesque Emu Valley Rhododendron Garden.

Mother Claus and her "little" elf arrived and presented gifts to everyone. The money raised from the Christmas envelopes was donated to Riding for the Disabled.



In recognition of Inner Wheel

Day, the club will donate money to the Women's Shelter.

#### Clarence President: Maree Godleman

Members have been very busy organizing events to

support our fundraising target for 2015 - Juvenile Diabetes. These included a 50s Swing Music and Devonshire Tea that attracted nearly one hundred people; a Melbourne Cup afternoon tea where plans were made



Swing Dance Demonstration.

for the November Trash and Treasure run by Lindisfarne Rotary.



These included a Christmas raffle to be started on that day and continued for two days selling tickets outside Woolworths.

Raffle ticket sellers Janet Henderson and Chris Horswill.

The year was finished in style with a Christmas dinner held at the Beltana Bowls Club.

Certificates of Appreciation to Pat Gillespie, Kathryn Grey and Anthea Hamnett.



**President: Bev Ritchie** 

### Deloraine

A visit from Christina Henri, the Bonnet lady, told how she had become involved in the making and showing of Convict Bonnets. She had shown the Bonnets during a recent study trip to Ireland, and exhibited at the Deloraine Craft Fair and the Folk Museum. The club made a donation to help her travels.

A tasty Christmas lunch at the '50's Diner', was followed by a treat of fresh raspberries from PP Jennifer Axelsen. Members were given little gifts of 'Anti Aging Pills' or 'Reindeer Food'. (District Editor Christine Horswill hopes both worked!!)

## **Hobart Sunset** President: Barbara Hughes

Hobart Sunset members have been kept very busy at our monthly meetings with a variety of speakers, planning fundraising efforts, helping with "Days for Girls" and inducting new members.

We have decided to support Clown Doctors and the Hobart Women's Shelter this year and have had a very successful Fashion Parade to help raise the money.





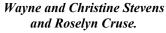
We were very excited to have *Banner exchange*. some wonderful Inner Wheel members from Camden visit us at our last meeting.

#### **Kings Meadows** President: Sue Dyson

Our Club Executive started the IW year with a 'Getting to Know You Luncheon', a District initiative whereby help and encouragement is given to all executives. In September we started our fundraising with a successful Sausage Sizzle at Bunnings.

October saw 5 members and their husbands travel to Warrnambool for the IWA Conference.





President Sue Dyson and husband Leigh.



District Chairman Colleen Richie made her Official Visit in November.

Our Christmas Dinner was lots of fun.

Best Wishes to all for the new IW year.

## Launceston President: Michelle Holmes

A delightful spring day was enjoyed by members and friends at the home of PDC Judy McTaggart for our fund raising luncheon, a great success.





PP Helen Cohen on 60th Charter Anniversary seat presented to the City of Launceston.

At our November meeting President Michelle introduced a very inspirational speaker who explained the tedious procedure one has to go through to adopt an International child. Seven years of frustration, but definitely worthwhile.



December had members guessing names from baby photos, my how we have changed.

President Michelle presents Bonnie Allen with Certificate and brooch celebrating 50 years of membership.

## Mersey President: Sharon Burcham

Our November meeting had a Melbourne Cup theme, with hats and games. We participated in the Walk Against Violence March on November 25<sup>th</sup> with other service clubs in our District.

Our Christmas Dinner was held at the Cherry Shed with wonderful food and company.

Donations have been made to Days for Girls and to the Warrawee Women's Shelter in Ulverstone.

Upcoming events include our Teddy Bear Parade in February. Mersey IW wishes all members a safe and happy Christmas!

#### **Tamar Valley**

In September, Robin Cochrane was inducted by District Chairman Colleen Richey on her official visit to our club.



President: Jan Easther



President Jan and Treasurer Margaret present cheque to Georgina Wilde from the Cancer Council.

In October we visited the Cancer Council premises for a facility tour, followed by lunch/meeting. A cheque was presented by President Jan Easther and Treasurer Margaret Davies to Georgina Wylde of the Cancer Council

In November we catered for the A80 District meeting, Joy, Gladys and Margaret manned the kitchen. Our December meeting was a festive affair with everyone contributing to our lunch.



#### **Bathurst President:**

## **Christine Mahony**

Bathurst Club hosted the District A50 Christmas Meeting and Luncheon in November. IWA President Kay Morland attended.



DC Meryl, IWA President Kay and host Heather Rendell.



DC Meryl, CM Elizabeth Tooke and IWA President Kay honey tasting at the Bee Keeper's Inn.

The Club's Christmas Meeting was held at the local Girl Guide Hall and members had a lot of fun with organised games such as ring tossing over the reindeer antlers.

A morning tea was held to celebrate Inner Wheel Day and members were asked to wear something too big, too small or a hidden wardrobe surprise.

## Blayney President: Lucy Needham

The annual visit to Cowra TAFE for lunch with some of the Cowra Club members was enjoyable. At meetings we have had an interesting range of guest speakers.

Fund raising to meet local needs has been towards the refurbishment of a palliative unit at the local hospital.



Plans for 2016 International Day fund raising are well underway, a Fashion

Blayney members enjoy Inner Wheel Day. Parade with a difference will ensure a great day of friendship and service.

> More Members enjoying Inner Wheel Day.



#### Cowra

#### **President: Diane Walsh**

In September Constable Tracey Monroe from Orange Police gave a talk on Home and Vehicle Safety for Seniors.



President Diane spoke about the Inner Wheel Australia Conference at Warrnambool, a most informative talk.

President Diane presents Club banner to IWA President Kay.

Christmas Lunch in November was well attended and held at the Cowra TAFE College. Bev Bundy made a beautiful Christmas cake.





January 10<sup>th</sup> Inner Wheel Day was celebrated and well attended at a luncheon at the Japanese Gardens.

#### Dubbo

#### **President: Melva Blake**

Our club had a lovely evening at the home of Annette and Allan Storers to celebrate Christmas with husbands and friends.



We celebrated International IW Day with lunch at Western Plains Cultural Centre with 22 ladies enjoying lunch and friendship.

## Orange Minhi President: Alison Broughton

In September a few Minhis attended a relaxed family day out at Orange's Adventure Playground.



November saw Minhis get together for a Girls Night in to raise awareness and funds for Cancer Research.



We had our AGM meeting, then our Christmas Dinner on Tuesday, 1 December 2015 at the local Parkview Hotel in Orange. Secret Santa arrived at the end of the meeting before we headed to enjoy an end of year catch up and Christmas Celebrations.



## **Boonah** President: Zelma Hanley

Members were busily engaged producing components for Days for Girls Kits, eighty of which were taken to Laos by International Nursing Students early in December. Another eighty are packed ready for despatch by another group of nurses early in January. We are grateful for assistance given by Hazel Overfield DFG co-ordinator here, and Griffith University Lecturer Hazel Rands.



Days for Girls Working Bee.

Our Club joined Boonah Rotary for a Christmas Party with Allora Rotarians.

Happy New Year, everyone!

#### **Brisbane**

The past few months have been very busy for us. President Allison Hodges hosted the Melbourne Cup luncheon which was enjoyed by all.

Winner of Hat for Melbourne Cup, Therese Wharton.





The United Services Club surprised us with a gorgeous birthday cake to celebrate thirty years since we held our very first meeting at the club.

Gallopers Club was the venue for our Christmas lunch. Thirty-six members and partners attended. It's always good to catch up.

## **Brisbane North** President: Margaret Spiller

We at Brisbane North are looking forward to celebrating Inner Wheel Day and the International function together, and our theme will be Australia, with a camp fire and a roast cooked in the camp oven.

We have celebrated our Christmas by having a bare foot bowls night, our donation was given to a newly built children's hospice Hummingbird House





OK - this is how it is done!

Fluke!!

#### **Brisbane West**

#### President: Janet Buntain

We continue to sew for Days for Girls with ladies drawing patterns, cutting, sewing or turning items, making coffee and chat.

We've enjoyed monthly coffee mornings, a Progressive Dinner and a 'Make, Bake or Donate' evening. We also visited St John's Cathedral.

We hosted guest speakers from Project Love and Care and Queensland Police informing us about Internet Fraud and Security.

Christmas Dinner with partners was a fun filled evening with entertainment performed by members. IIW Day celebration is breakfast at a local restaurant.



#### **Broadbeach**

Melbourne Cup was our usual luncheon at a member's house and the food was voted as "five star".





We had our Xmas breakfast in early December and we each took a gift for the local women's refuge.

For most of December

ladies were kept busy gift wrapping at Pacific Fair shopping centre with Gold Coast North club. We do see some interesting and unusual gifts.

We celebrated International Inner Wheel day at a member's home as an informal social gathering.

#### **President: June Reinemann Bundaberg**

We celebrated Melbourne Cup Day with a luncheon at Beth and Cal Toft's home. On November 14th the ladies were delighted to attend long standing member Joyce Toft's 90<sup>th</sup> birthday.



Our Christmas guest speaker was the ever popular Jim Watson (Beth's husband) who delivered the Christmas message. We then went on to enjoy our Christmas luncheon at the East End Hotel.

Our Club will celebrate Inner Wheel Day at the Spotted Dog Restaurant.

#### President: Sue Burke **Bundaberg Sunset**

Social nights were held at The Waves Sports Club in October and East End Hotel in December

We celebrated our Club's birthday with fish and chips on the beachfront at Bargara then coffee/cake at Lee and Cliff's home.

Our Christmas dinner including Secret Santa and trivia at the Young Aussie Hotel was well attended and fun.

Plans are underway for our fundraising trivia night in March and Fashion Parade/High Tea in April.

#### **President: Annemaree McGilvery** Gavndah

We held a High Tea Fundraiser in November for breast cancer research. Prizes for the most alluring fascinator and decorated bra. \$1,000 was raised from raffle, donations and entry.

We formed a Guard of Honour for Charter member Ena Smith at her Thanksgiving Service.

A successful Christmas raffle, a visit to all of the Gunther Village residents to bring some cheer.



Kay Wharton and President Annemaree deliver some Christmas Cheer.



Breakup Dinner sharing gifts and reflecting on the year of 2015 completed our activities.

Inner Wheel Day is breakfast celebration.

PDC Helen Walker dressed as Santa's helper walked the streets of Gayndah spreading Christmas Cheer!!

#### **Gold Coast North**

**President: Catherine Huber** 

Our Christmas party was held at the Marriott Hotel, Hope Island, venue of the 2016 District Changeover, and a lovely time was had by all.

We decided that we would donate children's gift for children Paradise Kids. Pres. Catherine Violet presented the goodies.



Our members are very busy as we and our friends from Broadbeach Club are gift wrapping at Pacific Fair Shopping Centre.

We're looking forward to our International Inner Wheel Day breakfast in the New Year.

#### **Hervey Bay**

**President: Liz Godfrey** Several members were able to hold a stall at the

Toogoom Christmas Markets on 28th November. Many people were happy to just give a donation to Cord Blood Research which we converted into a Raffle ticket for them.

The Club had a great Christmas Party with partners joining in the fun. Anaelle Ferron (Rotary Exchange student from France) gave us a presentation on Christmas in France.

## **Inswich**

**President: Mary Brown** On 14<sup>th</sup> November our Club hosted a District Meeting

and that evening we celebrated our 35<sup>th</sup> Birthday with a special dinner. It was a lovely weekend and very successful. President Mary would like to thank everyone for coming along and making our 35th Birthday so special.

December saw our Club donating food to the Salvation Army.

As the year comes to a close President Mary and Members wish all Clubs a happy and safe 2016.

## Maryborough

District Chairman Jean Mylrea joined us to celebrate our 22<sup>nd</sup> birthday in November.

In December President Jenny and I delivered a hamper of items from their wish list to the local Women's Refuge.



President: Jennifer Ogden



Four ladies participated in Zonta Club's "Walk Against Domestic Violence". We enjoyed a Christmas evening at Lynette's home where we conducted a Christmas hamper raffle.

Club members will join Hervey Bay Club to celebrate IW Day on 10 January.

#### **Port Curtis President: Nance Davies**

We had a wonderful evening for our Christmas Party held on the 3<sup>rd</sup> December with partners attending also. Jodie Walsh bought in homemade mini Christmas cake balls for everyone to have.

Adele Hughes read out a thank you letter from the Rotary Club of Longreach for our donation to be used for their project of bringing Christmas cheer to the communities affected by the drought in the form of BBQ's, Christmas hams and Movie nights.

#### Rockhampton President: Ann Loague

After our meeting at the Pine Beach Hotel, Emu Park, we went to see the new World War 1 Memorial.

We welcomed new member Joyea Dittmann in October and had morning tea at the Gardens. During morning tea at Tanby Gardens Nursery we were entertained by 3 baby goslings who were so quiet and sat around our feet.

We hosted a Blue Illusions Fashion Parade with proceeds to Cord Blood Research. Some Sunset members joined us for Christmas at The Stirling.

## Rockhampton Sunset President: Glenda Ireland

The inaugural Capricorn Christmas Trail, organised by our club was held on the last week end in October. This project was a resounding success with \$12,500 being presented to the Wahroonga Community Centre which counsels abused children and young adults.

The Capricorn Christmas Trail involved nine homes and gardens, each decorated in a Christmas theme to which ticketed holders travelled to view over 2 days.



A brunch has been arranged to celebrate International Inner Wheel Day.

## Strathpine

I hope all IW members have enjoyed the Christmas season. We were lucky enough to celebrate with two Christmas events: a party at President Tracy's after



**President: Tracy Pedler** 

the Inverpine Christmas stall, and lunch at Ziggabalis Italian Restaurant closer to Christmas. Both events were very enjoyable and relaxing.

For International Inner Wheel Day, we will be celebrating with brunch at Lyn Deacon's beautiful rural home



#### **Sunshine Coast**



As 2015 ends and 2016 begins, the IW Club of Sunshine Coast year gathers momentum as we reach our halfway mark. We held our first Bunnings Sausage Sizzle and raffled a \$100 Bunnings gift voucher.

**President: Anne Paddison** 

Christmas celebrations started with our annual Grandparents Acting as Parents Luncheon and we enjoyed IW friendship at our Christmas Party.

Preparations are now afoot for our Inner Wheel Day Family

Fun and Fitness Breakfast with special guest, scientist Dr Mike Doran, Stem Cells Laboratory at QUT.



We were delighted to have DC Jean Mylrea and DS Kaye Thiel from Bundaberg join in the walk.

Club Secretary Meg White, her daughter Cathy and granddaughter, youngest participant 17 month old Tilly.



#### **Toowoomba**

On October 31 we held a very successful Black and White themed Inner Wheel Cup and enjoyed a delightful lunch and fun-filled afternoon.



**President: Maureen Burke** 

Our December meeting was a combined 32<sup>nd</sup> Birthday/Christmas Party with a special cake made by member, Pam Norris.

Inner Wheel Day will be celebrated with lunch at the Bull and Barley Inn, Cambooya.

On 26 January, an Australia Day themed Morning Tea is being held, with all proceeds going to 'Days for Girls'.

#### Wishart



#### **President: Debbie James**

Our ladies got busy baking to provide a wonderful morning tea for the kids and staff at CPL, our friends at Rotary also provided some wonderful gifts for the kids.

We enjoyed a Melbourne Cup function and a Christmas Breakfast.

A big thank you went out to Deb for the gift she gave each of us.

We plan on making 50 birthing kits. An easy task as we are a busy working club.

Rob and Louise hosted IIW Day at their home.





#### Canberra-Belconnen

Since our last report we have given donations to Interplast, Young Carers, a local Women's Refuge and the Luke Batty Foundation.

Activities have included: October visit to the Tulip Top Gardens including lunch, Melbourne Cup luncheon (Rotary members' home), providing morning tea for Rotary Christmas Hamper packing (approx. 200 hampers for the needy in our community) and our Christmas Breakfast at the Brindabella Hills winery.

The Friendship Day picnic in the sculpture gardens of the National Gallery on 10th January included some students from the National Youth Science Forum.



We also welcomed Usha Menon from Cochin in India

**President: Katy Lees** 

We will be attending the War Memorial for a tour on 13th January.

We are looking forward to IWA President Kay Morland's visit in February.



Inner Wheel Australia Inc.

Annual Changeover.

17th -18th June 2016.

Stamford Grand Hotel,

Glenelg,

Adelaide,

South Australia.



# Save the Date in your diaries now, if you haven't already, and start planning your 2018 holiday in MELBOURNE Australia ... HOW EXCITING!!

Why?

To attend the 17th International Inner Wheel Convention of course!

When?

APRIL 11th - APRIL 14th 2018





#### Where?

The venue, our Convention home, is to be the Melbourne Exhibition and Convention Centre (MCEC). It is spectacular! Such a special venue 'commands' special people like you to be there!

The MCEC is located in the CBD along the banks of the Yarra River, MELBOURNE, Victoria, Australia close to a phenomenal host of Melbourne icons and attractions. So much to see and do.

Convention Motel and Accommodation? Milton Melbourne South Wharf, plus the availability of numerous options to suit every budget, within a very comfortable walking distance.

Why?

For the opportunity to meet IW friends from around the world, to be actively involved as a vital part of the Convention team, to experience and to enjoy International Inner Wheel at work and play, right here in Melbourne, Australia! No international airfare required for lucky IWA members this time...so why not?

## SOME GENERAL CONVENTION INFORMATION

- Registration currently will open on Wednesday 11<sup>th</sup> April 2018 in the foyer of the Melbourne Convention Centre. (Please note there is a possibility Registration will open on Tuesday 10<sup>th</sup> April 2018, to be confirmed at a later date)
- Pre and Post Convention Tours will be available, open to all International Inner Wheel Convention attendees and accompanying persons, including of course, IWA members.
- Day trips available throughout the Convention, many offering the opportunity to meet IWA members.
- Inner Wheel Home Hosting pre and post convention . PP IWA Pam Watkins is co-ordinating this wonderful opportunity, for convention participants to enjoy warm Aussie hospitality. Please host if you can!

• An opportunity to be part of the broader team such as Stewards in various roles, Tellers, tour 'hosts' and guides, general meet and greet and information personnel, all <u>vital</u> to the success of our convention. PPs IWA Chief Steward Anne McGill and Deputy Chief Steward Margaret Sansom are in charge of coordinating these most important responsibilities.

NB: To be involved in any aspect of the Convention at the MCEC, including as stewards and other helpers, members must be fully Registered. This is an IIW requirement.

Only those members offering Home Hosting and acting as tour hosts for meet and greet along the way, but who are unable to actually attend the Convention at the MCEC, are not required to be registered....however we do hope you will join us if you can, as your hard working Convention Committee want a huge Aussie contingent!

- Welcome Cocktail Reception and Banner Exchange (Wednesday) in the expansive foyer of the Convention Centre . Catch up with 'old' IW friends and make many new international friendships to last a lifetime.
- Opening (Thursday) and Closing (Saturday) Ceremonies will be held in the spectacular Plenary at the MCEC.
- Seminars or similar, as determined by the IIW President will be available for all registrants.
- Interesting speakers and a variety of entertainment throughout the convention.
- A 'progressive' Friendship Dinner along the South Wharf Promenade on the Thursday evening. Something different.
- See IIW at work and be involved during the Business Session. You could act as a Voting Delegate for your Club!
- A Gala Dinner (Friday) showcasing fine Victorian produce and wine, in the Melbourne Room at the Convention Centre.
- Some exciting shopping opportunities in the convention 'market place' plus the best fashion stores
  on your doorstep.

## CAN YOU HELPPLEASE?

• IF you have any contacts for possible sponsorships, big or small, money or in kind and /or you have ideas on how you and your Club can help with anything Convention related in any way, please share your knowledge and expertise and do not hesitate to contact: ||| 2018 Convention Coordinator Val Corva email: valcorva@bigpond.com mobile: 0438381771

Your 2018 ||W Convention Committee are so grateful for your enthusiastic interest, ideas, support and offers of help to this point. Keep it up please!!





HOME HOSTING

The 17<sup>th</sup> International Inner Wheel Convention will be held in Melbourne from 11<sup>th</sup>–14<sup>th</sup> April 2018. As part of the Convention Committee I am asking for expressions of interest from IWA members throughout Australia.

We all want to give the International delegates a warm and friendly Australian experience and what better way to do that than to host them in our homes. In a relaxed setting for up to 3 nights pre or post Convention NOT during the Convention, you can give them a welcome they will never forget.

If you would like to be part of this gesture of friendship please contact me by phone (03) 63446446 or email <a href="mailto:watkins31@fastmail.com.au">watkins31@fastmail.com.au</a> Although it's sometime away, knowing how many of you are interested and from which District will help greatly in our future planning.

Please understand the expression of interest shown now is not binding due to any future situation, but we would like to know if you are behind us in making this a Convention to remember.

Pam Watkins
Home Hosting Coordinator.



Find us on facebook:
Inner Wheel Australia.
Cord Blood Research.
International Inner Wheel.

Also check out:
www.innerwheelaustralia.org.au
www.internationalinnerwheel.org



## Camden

**President: Janice Newport** 

Camden Club enjoyed a productive and enjoyable closure to 2015.

Our major events for the latter part of the year were: a joint project with the Rotary Club of Camden Relay for Life, where we catered morning tea for cancer carers and survivors. Our Club entered a team in the event.



Nineteen ladies embarked on a five night trip to Hobart visiting various attractions. A wonderful trip with the highlight being a visit to the Inner Wheel Club of Hobart on our last night. Here we enjoyed a warm welcome, fabulous food, and great fellowship with the members. A truly memorable evening!

To finalise the year we enjoyed our Christmas Luncheon at the home of our wonderful member, Nola Tegel. A number of members of neighbouring Clubs joined us and a great time was had by all.

## **North Sydney**

President: Joan Antarakis

We celebrated our **83**<sup>rd</sup> birthday with the Rotary Club of North Sydney. What an achievement!





Indulgence - two Birthday cakes!!

President Joan addresses the Rotary Club of North Sydney at the 83rd Birthday party.



Enjoyed the second visit to our club from Sigrid Hoffmann from the Inner Wheel Club of Berlin. Sigrid was delighted to attend the District A51 Christmas luncheon with us.

Sigrid Hoffman and DC Christine McCormack.



A visit to the new Cord Blood Bank Laboratory.

We tried something new this Christmas in the form of sending Christmas cards with personal messages to people who live alone, and seldom, if ever, receive cards.

#### Northern Beaches President: Vivienne Anderson

In August several members joined with ladies from the IW Club of North Sydney and travelled to Ettalong via the ferry from Palm Beach on a balmy sunny day. Members from the Wyong and Gosford Clubs joined us for a relaxing lunch at the RSL Club.

October we held a delicious fundraising dinner at the Brookvale Tafe Cookery School – definitely worth repeating.

In November we had a guest speaker from "The Little Ray of Giving". A donation was made towards Gift Cards for children and young adults who are in need of a little love and cheer at Christmas.

Attended the fabulous District A51 Christmas lunch at the Athenian Restaurant in Sydney; and in early December our club's Christmas lunch at Limani's restaurant, Narrabeen Lakes filled the bill.

Five Club members attended the IW Day Service held on Saturday 9<sup>th</sup> January at Sutherland and enjoyed the wonderful lunch provided by the ladies afterwards.

#### Port Hacking President: Trish Woodford

I hope this will be of interest to everyone as we are proud of our contributions as couriers for cord blood from St George Private Hospital to the Prince of Wales Hospital, N.S.W.

As members of Port Hacking and Sutherland I.W. clubs we have been couriers since its inception 2002, (at the suggestion from one of our members), as the founders of the Cord Blood Bank Dr Po Tang and Professor Vowels were having trouble getting the blood delivered quickly (so no spoilage) and we are still going strong.

There are a lot of helpers now and the Service has grown quickly from a little room in a delivery dock at the back of the Hospital, to a wonderful new extended Laboratory shown in the photo with some of members on our visit in November.







Our November District Meeting, hosted by the Inner Wheel Club of Innisfail, became a special one with a visit from our IWA President Kay Morland.

Thirty six members from A76 District's 4 clubs and 2 visitors attended this meeting, enjoying a morning tea of beautiful scones, jam and



cream, and some light entertainment in the way of a humorous musical sketch by the Innisfail ladies.

President Kay along with Julie Brzowszki (TAD member), visited the Tablelands and joined these lovely ladies for a get together and cuppa during her November visit to FNQ.

President Kay also attended the IW Club of Trinity After Dark's birthday meeting held in Cairns, with members from the Cairns club being present as well.



PDC Dianne Johnson, IWA President Kay Morland and President IWC Townsville Lois King. Just before Christmas, DC Jenni Bennett joined Julie and the Tableland girls for what is now to be known as the inaugural meeting of new "Inner Wheel Club of FNQ Tablelands". Even Santa got in on the act!!

Our new Inner Wheel club has finally come to fruition - Hurray!!! (Congrats - Ed.)



Many thanks to TAD member, Julie Brzowszki, for her initiative and hard work in preparing the way for this new club and becoming this club's Inaugural President.

**World Inner Wheel Day** was celebrated across District A76 with

- *Cairns IW Club* having a morning tea at Lesley McGilvray's home on the 8<sup>th</sup> January, with a donation of \$300 for "DAYS FOR GIRLS" presented to Cheryl Williams.
- *Innisfail IW Club* had lunch on 12<sup>th</sup> January 2016, at Roscoe's in Innisfail.
- *Townsville IW Club* celebrated IW Day with an afternoon tea at President Sandra's place on 10<sup>th</sup> January, with money raised from this day going to "Kits for Kids" Project in Dilli.

#### Cairns President: Wilma Holmes

Donated \$500 to the Ronald McDonald house at Palm Cove, with a presentation being given by Jill Lennox.

## **Innisfail** President: Margaret Townley

Celebrated Christmas this year with a lunch and Secret Santa held at Kurrimine Beach.

A handmade quilt/pillow was a raffle prize won by Kath Downing. Several thousand dollars raised from this raffle, will be donated to Cord Blood as well as

local charities.

Innisfail ladies plan to hold an old fashioned Mannequin Parade in March 2016.



#### Townsville President: Sandra Richards

Christmas was celebrated with a luncheon held on 24<sup>th</sup> November, where a Christmas hamper was donated to the Women's Shelter for sufferers from Domestic Violence.



# Inner Wheel New Zealand Conference 2016

Christchurch 28th April to 1st May.

Conference Theme: 'Rebuild - Future in the Making.'

For details www.innerwheel.org.nz

# Vale Pat Puddy Inner Wheel Club Moe

Pat was a woman of quiet dignity and smiling charm, who served Inner Wheel with a passion. Her Inner Wheel life started when she joined the Inner Wheel Club of Trafalgar where she served from 1994 to 1997. She held the office of President in 1996. Being a resident of Moe/Newborough, Pat was instrumental in establishing the Inner Wheel Club of Moe, which was chartered in December 1997. Pat was a serving member when she passed away on the 1st December 2015.

During this time she held the Offices of President 3 times (1997-98, 1998-99, 2010-11) and Secretary 3 times (2002-03, 2004-05, 2007-08).

Pat was also active at A62 District level. In 1998-99 she was Historian, 1999-2001 Treasurer, 2001-2002 Jnr. Vice Chairman, 2002-2003 Snr. Vice Chairman, 2003-2004 District Chairman and in 2004-2005 Council member.

At National level Pat was the Inner Wheel Australia Secretary in 2007-2008.

She was a valued and revered member of the Inner Wheel organisation and will be sadly missed by all who knew her, especially the members of her own Club.







District Functions

Left and Above: 10th January 2016 IW Day - Bush Picnic, Burl's home - perfect weather, fun, quoits, and bocce.

Right and Above: Trivia night for Cord Blood.





Below: Terrigal's Christmas Party.



Above and Right: District Meeting at Gosford North. IWA President Kay's Official visit.

Gosford North

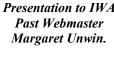
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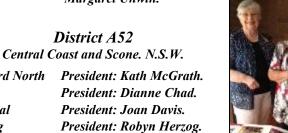
Terrigal

Wyong



Presentation to IWA Past Webmaster Margaret Unwin.





Terrigal's Josie and Pam with Wyong's Val at the IWA Conference.



Above: Terrigal President Joan with DC Susan Chisholm on her official visit.



Above and Left: Gosford North with their Christmas stall.

Right: Gosford North's Christmas Party.





Above: Wyong's

Pauline, Grace and

Margaret at the

District Meeting.



## **District A70 Inner Wheel Day Celebration**

Members, partners, friends and international guests

came together to celebrate IIW day with a tour of a state icon. the State Library. The tour was led by the friendly knowledgeable and volunteers. library This was followed by



One of the tour groups.

a meal in the Library café.



Lina Mecorella (IW Club di Arezzo, District 209, Italy) presented hand a embroidered table cloth and banner to District Chairman Merilyn Schultz. It was an enjoyable day

of learning, fun and fellowship

#### **Holdfast Marion** Pres

President: Jan Arnold

Reflections and celebrations as a very happy group attended the end of year meeting at the Marion Hotel. Decorated in a Xmas theme - a setting for friendship and merry festivities.

A warm welcome was extended to Kate Torkington when she visited our Club whilst on holiday from Scotland. Kate shared her life experiences and explained how her Inner Wheel Club ran its programs and community commitments.



IWA Vice President Marilyn Armstrong, Denny Sims and Jan Hollands packing goodies for the Community Centre.

Christmas Meeting



## Mobilong President: Kerry Wilson

Mobilong hosted the annual dinner meeting for Service Clubs in our area. Each club gave a report on activities and special projects undertaken during the past year.

Members and guests dressed in pretty race day outfits to enjoy a Melbourne Cup Chicken and Champagne luncheon by the banks of the River Murray.

Partners and friends joined us for a night of fun and fellowship to celebrate Christmas at the Riverside Hotel, Tailem Bend.

## North East Sunset President: Rosalie De Lurant

Inner Wheel Club of North East Sunset celebrated Christmas in July knowing the hot weather we have in Adelaide in December. We enjoyed traditional 3 course dinner a visit from Santa with gifts a great night of fun and friendship.

Our major fundraiser, a ladies shopping day, with 14 different stall holders. A great success with lots of spending and Christmas presents bought.

Our club will be having an unwanted Christmas present and book swap night for January meeting. How great it is to see someone else enjoy what someone else hasn't.

Soon to be inducting 2 new members

## St Peters/Campbelltown

## **President: Margaret Woodcock**

Greetings from the IW Club of St. Peters/ Campbelltown. We have had a terrific year managing to achieve very varied activities and outings, plus we were entertained by superb guest speakers.

We intend to create some extra fun in 2016 and in February we are holding a "throw anything in" brainstorming session for members. This will include future ideas for guest speakers, outings and members activities – nothing will be deemed too outrageous for us to consider!

#### Tea Tree Gully President: Jan Johnson

Tea Tree Gully Inner Wheel Club enjoyed a lovely Christmas Lunch in late November.

In December we had a Christmas tree in a festival at



a local church. This was done mostly by Carol Walter with help from other members, special thanks to all who contributed. Coming up we have a combined meeting with the Rotary Club of Morialta and a "Fashions of Yesteryear" Fundraiser.



## Baulkham Hills President: Yvonne Whyte

The highlight of the silly season has been our wrapping and raffle at Stockland Mall, Baulkham Hills. It was a great fund raiser for our charity, a new women's shelter in Castle Hill.

We had some weird gifts to wrap, but nothing could beat last year's "winner" – two frozen hams!

We also sang at a local nursing home; celebrated our 38th birthday and inducted a new member; enjoyed Christmas lunch where we all donated money which purchased gifts for those less fortunate via the Rotary Giving Tree.

## Blacktown City President: Rhonda Bensley

Blacktown City ended the year with lots of activity celebrating Christmas with a banquet at a local Chinese Restaurant.

Members sharing Christmas Gift wrapping with Rotary in the local shopping centre, which is a major fundraiser for us

Serving meals to over 300 residents and carers from local nursing homes along with 100 other participants (volunteers and entertainment) at a Senior's Christmas Party and finalising the making of the Christmas Hats for the party.

Celebrating IIW day with a gathering of friends at a local establishment.

## Campsie President: Joan Brown

Campsie Inner Wheel enjoyed their Christmas Meeting combined with the Official Visit of A53 D.C. Carol Leaver, accompanied by several members of her Committee.

We also celebrated Inner Wheel Day in January at The Lantern Club at Roselands, as our usual hostess was having new carpets laid at her seaside unit.

We were saddened to hear of the passing of John, husband of P.P. Shirley Gorrie and our beloved retired member, Flo Stockall (103) close to Christmas.

#### Nepean

In November six club members enjoyed a "Girls Weekend Away" in the Blue Mountains. They shopped, dined out and even managed to squeeze in a visit to the movies. On Sunday afternoon the "Girls" were joined by four other club members for a sumptuous "High Tea" at the Carrington Hotel in Katoomba.

**President: Robyn Portelli** 

Our Christmas meeting was an evening of friendship and fine food at Michelangelo's Italian Restaurant in Blaxland. Members brought gifts which were donated to Mission Australia.

#### Norwest President: Dallas Bendt

November saw some members overseas, including our President Dallas who was cruising on the Rhone River.

We ordered 40 Friendship Roses and all are doing well producing lovely red blooms.

Our Christmas Meeting was loads of fun with lots of Yuletide spirit. A trading table with lots of home baked goodies, flowers and fruit.

A cancer diagnosis of one member is considered as "6 months of inconvenience". She is doing well.

Inner Wheel day was celebrated with a luncheon at President Dallas's home. A warm summer day, with delicious food and good friends.

## Parramatta President: Caroline Flynn

We ended 2015 with an enjoyable Christmas luncheon with wonderful food and socializing at Wild Pear Café in Dural.

Inner Wheel Day was celebrated with lunch and a toast to Inner Wheel in the picturesque surroundings of the Breakfast Point Club House.

Parramatta will combine with Penrith Club to host the A53 Friendship Day Picnic in March at Nurragingy Reserve in Doonside.

#### Penrith President: Jean Cook

Penrith Club's President Jean Cook is a keen member of the MX5 club.

Members enjoyed meetings and lunches at the Rowers Club in Penrith and some attended District functions. We had a variety of guest speakers.

Christmas lunch was the usual fare and members donated gifts for children. These were distributed by the Benevolent Society. Christmas hampers were delivered to Hope Cottage.

Members raised money for cord blood research and manned the Rotary Christmas raffle roster.

We raised money to donate to charities both locally and internationally.

## Ryde President: Julie Thorp

Ryde ladies and visitors enjoyed a very happy 53rd Birthday at La Caretta Italian Restaurant at Cherrybrook.

This was also the day our District Chairman Carol Leaver visited our club, and we had many of the District committee also join us for this happy occasion.

We all went away feeling positive and very, very satisfied but I don't think anybody would have had to have eaten dinner that night. Our poor husbands. We look forward to another year of friendship.

### Smithfield President: Susan H. Lumley

President Sue Lumley with her family, recently attended the School Spectacular Concert held at the Entertainment Centre, where students from the Les Powell School performed a very professional program. This school, our major charity, caters for profoundly disabled children. This is the first time disabled children have been included in the concert after successfully auditioning for a place. A wonderful success for the teachers and pupils of the Les Powell School.

We had a lovely Christmas Luncheon at "The Little Snail" Restaurant in Darling Harbour, where we enjoyed a delightful meal, good company and much fun and friendship.

The Club begins the New Year with a High Tea at President Sue's home to celebrate International Day, and plans are already in hand for our Fashion Parade in May.

#### The Hawkesbury President: Ida Harris

Our ladies were fashion models during a High Tea afternoon held for Ovarian Cancer at Excalibur Function Centre, Grose Vale. Member Karen Agnew organised the afternoon.

Our annual November weekend bus trip with Pegasus to Cowra was relaxing and is always enjoyable visiting many places along the way. Abercrombie House at Bathurst, prisoner of War camp sight, Japanese and Italian War Cemeteries. We all rang the Peace Bell, visited Iandra Castle at Greenthorpe, and picked Cherries from the orchard at Young, celebrating the Cherry festival and indulging in scrumptious fudge from Poppas Fudge Factory.

A busy 2016 is planned with President Ida's Dinner and Trivia fun night in February and other events during the next months.

## The Hills President: Maralyne Skeggs

The Members of The Hills Club have been enthusiastically supporting President Maralyne's Charity, Women's Refuge in The Hills.

We have had a Crazy Whist Night and a Melbourne Cup lunch.

We will donate toiletries to the Refuge at Christmas time along with knitted rugs made by our Members.

Samaritan's Purse Operation Christmas Child was also supported. We are all eagerly looking forward to our Christmas Party at Geranium Cottage in Glenorie.

#### West Harbour President: Lucile Clarke

Last year 2014-15, Aileen during her club Presidency raised funds for Bear Cottage, a project close to her heart, and that has been very much part of our club since the inception of the idea to build Bear Cottage.

In November 2015, she and Don represented our club by attending Westmead Hospital 2015 celebration to thank their supporters.

What an incredible surprise and honour on that night to be recognised with an award as a "Lifetime Partner of Bear Cottage". It's nice that our work over the years has been recognized.



I'm sure each and every one of us does the work just for the honour of helping others.

A new slant on 'The Flame of Friendship'. This little gem comes form Helen MacRae, President of IWC of Morwell, District A62.

'Inner Wheel is like a box of chocolates.

Each member is surrounded by a chocolate coating of friendship, personal service and international understanding.

But inside are the individual flavours that make each of us what we are.

With our theme of "Unique and United", let's savour the chocolate but enjoy sampling what each individual member brings to Inner Wheel.

Be it a smile, a thought, guidance or a kind word.

We will then be the best box of chocolates ever'.



## Bairnsdale President: Shirley Bardwell

Inner Wheel Day was celebrated with our partners at an Aussie barbecue. It was held in a beautiful garden setting at the home of Anne and Stan Barker at Toorloo Arm near Lakes Entrance.

Unfortunately inclement weather caused the function to be held under cover, however, this did not dampen the spirit of the evening. The delicious meal was provided by the Lakes Entrance Garden Club.

Highlight for the evening was the induction of Wendy Ball and Carol Dicker by President Shirley. They were warmly welcomed and presented with their badges and a red rose.

New Members Wendy and Carol.



## **Bayside**



#### **President: Kate Ashton**

Currently our membership stands at 42 with potential new members on the horizon. In November we celebrated our 21<sup>st</sup> Birthday and some of our original Charter Members joined us.

Our service to the community has involved volunteering on Daffodil Day, we filled hygiene bags for a local community service organisation and donated monies to Charity@Work who support three orphanages in Sri Lanka.

Bayside celebrated IW Day with a picnic in a local park. Happy New Year to all Inner Wheel Club members!

#### **Berwick**



#### **President: Pat Edwards**



A fun part of the day was watching the races with sweeps run by "The Dodgy Brothers" (Inner Wheel husbands in disguise.) A fun day was enjoyed by all despite the rain.

Thanks must go to the committee for making the day such a success. The Berwick St John of God Oncology Unit Wig Library were delighted with the \$4,000 donated.

## Casinia President: Meagan Ross

The Casinia girls would like to extend their thanks to District Chairman Yvonne for attending one of our meetings. Yvonne gave us lots of advice on queries that we were uncertain of and guided us in a good direction.

We spoke about reshuffling some leadership positions and guiding our young club forward.

Our Christmas social had lots of laughter and friendship.

## **Cranbourne** President: Charmaine Skewes

Members, families, and friends attended a Rock n Roll night. The band Stripped Black was led by Travis Dempsey, a past member of The Living Edge (a world renowned band.)

Travis attended our November meeting. He related his life journey that led him to becoming a member of the Living Edge band. Now a drum therapist, he conducts therapy sessions in schools, prisons etc.

He gave us a brief lesson on drum playing displaying how it can be very relaxing. Many volunteer participated in hands on drum playing. Thank you Travis. You have an amazing story to tell.



#### Moe President: Julienne Nave

We welcomed District Chairman Yvonne and Secretary Dianne on their official visit. The night began with our guests registering at our "Moe Moe Motel" (so good we named it twice) and were greeted by a somewhat questionable receptionist.

She provided unsolicited information about the



"motel rooms" and advice to the guests that was equally uninvited.

Receptionist Lorraine giving DC Yvonne a hard time. Keys to the rooms were issued and if the laughter is an indication as to their enjoyment of our skit, then we did not fail in making them feel welcome in this created "motel" environment.

(P.S. In real life Yvonne has now sold her Motel and is retired).

## Mornington Peninsula President: Lynne Lee

Our November meeting always falls in Melbourne Cup week. This Oaks Day members brought along a special brooch with sentimental or historical meaning and presented their story.

A garden party held at Strahan Farm, home of members Jan Simpson and Jill Fahler raised funds towards a defibrillator for the Moorooduc Fire Brigade. This featured tenor Joh Carlos Bellotti and an afternoon tea. It was well attended by members, community and friends.

Scholarships were presented at awards night to girls at the local Mornington Secondary College.

#### **Morwell** President: Helen MacRae

Our guest Anne Hardy, coordinates the Days for Girls program here in the Latrobe Valley. She recently went to Kenya to distribute 350 hygiene /sanitary packs (soap, washers, washable sanitary pads and panties) to school girls in rural areas.

She was amazed at the living conditions and the lack of awareness of menstruation hygiene and the appropriate products



available to young women. But the delight and the enthusiasm of the girls who received the packs was one that she would never forget. We donated \$300 to the project.

#### Narre Warren President: Elize Shutt

Two of our members, Anne McGill and Carrol Cooke, received recognition from the Mayor of Casey for their 25 years of service to Meals on Wheels.



President Elize Shutt, Jill Crawford and their helpers

did a fabulous job of organizing our annual Fashion Parade and we had wonderful attendances again. On behalf of our club many thanks to those who support us each year. Without your attendance it would not be as successful as it is.

#### Nepean

We attended the graduation and art show presented by the students in the 'Colour of Hope' program, which supports at risk youth. The art show gave an amazing insight into the lives of disengaged youth via the very unusual mediums of painting and art design.



President: Barbara Goonan

A highlight of our year was the delivery of 100 "Days for Girls" packs to girls in Cambodia. Local Rotarian, Trudy Poole, with contacts in

Cambodia to the "Green Gecko" organisation ensured our kits were delivered exactly to where they were needed.

Our major fundraiser was our annual "Christmas Trailer Raffle" working with our local Rotary Club.



Gifts specifically for women were also donated to our "St Vinnie's" for distribution at Christmas time.

## Phillip Island President: Dianne Barlow

Our club is supporting Rotary Interplast teams going to the Asia–Pacific region by sewing children's surgical gowns. There is now approximately 100 gowns completed ready to go. As the children take "their"



gowns home following surgery, the project is ongoing.

The pattern is very simple and the fabric is often sourced from quality sheets at op shops. Other clubs

have offered to support, which is much appreciated.

## Warragul President: Bhavna Bhatt

In November, the Warragul Inner Wheel Club celebrated 20 years, and celebrate we did. We had a "Faulty Towers" themed formal dinner. Basil and Manual were our hosts for the night, many a bread roll was thrown by our hosts, along with a mad capped

chasing of an escaped rat under the tables!

Many original charter members attended the night and we still currently have 8 original charter members as current members today, which as a club we are very proud of.





A great way of recognizing our Inner Wheel Day on the 10<sup>th</sup> January was celebrated by the IWC Sunshine Coast's 'Family Fun and Fitness' Day with proceeds going to our National Project 'Cord Blood Research'.

A couple of weeks before that, a special day was held at Balmoral Beach in Sydney Harbour during the 'Summer of Fun' between Christmas and New Year. 115 members participated on the 30th December in a 1200m swimming race held in open water.



The winner Anna Torok

was presented with the 'Cord Cup' by Terry Carroll who organises the swims for the Balmoral Beach Club each year.

Vivienne and Tim Anderson were very involved and Tim sold his very popular marmalade. This is only the second year this event has taken place. Two groups thinking outside the square to help fund our National Project.

#### Following are the two reports:-

I can give you an update on what we have done. We have recently closed out two pretty big Inner Wheel Projects. I'll tell you about one: With Inner Wheel support we investigated if it were possible to improve direct bone marrow transplantation of human umbilical cord blood stem cells.

Many have tried this before, but only with marginal success. The consensus was that cord blood cells directly injected into the bone marrow are rapidly redistributed throughout the body by the circulation, nullifying the advantage of actually injecting the cells into the bone marrow. We completed quite an elaborate set of experiments, and were very surprised to learn what we believe to be the real reason as to why direct bone marrow injection does not work.

In brief, when donor cord blood cells are transiently retained in one marrow cavity, this compromises their capacity to engraft at distal locations.

It's a bit more tricky than this, but what happens if there can be one portion of the bone that is heavily populated with donor cord blood cells and the rest of the mouses/(person?) not populated with donor cord blood cells. We say that direct bone marrow injection enhances engraftment at local sites, at the expense of engraftment at distal sites. This is a problem for standard cord blood transplants, but may be useful in gene therapy and cancer immunotherapy applications. We are actually very pleased with this project outcome. We would like to have improved transplants, but finally be able to explain why this very attractive method does not work will be extremely valuable to the field. Now as a field we can focus on solving the problem as we understand it.

We just submitted a paper describing the above details to Scientific Reports last week. I hope that it will be in print soon so that I can send you a copy.

#### Thanks Dr Mike Doran.

Over the past few years, Inner Wheel Australia has provided our research group, headed by Professor Graham Jenkin and Dr Suzie Miller with a number of research grants. The funding has not only allowed our group to make a number of discoveries to advance the field of cord blood stem cell research, but it has also provided a platform for a number of PhD and Honours students to conduct their studies.

James Aridas is a medical student who conducted his PhD studies investigating the therapeutic effect of cord blood therapy on a sheep model of full term birth asphyxia.

Ms Madison Paton also conducted experiments using the same animal model, to determine the composition of cord blood in terms of the different types of stem cells found in cord blood and their therapeutic value

Dr Jingang Li is a Japanese neonatologist who is now finishing his PhD investigating the effects of cord blood therapy on preterm brain injury using a sheep model of pre-term birth. In all of their studies, cord blood has been found to protect the brain and repair some of the brain injury caused by those conditions.

Ms Lara Bush is an honour student, who is presently conducting experiments on the effects of cord blood in growth restriction induced brain injury. Her experiments are part of the Inner Wheel grant that we are currently conducting and she is currently completing her studies. Her finding now prompted us to conduct cord blood experiments to determine whether the cord blood cells can be used as a therapy in pre-term growth restriction in sheep, as part of Dr Atul Malhotra's (neonatologist) PhD. The progress made by our research group is imperative to inform clinicians within our research centre, of potential clinical studies to be conducted in the near future.

**Dr Margie Castillo-Melendez** 

# 'Gift of Friendship' Rose How it was developed

The KORDES Company (Germany) is a World renowned Breeder of quality roses and the originator of our Special Gift of Friendship Rose.

20 years ago W. Kordes' Söhne stopped the use of fungicides on their trial grounds. This meant it was possible to select the truly healthy varieties amongst those thousands of seedlings on trial. This new breeding philosophy has been noticeable to all rose lovers in the change of the rose assortments.

#### New Rose

The process of developing a new rose is called HYBRIDIZING. Considerations for the desired traits of a new rose are formulated and so the process begins.

#### **Pollination**

Pollinating to an existing healthy rose plant within the species to produce a new Rose. The mother plant sets the seed and carries the genes of health and fragrance while the father plant pollen is the gene carrier of different flowers and disease resistance.

Pollen is collected, rests a day where it converts to dust. The mother plant is prepared to receive the pollen by removing most of the half open petals, the stamens then carefully dusted with the pollen dust. Timing is critical to ensure good pollination.

## Seeding

The rose plant is left alone until the rose hips form and semi-dry to a bright orange. The hip is dissected to reveal the miniscule seeds. Rose hips average twelve seeds. Seeds are sprinkled



Orange Rose hips.

over potted soil and left to grow, germinating in about 8-12 weeks.

#### **Testing**

Preliminary testing for suitability is usually over 2-3 years. A breeder commences with approximately 5,000 plants and over time culls to the best 100 plants.

Second stage testing sees the new rose planted in the trial grounds for another three years or more, culling inferior plants as required.



Some of Treloar's trial plots

## Budding

Is the process of multiplying a single plant by carefully removing a new bud and attaching (grafting) it to rootstock to produce a new plant. One plant may produce 20 new plants for sale.



**Grafted roses** 

#### **Treloar Roses**

Treloar Roses is the major Rose breeder in Australia and breeds Kordes' roses under licence. Budding commenced early October 2015 and with over 500 varieties to work through, shall finish budding late March 2016.

We are most fortunate Treloar Roses sees the Cord Blood Research as worthy and Inner Wheel Australia a long term partner.

## 2016 Gift of Friendship Rose

The energy and enthusiasm created by the release in 2015 of our new rose was electric with fantastic sales for the first year.

We encourage you to continue to support the Gift of Friendship Rose. It is a beautiful rose and makes a great gift for any occasion. Orders are open online direct to Treloar Roses.

Please look and see if your local nursery stocks Treloar Roses in general - if so, pop in with a Cord Blood Research brochure and have a chat about stocking our Rose.

- Every rose sold sees a donation to Cord Blood Research
- Let's all try our best to increase sales in 2016

WEB SITE: www.treloarroses.com.au EMAIL: sales@treloarroses.com.au PH: 1300 044 852



Our 'Gift of Friendship' rose



## **Albury** President: Heather Elliot

A Spring Racing theme for the October meeting with fine dressing, phantom race calls, and a sweep for Melbourne cup.

Those who attended the District Christmas meeting at Wagga enjoyed an interesting insight into the life of IWA President Kay.

Local Women's refuge, 'Betty's Place' was the recipient of a substantial pack of necessities at Christmas.



International IW Day was held at Barb Haberfield's home.

Gifts for 'Betty's Place'.

where attending members enjoyed home made muffins and lots of chat.

Charter member Merle continues to improve after her recent fall, hopefully we will see her at our next meeting.

#### **Griffith East** President: Helen Donaldson

October we erected the clubs citrus sculpture for the Festival of Gardens in Griffith. Coffee afterwards was our reward.

Griffith hosted the District Friendship Day starting with a viewing of the Citrus Sculptures and morning tea, lunching in Pioneer Park – a great day!

A 'Picnic in the Park' in the Circle Park with Yenda Inner Wheel Club, raised money for our District International Project.



Our December Christmas Party at L a S c a l a Restaurant, where we exchanged gifts and generally had an enjoyable time.

Donated a Christmas hamper to the Women's Refuge.

#### **Leeton President: Lorraine McKellar**

We held a very successful street stall in November, with the raffle winner more than happy with his \$500 petrol voucher.

A theatre party screening of "The Dressmaker" was extremely successful, with over 150 patrons enjoying

the movie and lovely afternoon tea afterwards. It was said to be the largest matinee crowd at the Roxy

theatre for a long time.

Christmas meeting and break-up party was held at the Heritage Restaurant, giving us girls a very welcome break from "taking a plate". It was well



attended, and Christmas fare helped to engender the Christmas spirit.

#### Narrandera



President: Pat Mulholland

We celebrated our Birthday this year at Joy Norrie's home, who also baked a delicious looking Birthday cake. I'm sorry I missed it.

Our Christmas Party was held at the Fig Tree Motel Restaurant and a lovely time was had by all. President Pat was very pleased that all members were able to attend.





We held a Street Stall for Cord Blood and also one for a Christmas Hamper. They were both very successful. Another fun night was our annual Melbourne Cup dinner which was held at Pat Hayllars home.

## Wagga Wagga President: Denyse Melton

Under President Denyse Melton our 41 members have already had 2 Barbeques and 2 card parties as fund raisers.

Recent activities include interesting guest speakers, and Big 'O' Birthday Lunch for our members. Our club Birthday Dinner with games and humorous/glamorous hats, Christmas party with hamper donated to local charity and Christmas tree adorned with small gifts from a local opportunity shop.



## Yarrawonga Mulwala President: Bronwyn Lloyd

We provided Guest speaker Loretta Saunders from Wildlife Shelter with a donation to assist with the running costs of this very worthwhile cause. Loretta receives no Government funding to assist with this

enormous undertaking.



New Member Deidre Roberts inducted by PP Alice Reid.

Supporting Schools breakfast program.

For the second year we gathered up all our old (and new) unwanted items for a monster garage sale held in late October at the home of member Lorraine Whitehill. What a huge success! The word was out there that we had some amazing bargains.

## Yenda President: Gwen Duff

We were deeply saddened by the passing of our beautiful member and dear friend Raeline Conner. We will miss her sense of fun, her energy, her way of getting things done and done well, her warmth and her generosity and most of all her friendship. Raeline will indeed be sorely missed.

The Annual sporting challenge against Leeton was a most enjoyable day — only slightly competitive - with plenty of laughter, friendship and a sumptuous afternoon tea. Yenda coming away with a narrow win.

Friendship day at Pioneer Park was enjoyable catching up with District friends. A walk around the orange sculptures and coffee before meeting for lunch at Pioneer Park.

Once again we helped Rotary with the Carols by Candlelight, selling drinks and running a monster Christmas hamper raffle.



#### Boronia President: Val Henry

October our 31<sup>st</sup> birthday was celebrated with a Cocktail Party at President Val's home, where charter member Bev Van Zeyl was recognized as a Paul Harris Fellow for many years involvement with Rotary and Inner Wheel.

Fashion parade at Blue Illusion again successful.

In November our Guest Speaker Heather Chappel spoke about her travels to the Highlands of New Guinea.

Member Miriam Barrett along with many helpers, including four willing gents, catered for the District Meeting.

Our December meeting was a Xmas Breakup at The Basin Triangle Park, also attended by partners. Unfortunately the Rotary Carols event, for which we were to cater, was cancelled due to extreme weather.

## **Shepparton**

Shepparton Club welcomed A61 District Chairman Terina Houlihan in October, plus adding a new member Dawn Morden.

**President: Noela Laws** 

Held a successful "Sausage Sizzle" on Melbourne Cup Day.

A group attended the film "The Dressmaker" and enjoyed it very much.

A great day travelling to a small town Strathmerton for Christmas Lunch. Catering for a Rotary Garden Party early New Year.

#### Wandin President: Faith MacDonald

Busy times with activities and fundraising. Cord Blood stall in local shopping centre, very successful, both financially and by making people aware of the research.

Wandin Ladies helped children raise money for Wheel Chairs for Kids. Afternoon tea raised money for a young boy with Sanfilippo Syndrome.

Working bees for the Days for Girl's project and Samaritans Purse boxes. Again we delivered 25 boxes.

Twenty five Days for Girls kits to Michelle Gates.





Maree Budweg, jam maker, was acknowledge by the Community. Over 2,000 jars to date, with all money to Cord Blood Research. Nola Sharp was also acknowledged for her work with young toastmasters.

WIW are hosting "a day in

Paris" for friendship day. Paris was a memorable holiday for our District Chair Terina.

## Wangaratta President: Sharon Scalzo

A fashion parade in October was a major fundraiser for our club. Thanks must go to the committee, those who modelled, guests who came along to share in the fun, and the support from Target Wangaratta. November's theme was Historical Wangaratta with a guest speaker presenting some fantastic images of our little city.

The December Christmas social night featured a world famous nun's choir under the leadership of Mother Superior with the Biggest Posterior. (Apologies to Sister Act). Our Christmas table centre competition was an added attraction.

## Whorouly President: Glenys McNamara

Our November meeting we invited friends to participate in our 'guess who is the baby' photo competition. Letters and cards from our Charter Night were on display and members from Wodonga spoke on the IWA Cord Blood Project.

Enjoyed Christmas dinner and a 'Kris Kringle for all in December, with a Guest Speaker who spoke on the 'Days for Girls' project, which we wish to support.



Members from District A60, A61 and A62 enjoyed Inner Wheel Day at the Melbourne Botanical Gardens.



IWA President Kay and Treasurer Margaret looked very relaxed!



#### Alstonville President: Julie Lee

The Inner Wheel Club of Alstonville hosted the A55 District Meeting in November. Approximately 60 ladies attended representing various clubs in the district. The forum started with a talk by CEO about the Shake it up Foundation which raises funds for Parkinson Disease research.

The meeting which followed was chaired by District Chairman Marie Keys. Dinners were held on the Friday and Saturday nights.

Our club celebrated Christmas with a barbeque/picnic at Lumley Park. It was a lovely evening with members, guests and friends enjoying fellowship.

#### Coffs Harbour President: Liesel Brown

Five members attended the District Meeting at Alstonville and as usual were made very welcome by the organising committee. The meeting was very successful with plenty of discussion and positive thoughts.

Past President Aileen Mutton hosted a lovely luncheon in her beautiful home in November. With an attendance of 22 members and each member bringing a dish, it was quite a party. We have some good cooks in our Club and they excelled.



#### Forster-Tuncurry President: Lillian Parsons

Our Christmas party was a trip to well-known ribbon embroiderer, Helen Dafter of Bulahdelah. Much fun was had by those who attended making Christmas decorations.

For IW day we gathered at the BBQ area of the Rockpool, in Tuncurry. A beautiful spot and at this time of the year lots of activity on the lake. Members supplied food and husbands manned the BBQ. A beautiful coffee from the kiosk was also enjoyed. The celebration of IW day at this location seems to be becoming a tradition.

## **Inverell** President: Margaret Lenord

Inverell Inner Wheel Club members send greetings. Our town is buzzing with anticipation of the commemorative Kurrajong March on Sunday 10<sup>th</sup> January. 100 years since the men rallied to join WW1 after the losses of Gallipoli. Our Members will line the streets and cheer on the marchers to acknowledge the bravery and sacrifice of our local predecessors.

A lovely Christmas dinner with our husbands at Blair Athol this year on a pleasant balmy night. Personally, we had a wonderful family Christmas with 13 staying at home for a week and lovely to see the youngest generation maturing and mixing well with each other.

## **Lismore** President: Rosemary Davis

The Club held our Christmas Dinner Meeting on the 2<sup>nd</sup> December where the theme for the evening was "The Joy of Giving".

Our guest was a representative of the Lismore Soup Kitchen and she told us about the work carried out by the many volunteers.

On Christmas Day they will host about 130 people to lunch and our members were happy to assist by donating to this very worthy cause.

#### Narrabri

## President: Jan McKenzie

Beryl Heath chatting to Jan McKenzie at Foundation day lunch held at the Crossing Theatre on Sunday

10th January 2016.

Twenty five members attended the lunch and all agreed it was a lovely way to spend Sunday.



Santa with Beryl Heath and Narelle McTaggert.



## Port Macquarie West President: Maria Collins

Several members of our Club have been elected to the 2015/2016 District Committee. Taking positions as Snr Vice Chairman, Jnr Vice Chairman, Treasurer, International Officer and Extension. Well done girls.

Christmas presents were distributed to the Salvation Army Appeal and also to the Women's refuge, along with Christmas Stockings for babies, and special

pamper packs for the Mums who are in our local Base Hospital at Christmas.

Inner Wheel Day will have a Hawaiian theme this year.

Australia Day will be celebrated in the true Aussie style. Australian Flags as our Table



'The Boys' enjoyed Christmas Lunch at Abundance Cafe.

Decorations and a menu to include Meat Pies and Mushy Peas.

#### **Tamworth**

#### **President: Kay Eather**

Melbourne Cup Day luncheon at President's home - a great day of fashions, food and sweeps. Proceeds help to support our sponsored student at St. Judes School in Tanzania. This school keeps us informed of functions, and our lad's progress, with school reports. His letters to our club are always welcome.

Members attended International Pathology Day at our hospital, a talk explained the work of this department.

Christmas Dinner with partners and friends was a fun night. We donated funds to "One of a Kind" for their Community lunch, the Salvation Army. Raffle proceeds went to Cord Blood.



## Bendigo

We had great combined gathering for Christmas with I.W. Club of Echuca. We met in up Goornong at the Drover's Arms Hotel and had a splendid lunch.



We filled several Hampers of perishables for the needy and a local Charity distributed them.



Eleven Past Presidents of Bendigo reminisced over a lovely lunch. Our stall at the "Carols by Candlelight" was very successful.

Our enthusiastic group will soon gear

up for a big Australia Day BBQ.

#### **Echuca**

## President: Lyn Stansbury

An enjoyable Christmas lunch with friends from Bendigo Club, sharing small gifts and good food. This was the first time we have combined Christmas celebrations with another club and it was deemed a huge success.

We were delighted to be able to donate 8 beautifully dressed Teddy Bears to the Salvation Army for their Christmas Toy Appeal. These were generously purchased by our ladies and given to this appeal.





Unfortunately we were unable to travel to Melbourne to celebrate International Inner Wheel Day, instead having lunch together with 6 of our clubs, albeit it a week late.

## Geelong

## President: Jill Graham

Our Club was pleased to welcome Caroline Monaghan the District Chairman to our meeting in November when she showed us the Inner Wheel Banner and discussed the changes that have occurred in the District since the banner was made. Our Final

meeting for the was year delightful lunch at the Flying Brick Cider House and we reconvene in February.



#### Hamilton

## **President: Susan Parry**



Those beautiful Hamilton hats at Conference.

The last months of 2015 were busy celebrating; conference, Birthday, Christmas and of course Inner Wheel Day in January.

November's meeting held in the beautiful garden rose Donahue's leisure.

December's lunch included a viewing of Rotary's Aqua Boxes. The Members



Christmas Lunch.

generosity on the day enabled us to donate one of these boxes.



Inner Wheel Day spent with Members of the Inner Wheel Club of Warrnambool, enjoying delightful food and company.

We are now ready for 2016 and it's challenges.

#### **Irymple President: Heather Pinyon**

Our year ended with participation in the Christmas Tree display at the local Library, donation of 20 Samaritan boxes for Overseas disadvantaged Children and a Christmas Dinner with Members, Partners and Friends. Our New Year began with IIW Day, attended by 20 happy Members, welcoming back three of our Members from long periods of ill health.

Members are looking to meeting in February when planning will commence for our High Tea in May.

#### Swan Hill

Our Club numbers are increasing, with the induction of two new Members and prospects of two more in the near future. This has come about from a Table setting event held last September. For Christmas breakup we attended a concert by Disabled adults, followed by Christmas lunch. So awesome were the challenges met by all Members of the Cast, who captured the hearts

UFO was the theme for Inner Wheel day - UnFinished Objects. Members brought along craft to finish, club photo albums, and chattered over lunch. We look forward to planning ahead for the

> Julie Truelove working on a floor mat made with old jeans.



**President: Wendy Witty** 

#### Warrnambool

# **President: Sandra Batten**



Warrnambool Club continued with tradition by Christmas gift wrapping in two Arcades. As well as a good fund raiser this Inner Wheel promotes within our Community.

We enjoyed a Christmas Party at Reunion Restaurant, where we exchanged Kris Kringle gifts and donated goods for both Emma House Domestic Violence Services for Women and The Francis Foundation for Men.



On Inner Wheel Day, 10th January 2016, we met with Members of the Hamilton Inner Wheel Club for a luncheon at Pippies Restaurant, Warrnambool, where much chat and friendship was enjoyed.

#### Wendouree

## President: Adela Bartrop



by all Members and Guests. A beautiful scarf was raffled and funds donated to Cord Blood Research Members brought gifts for a Hamper which was delivered by President Adela to United Way Christmas

Our Christmas meeting was enjoyed

Scarf winner Lorraine Yeoman.

Also a cheque was given to the 3BA Radio Christmas Appeal.

Four Members represented our Club at the IIW Day at Royal Botanic Gardens, Melbourne where they enjoyed combining with Members from Districts A61 and A62.